

# RULE PROPOSALS CARRIED FORWARD FROM NBOD MEETING – February 16, 2017

## Ice Boots

The Veterinary Drug Committee recommends these changes to NATRC's current Drug Rule Appendices.

### Appendix C. Allowed Substances

4. Ice and ice water administered orally and/or topically

### Appendix F. Prohibited Treatments

9. Ice and ice water used in ~~ice boots, compression wraps~~, devices that circulate ice water or devices that cool below 0 degrees Celsius.

### Appendix G. Allowable Treatments

3. ~~Ice/ice water may be used topically as long as it is not fixed or attached~~  
The use of ice boots and other means of applying ice/ice water/cooling agents topically by various attachment methods whose primary function is to stabilize the ice/cooling method in place.

**Rationale:** *When cells are insulted by an injury, trauma, exertion, etc., they release products that can trigger an inflammatory response as a protective mechanism. Not only can that result in heat, swelling, and discomfort or pain, some of the products of inflammation are harmful themselves. Cold therapy following strenuous exercise reduces blood flow which reduces inflammatory processes and swelling. Many horsemen believe the use of cold therapy/ icing after an athletic event is part of good care.*

*Cold water hosing or standing in buckets of cold water or in a cold stream have long been recognized as simple and effective methods of post-exercise cold therapy in horses. These options are rarely available or practical after a competitive trail ride. Ice is currently allowed. Ice packs can be held on the legs manually, but icing is more effective if it is evenly distributed and applied for short periods of time. Ice boots are an efficient means of providing cold therapy.*

*Riders have many more choices of things to use to care for their horses than they did 50 years ago. Good horsemanship involves making good choices for the horse.*

## Divide CP into Adult and Junior Classes

### SECTION 4 – DIVISIONS, CLASSES, AND ELIGIBILITY

#### A. Divisions

##### 3. Competitive Pleasure

##### c. Mileage

~~(1) Daily and total mileage will adhere to criteria specified for Novice Division.~~

(1) Total mileage in this division is 30-40 miles for an A ride and 15-25 miles for a B ride.

(2) Mileage in this division shall not exceed 25 miles in one day or 40 miles in two days. (Exception to this rule shall be at the discretion of the Sanction Chair.)

***In steep and rugged terrain these distances may be shortened.***

##### e. Classes

~~(1) No weight limitations apply.~~

~~(a) This division will consist of one class in horse (combining Heavyweight, Lightweight and Junior riders).~~

~~(b) This division will consist of one class in horsemanship (combining Heavyweight, Lightweight and Junior riders).~~

~~(2) This division and class will be open to all riders 10 years of age or older.~~

- (1) This division will offer Adult (combined Heavyweight & Lightweight) and Junior Classes as defined in Section 4 B.
- (2) This division will offer identical classes in horsemanship as offered in horse.

**Rationale:** *The CP Division has had roughly 1/3 of the total number of competitors in the recent years, yet many compete only once. R5 and R1 have Novice Juniors who will probably “novice out” in 2017. Dividing CP into classes could provide more incentive for riders to compete and could also provide another place for experienced Novice Juniors to advance to without having to compete against adults.*

*Note: Maximum B ride mileage changed to 25 miles to match distance in proposed Rule Adjustment for Mileage.*

## Junior Competitor Proposals

### 1 of 2 - Change Limitations for Novice Junior Competitors

#### SECTION 4 – DIVISIONS, CLASSES, AND ELIGIBILITY

##### A. Divisions

##### 2. Novice

##### f. Limitations

- (2) Any horse and junior rider combination having won five firsts and ~~460~~ 225 points, lifetime accumulation, in horse (regardless of division or class) and rider having reached age of 14 shall not compete for awards in Novice Horse Division. Four year old horses are exempt from this rule. An age eligible horse and rider combination that attains five firsts and ~~460~~ 225 points in horse during a ride year, and competes in a novice ride in that year while still eligible for novice horse awards, may continue to compete in novice horse division for the remainder of that ride year.
- (4) Any junior rider having won five firsts and ~~460~~ 225 points, lifetime accumulation, in horsemanship (regardless of horse, division, or class) and having reached the age of 14 shall not compete for awards in Novice Horsemanship Division. A rider that reaches age 14, attains five firsts and ~~460~~ 225 points in horsemanship during a ride year, and competes in a novice ride in that year while still eligible for novice horsemanship awards, may continue to compete in novice horsemanship division for the remainder of that ride year.

**Rationale:** *The scenario exists, although infrequent, where a very young Novice Junior can reach maximum allowed points quickly and at too young of an age to just “kick out” of Novice and competing with their peers. Raising the point maximum to 225 and the age to 14 simultaneously will greatly decrease that possibility while also preventing a “career Novice Junior” from competing in that class. Any novice junior having reached 225 points and age 14 would likely have attained the maturity level and skills necessary to be competing against older and/or more seasoned competitors. It seems reasonable these point/age combinations extend to the junior horse/rider combination as well since it is likely most novice juniors are riding the same horse most/all of the time.*

### 2 of 2 - Allow Novice Junior to Compete in Novice Heavyweight and Lightweight

##### B. Classes

##### 3. Junior

- b. Juniors may ~~not~~ compete in Novice Heavyweight, Novice Lightweight, or Senior classes if weight requirements are met. Juniors may compete in Open Heavyweight or Open Lightweight classes if weight requirements are met.

**Rationale:** *If Juniors can compete in Open Division against Heavyweight/Lightweight it seems reasonable they be allowed to compete in Novice Division against the same.*

### National Championship Criteria – Change Placing Value for B and AA-Rides

## SECTION 9 – AWARDS

### B. Annual Awards

#### 2. National Awards

- i. NATIONAL CHAMPIONSHIP: In the Open Division in the heavyweight and lightweight classes a horse shall be declared a National Champion when all the following requirements are met within the first 16 rides officially started in the same year. For ride count, points, and first or second placings, Type AA ride counts as 1½ rides; Type A ride counts as 1 ride; Type B ride counts as ½ ride. The horse and rider team shall be considered officially started when timed out on the first day of the ride.
- (1) Awarded first and second placings that are the equivalent of two A ride firsts or one first and two second A ride placings (i.e., Two B ride firsts equal one A ride first).
  - (2) Awarded the first or second A ride equivalent placings from any ride type in any two states or two regions, or is awarded a national placing in HIGH POINT OPEN HORSE (Section 9 B2I).
  - (3) Accumulated 75 points.
- j. JUNIOR NATIONAL CHAMPIONSHIP: In the Open Division in the junior class a horse shall be declared a Junior National Champion when all the following requirements are met within the first 16 rides officially started in the same year. For ride count, points, and first or second placings, Type AA ride counts as 1½ rides; Type A ride counts as 1 ride; Type B ride counts as ½ ride. The horse and rider team shall be considered officially started when timed out on the first day of the ride.
- (1) Awarded first and second placings that are the equivalent of two A ride firsts or one first and two second A ride placings (i.e., Two B ride firsts equal one A ride first).
  - (2) Awarded the first or second A ride equivalent placings from any ride type in any two states or two regions, or is awarded a national placing in HIGH POINT OPEN HORSE (Section 9 B2I).
  - (3) Accumulated 60 points.
- k. COMPETITIVE PLEASURE NATIONAL CHAMPIONSHIP: In the Competitive Pleasure Division a horse shall be declared a National Champion when all the following requirements are met within the first 12 rides officially started in the same year. For ride count, points, and first or second placings, Type AA ride counts as 1½ rides; Type A ride counts as 1 ride; Type B ride counts as ½ ride. The horse and rider team shall be considered officially started when timed out on the first day of the ride.
- (1) Awarded first and second placings that are the equivalent of two A ride firsts or one first and two second A ride placings (i.e., Two B ride firsts equal one A ride first).
  - (2) Awarded the first or second A ride equivalent placings from any ride type in any two states or two regions, or is awarded a national placing in HIGH POINT COMPETITIVE PLEASURE HORSE.

**Rationale:** *The Open and CP National Champion awards have guidelines that were originally meant to make them an elite award that is earned. With the large increase in B rides offered across the nation, the placings portion of these awards has lost meaning. Currently a rider may enter two B rides on a weekend instead of one A ride and many times be guaranteed a first or second place due to the low number of entries. It used to be that the placings were often harder to earn than the points, but these are now too easily received by opting for a B ride for the sole purpose of fulfilling this requirement.*

### CP National Championship in Alaska

## SECTION 10 - REGION 1A AWARDS

### B. Annual/Year-end Awards

#### 2. National Awards

- a. National Championship: In Open Division in heavyweight, lightweight and junior classes a horse shall be declared a National Champion when both of the following requirements are met within any consecutive three-year period in which rides are held.
- (1) Awarded one first place for the class in which the horse is entered at the ride(s).
  - (2) Accumulated 36 points.
    - (a) When the entire Open Division at any given ride has ten or fewer competitors, points will be established after merging all horses in all classes into one combined class. Then scores for each horse will be ranked from highest to lowest, and points will be awarded based on the horse's

placing in this combined class. In the case of tie scores, equal points will be awarded to the tie scores. Points will be based on the number of starters (See Table Section 9 C).

(b) When the entire Open Division at any given ride has eleven or more competitors, points will be awarded according to placings in each class, based on the number of starters (See Table Section 9 C).

b. **National Championship:** In the Competitive Pleasure Division, a horse shall be declared a National Champion when both of the following requirements are met within any consecutive three-year period in which rides are held.

(1) Awarded one first place.

(2) Accumulated 36 points.

Note: If a proposal to divide CP is carried forward, AK would also propose making the CP Requirements for a national championship parallel to those of Open.

(a) When the entire CP Division at any given ride has ten or fewer competitors, points will be established after merging all horses in all classes into one combined class. Then scores for each horse will be ranked from highest to lowest, and points will be awarded based on the horse's placing in this combined class. In the case of tie scores, equal points will be awarded to the tie scores. Points will be based on the number of starters (See Table Section 9 C).

(b) When the entire CP Division at any given ride has eleven or more competitors, points will be awarded according to placings in each class, based on the number of starters (See Table Section 9 C).

**Rationale:** *Over the past few years, the number of competitors in the Competitive Pleasure Division at rides in the State of Alaska has steadily increased. Over the last five years, there has been an average of 16 competitors in that division. (By contrast, the Open Division has had an average of 13 competitors.) A horse that consistently places well in such a large division should be recognized for that achievement with a National Championship. Therefore I propose the above addition to the rules for Section 10 – Region 1A Awards.*

## Rule Adjustment for Mileage

### SECTION 4 - DIVISIONS, CLASSES, AND ELIGIBILITY

#### A. Divisions

##### 2. Novice

##### c. Mileage

(1) Total mileage in this division is 30-40 miles for an A ride and 15-**25** miles for a B ride.

(2) Mileage in this division shall not exceed **25** miles in one day or 40 miles in two days. (Exception to this rule shall be at the discretion of the Sanction Chair.)

### SECTION 9 - AWARDS

#### D. Cumulative Mileage awards:

1. 1000-Mile Horse: This award is presented to horses completing 1000 miles.

a. Mileage in Open, Novice and Competitive Pleasure Divisions will count as follows: Open: Type AA ride=90 miles, Type A Ride=60 miles, Type B Ride=**35** miles; Novice and Competitive Pleasure: Type A Ride=40 miles, Type B Ride=**25** miles.

2. Rider: Mileage chevrons in increments of 250 miles will be awarded to riders.

a. Mileage in Open, Novice and Competitive Pleasure Divisions will count as follows: Open: Type AA ride=90 miles, Type A Ride=60 miles, Type B Ride=**35** miles; Novice and Competitive Pleasure: Type A Ride=40 miles, Type B Ride=**25** miles.

#### **Rationale:**

1. *Correct an inconsistency and unfairness in the rules. For Type B rides, NATRC **SHORTS** open horses and riders by 5 miles and the novice/cp horses and riders by 4 miles in the mileage awarded for completing a ride. For the other two ride types, NATRC awards the **MAXIMUM** mileage. For Novice/CP, shorting the mileage is inconsistent. Not using the maximum is unfair.*

<i>Division</i>	<i>Ride Type</i>	<i>Required Distance</i>		<i>Mileage Awarded</i>	
		<i>Now</i>	<i>Proposed</i>	<i>Now</i>	<i>Proposed</i>
<b>Open</b>					
	AA	80 - 90	Same	90	Same
	A	50 - 60	Same	60	Same
	B	25 - 35	Same	30	<b>35</b>
<b>Novice/CP</b>					
	A	30 - 40	Same	40	Same
	B	15 - 24	15 - <b>25</b>	20	<b>25</b>

2. Make it possible for horses and riders claim their mileage in their respective breed organizations. For instance, the Arabian Horse Association recognizes 25 miles and above for its Achievement Awards.