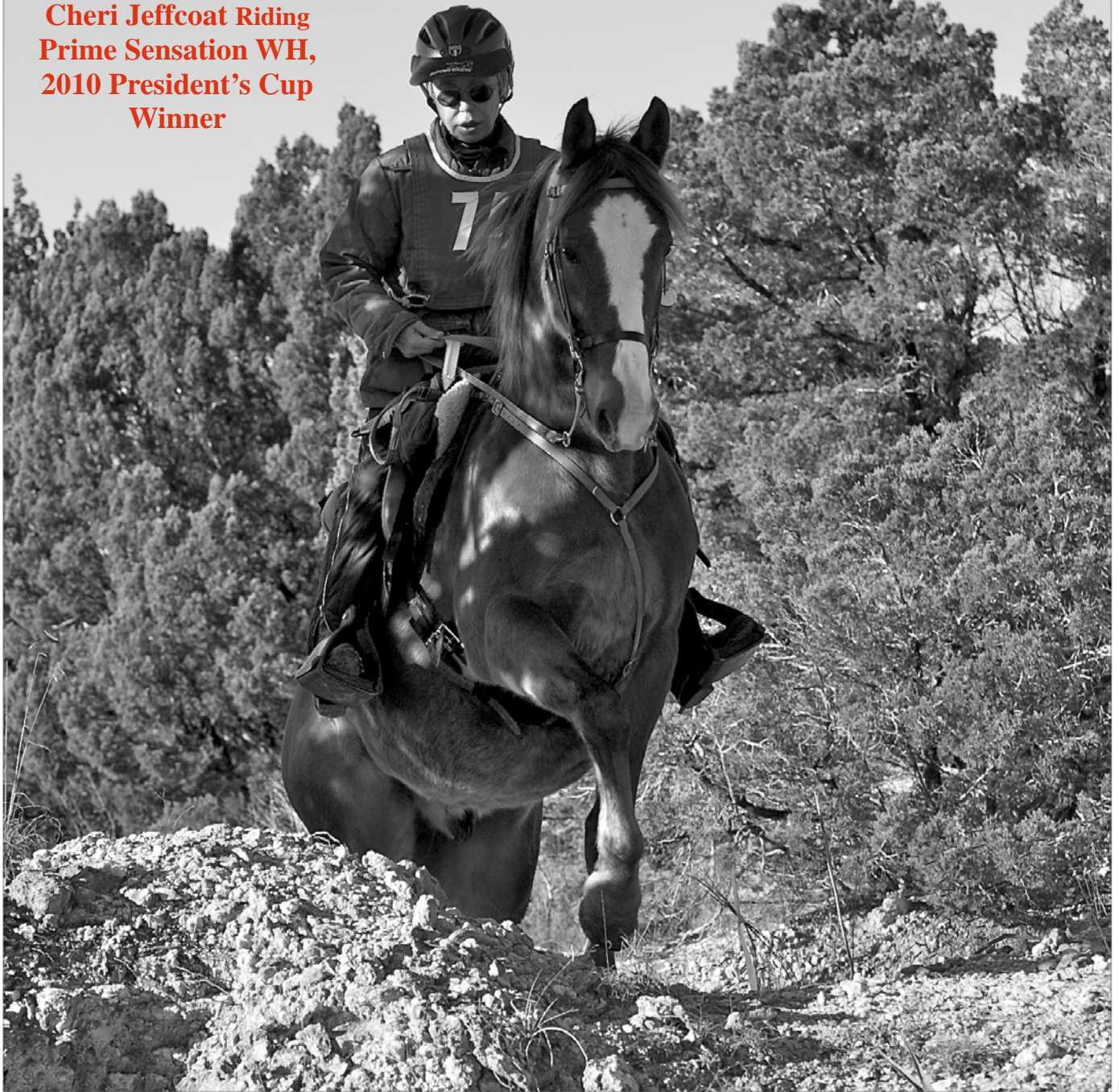


Hoof Print



Spring 2011

**Cheri Jeffcoat Riding
Prime Sensation WH,
2010 President's Cup
Winner**



NEWSLETTER OF THE NORTH AMERICAN TRAIL RIDE CONFERENCE

Looking for a Judge?

Managers, you must contact and secure your judges well in advance of your ride date! Please contact the NATRC office for a current judges list.

If you have difficulty securing a NATRC judge, please contact the appropriate Judges Committee chairman:

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Note: Apprenticing must be done with an **APPROVED** judge that has agreed to judge and supervise an apprentice.

Veterinary and Horsemanship Judges

Has your address or phone number changed? Please notify the NATRC office of any changes. Indicate home and office numbers.

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On the cover: Cheri Jeffcoat riding Prime Sensation WH, 2010 President's Cup winner. Photo by Jim Edmondson.

Hoof Print

Spring 2011 Volume 43 Issue 2

Hoof Print is the official publication of the North American Trail Ride Conference (NATRC) and is published quarterly and mailed to all NATRC members. Each issue contains updated information from NATRC committees, ride results, point standings, board meetings and the current ride schedule plus informative articles on trail riding and horse care.

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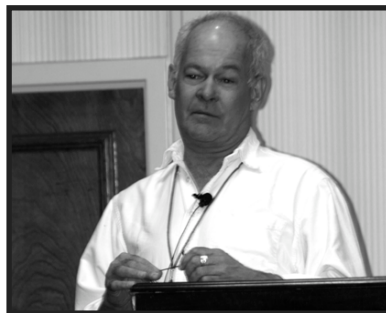
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President's Message

Gary Clayton

I hope everyone attending the National Convention in Nashville had as much fun as I did. It looked like the weather might discourage some, but about 170 determined souls made the trip. Those who couldn't be there missed out on some great speakers and conversations. There were also some outstanding vendors and stores, not to mention Debbie Jones' "Walk of Fame" that honored so many of the outstanding riders, horses and leaders over the past 50 years. It was truly an emotional time. I'm sorry that not everyone could be there to experience what it was like to take a step back into NATRC history and relive the many moments of the past. We need to give thanks to Kim

Cowart and his committee chairs and volunteers for the work and time they spent in making this 50th anniversary convention so special.

Now that the convention is over and the trips down memory lane are behind us, we need to start looking toward the future. One has to wonder what NATRC will look like 50 years from now. Will we stay the course and continue being a unique long distance sport that is about the horse, or yield to pressure groups that want to change what we now have, or allow contrived obstacles that have nothing to do with trail riding to creep into our sport? What we do now will effect what we

will look like in the coming years. I believe what we have is worth preserving for future riders.

The new season is here. As of this writing we have had one ride in Region 4 and several rides scheduled in the near future. I know that fuel cost is paramount on people's minds, and some tough decisions will have to be made. I am looking forward to a good year and anticipate making all the rides in Region 5. I hope we can have good turnouts in spite of the economic times.

NATRC Mission Statement

The North American Trail Ride Conference (NATRC) promotes horsemanship and horse care as they apply to the sport of distance riding by offering a variety of challenging and educational experiences designed to strengthen horse and rider partnerships.



Adjusting to Changing Trail Environments

Nancy S. Loving, DVM

One of the great things about living in the USA is the ability to travel throughout the country attending different competitive events or simply riding for the recreational thrill in places far from home. Ours is a huge country with a variety of ecosystems and terrain. Such variety can pose a great challenge to horse and rider. The number of rides available to NATRC riders throughout many regions of the country brings up the issue of how to help your horse adjust to changing trail environments.

What precautions should you consider when switching venues for a horse that has been conditioned on only one kind of surface? Some examples come to mind: A Southeast rider used to conditioning a horse on level courses with deep sand now longs to try a difficult mountain ride in the West. A rider from the Midwest enters a competition trail in the mountainous Mid-Atlantic States or the western United States that is littered with rocks. How about a mountain horse that is asked to compete on a fast flat course? And, what about one of the toughest challenges of all: Taking a horse from an arid climate to one with heat and humidity?

Preparation

Is there a way to prepare your horse for the assault of terrain unlike anything he has been used to? Ideally, you'd take your horse to the competition location in advance of a ride with plenty of time to condition in that terrain. Although this may be the best



way to prepare, it really isn't very practical for most riders. So, if you want to explore events in different parts of the country, what do you do? There are ways to condition closer to home while still accommodating changing terrains. This task won't be easy and won't come without the cost of some travel time. In most parts of the country, you'll find varied geology within a day's drive. Those living in the mountains of Virginia can find deep sand and flatter trails in the Carolinas. Those in Rocky Mountain States can find level terrain with decent footing on the flat lands to the east of the Continental Divide, and in the deserts to the west. Those in the Sierras can find sand along the beaches of the West coast or in the dunes of Nevada. Travel goes both directions, so a Midwesterner can travel to Nebraska or Colorado to find mountainous training grounds, and a Floridian can go north towards the Smoky Mountains.

What is harder to change is the climate. If you live in heat and humidity of the East Coast, it'll be a

long journey to reach more arid climates, and vice versa. It is far more difficult for a horse to adapt to heat and humidity than it is for one to suddenly be asked to work in an arid climate. Heat and humidity acclimatization takes three weeks if it is done properly and to achieve full effect. Most riders don't have the luxury of moving their horses to that type of environment nearly a month in advance of an event.

What about Rocks?

Rocks can be friend or foe, depending on your outlook. Rocks tend to slow down the pace for all competitors, giving you a more technical ride, a more thinking ride. A horse with excellent feet should be able to handle rocky terrain with a little help from you. Horses with thin soles or frail hooves may not do well in rocky terrain; the decision to take such a horse to this kind of footing should be considered carefully. If your horse is unused to rocky footing, protective hoof options are available, including synthetic boots.

What about Deep Sand?

There is nothing that quite approaches training in sand than actually training in sand. A muddy field might simulate the pull of the footing on tendons and ligaments, and working a creek bed or draw ditch (with or without flowing water) gives your horse's

(Continued, page 6)

Adjusting to Changing Trails, Nancy Loving, DVM, Continued

musculoskeletal system the opportunity to feel the stretch of deep footing. But, training in deep sand is the only practical way to prepare for competing in it. You'll be surprised at how many rides have plenty of deep footing when least expected, places like New Mexico or southern Colorado. The prudent course of action for a horse that is naive to working in sand is simply to slow down and walk through those sections of trail. Sand is extremely fatiguing. Tired muscles lose some of their damping action on tendons and ligaments, so it wouldn't take much to bow a tendon or pull a suspensory ligament if going too fast on fatigued limbs.

Potential Problems

Some of the dangers in asking for too much of your horse on unfamiliar terrain are the development of lameness issues, and/or stress on the metabolic system. Rocky and hard-packed terrain poses a threat to the feet – bruising, corns, or road founder. It also takes more of a toll on the joints due to impact stress from the ground. Horses with pre-existing joint problems may not travel as soundly on such concrete-like surfaces as they might on more forgiving surfaces.

Deep footing stretches the soft tissue structures with the potential for tendinitis or suspensory pulls. Also muscle strains develop in deep footing of sand or mud.

Steep terrain slows a horse down, but a curb could develop on a rear leg as a horse pushes too quickly up a steep ascent. The joints, suspensory ligaments and hooves take a beating on downhill sections of trail. Also, steep terrain is physically demanding and

stresses the metabolic system in an unfit horse.

Expectations

The first order of business is to set your expectations to a reasonable level. If you are coming from Florida to the Rocky Mountain States or the New England mountains with limited preparation for this changed terrain, then take it slow and steady. Allow your horse to cover the trail at a comfortable pace, slower than what you are used to riding. Pay close attention to your heart rate monitor as he works the mountain ascents. Stay within your horse's aerobic range and don't be tempted to pick up the pace in areas where the going gets good. Be aware that your horse is most likely using muscles he has never used before, and for an extended duration. Fatigue comes more quickly, so stop and rest along the trail as necessary in addition to the prescribed P & R stops. Also prepare yourself in your fitness and in your equitation skills to give your horse the best advantage.

Similarly, if your horse is used to trudging up steep mountains and over rocks, don't think you can just take off at a faster pace over miles of flat or slightly rolling trail. Again, your horse hasn't been prepared in that fashion and is likely to tire quickly. Your horse may think he has wings and can fly across this "easy" terrain, but his musculature and tendons have not accommodated a faster pace for long miles. Instead, think your strategy carefully. Maintain the "steady Eddie" speed the two of you are used to applying over grueling terrain and you'll make it to the finish line with a

fresh horse and minimal metabolic or musculoskeletal stress.

If you are taking your horse to a new geographical area to spend several weeks or months of vacation time, then light trail riding under these new conditions will develop him slowly and safely. Over the course of a few weeks, he'll adjust to the new situation and get stronger each day.

Commitment

To develop a fit distance horse requires a life-style commitment from you -- time spent on consistent conditioning and training; time spent paying attention to all the management details. To develop a horse that is versatile in all terrain and climate types requires lots of time and freedom to travel. But just because you may be limited in time and money doesn't mean you can't take your horse to different environments to ride and have a great time. Most any horse that has been prepared properly can tackle any trail in any climate — just so long as you ride slowly enough to allow your horse to accommodate these changed conditions. The trail then becomes your own personal challenge, and victory is measured by successful completion.

Happy Trails!

*Books by Nancy S. Loving, DVM, about horse health and distance horses are available from Trafalgar Square Publishing, www.horseandriderbooks.com, including *All Horse Systems Go: The Horse Owner's Full-Color Veterinary Care and Conditioning Resource for Modern Performance, Sport, and Pleasure Horses*, and *Go the Distance: The Complete Resource for Endurance Horses*.*

Inside a Colic Surgery

Dr. Jim Blackford, Professor and Section Chief of Large Animal Surgery, University of Tennessee

This was an excellent presentation, technical enough for veterinary judges and grounded enough so anyone with horse knowledge could understand the content.

Dr. Blackford used simple props to explain the anatomy of the equine gastrointestinal tract, its relative position within the body cavity, and the function of the various parts. He discussed the problems of diagnosis of a colic episode, comparing the diagnostic problem to a puzzle in which the pieces had to be discovered and then put in place to come to a conclusion as to the cause of the colic. He pointed out that most colics can be resolved medically, but that if surgery is necessary, it's better to intervene early to help prevent problems later.

Showing videos of various colic surgeries, he discussed findings, costs, and hazards related to these procedures. He discussed recovery from anesthesia and its hazards as well as post-surgical care and complications.

Overall this presentation was 5-star. The details of his presentation cannot be reproduced in an article without the attending videos and demonstrations.

The summary that most people took away from this talk included:

- The extreme expense of the surgery and what contributes to that expense.
- The difficulty in identifying the source problem causing the colic.
- The correction of the inciting cause and the complications related to surgery, recovery and aftercare.


A Special Note of Thanks

• • • • •
Thank you to Beni DeMattei, Marty Findley, Laurie Knuutila, Judy Wise Mason, Lory Walls, Jerry Weil, DVM, and Betty Wolgram for summarizing the speakers' information for all of us. Thank you to Debby Keene-Starr for taking all award and convention photographs.

**SPECIALIZED SADDLE
RAFFLE WINNER!**

CONGRATULATIONS

**BETH
SIMS**



**Farmington,
New Mexico**
Region 3

THANK YOU
Specialized Saddles,
especially rep John Nowell;
Alice Yovich, raffle coordinator; and all
of the Board members and everyone
who sold and purchased tickets.

The raffle was so successful, NATRC
will be launching the 2012 Convention
raffle in July, so stay tuned!

Moving Up

Ken Marcella, DVM

Dr. Marcella began his lecture by talking about the need for horses to be conditioned to their jobs, both physically and psychologically. He stated that the physical aspects are pretty straightforward, but the psychological aspects can take more time and can sometimes be much more difficult than the physical. He talked about the need for riders to be aware of what their horses are telling them, both physically and psychologically.

Then, using a Power Point presentation, he talked about some of the science behind physical conditioning. He gave some timeframes required for some body systems to respond to conditioning and some parameters that have been studied. When considering the psychological training, he talked about using various methods of training, including “leapfrog training” to get an anxious horse used to being passed and passing another horse; split training, where riders split up and then come together again, then split up again; playing leader horse/follower horse. He said that it was important to recreate the competitive atmosphere as much as possible by using the “team approach” with other riders, and riding with others who are willing to role play.

He then discussed some of the stresses that will affect a horse’s performance at a ride. Trailer stress was at the top of the list. He gave some examples of how trailering affects horses’ stress levels and how important it is for a rider to know how your horse handles trailering and how you can lessen that stress when trailering.

Other stresses that affect performance include being in a novel environment; eating and drinking in strange places;

separation anxiety; weather and other environmental stresses.

Next Dr. Marcella talked about the physiology of conditioning. He said that riders should condition on the basis of the Rule of Threes: 1. Long Slow Distance training, 2. Gymnastic training, and 3. Strength/Power training. He said to divide your training program into thirds and devote one third of the week to each of these aspects. Then he went into more detail on each of the aspects.

Long Slow Distance – low intensity exercise of long duration, over varying terrain at varying paces. This will condition muscles, tendons, the cardiovascular system and the horse’s mind.

Gymnastics – consists essentially of ring work but can also be done on the trail. It includes working spirals, serpentines, transitions, lateral work and backing. It should be of moderate duration (an hour or so) and of moderate intensity. It helps to condition muscles and tendons and improves balance, suppleness and coordination.

Strength/Power – this is high intensity work of short duration, 45 to 60 minutes. It can include work over cavaletti poles, hill work or “incline lunging”, which is working a horse on a lunge line at a spot where the circle of the lunge includes half flat ground and half inclined ground. As the horse makes the circle, he pushes off his rear to go up the hill then rebalances himself to come down the hill. The person holding the line should be positioned at the break of the ground. This work can consist of 15 minutes one direction, 15 minutes the other direction and 15 minutes of cool down.

When conditioning, the rider should remember that putting too little stress on the horse results in little benefit, but

too much stress is asking for injury. Excessive aerobic work will result in poor performance, and excessive hill work can result in injury. Each rider must find the balance between enough and too much. A helpful tool is to keep records. Use a watch, a paper and a pen. Use three pieces of paper, one for each of the three aspects. List on the paper what was done, for how long, the horse’s response and any other pertinent data. And remember, if you increase intensity, you must decrease duration, then slowly build back up to a longer duration at a given intensity.

Dr. Marcella gave some results of scientific studies that have been done on race horse, monitoring blood cells and enzymes; in an effort to decide which horse was going to be a winner and which weren’t. A lot has been learned over the years, but the bottom line is that every horse is different and every horse responds to conditioning in a little different way.

Then the question was posed, “When do you move up to a higher level of conditioning?” Dr. Marcella gave some specific parameters that will indicate when your horse is handling the stress you are putting on him. He said to record the horse’s recovery time over a set distance. He used the example of a 10 to 15 mile loop ridden at a steady pace of 4.5 to 6.5 mph. If the horse recovers to a heart rate of 64 in 2-3 minutes, you could increase the work load. If you do sprint work over a shorter distance, working at around 8 mph, the horse should recover to the 64 level in 5-8 minutes. If it takes 8-10 minutes, the horse is not fit enough for that level of work.

(Continued, page 10)

Awards Night!



Reg. 6 team award, NHWT, first place Yvonne Smith (L) sixth place Larry Kendall (R).



Reg. 5 team award, NHWT, second place Terry Silver (L) and first place Courtney Woodall (R).

A Proactive Approach to the Best NATRC Ride

Nancy Loving, DVM

Nancy Loving, DVM, well-known author, CTR and endurance veterinarian, and competitor, spoke Saturday before lunch on how to do the best by your horse before, during and after a distance ride. Dr. Loving began her presentation by encouraging riders to set reasonable and honest goals and expectations for themselves as well as their horses, remembering that the ride begins long before the actual event. Then she proceeded step by step to demonstrate the most important aspects of caring for our horses and for ourselves to achieve optimal performance.

In just 90 minutes we were treated to a comparative photo display designed to emphasize the importance of nutrition and fitness for both horse and rider, proper fit and use of tack and other equipment, conditioning, riding strategies and how to be ready and willing to change them, vetting and the rider's relationship with the ride vet, and the use and importance of on-board heart rate monitors.

Dr. Loving concluded her presentation by asking us to remember a very important ethical consideration, "How well is your horse enjoying his work?"

After considering this question in terms of our horse, we should be willing to make adjustments for the horse's welfare.

Certainly everyone in the audience at one point or another during Dr. Loving's talk was not only reminded of one or more things that we were doing well, but also of one or more things that we need to work on as distance riders.

Animal Communicator

Linda Salinas

Many of us have wished we could communicate with our horses and other animals to find out what they want or are thinking. Linda Salinas provided an interesting program on this subject. She began her career in animal communication when her Arabian horse Gramsey suffered what was diagnosed as a fatal break in her front ankle. Two vets and NC State University Vet hospital advised Linda to euthanize her. However, Gramsey sent clear messages to Linda to save her. Linda had never communicated with an animal before, so it was a difficult decision. However, using various therapies, Linda did save Gramsey. This communication piqued her interest, and she received additional training from Carol Gurney

in LA. Linda entertained us with numerous stories of her communication experiences with various animals.

Linda told us that everyone has the ability to communicate with animals. Primitive societies did communicate with animals; why did we stop? To be successful, we must reject our intuition and our logic, and at least try. "Can't" never did anything! There are several ways this communication can occur:

Mental images

Thought: I knew you would call

Physical communication

Hearing

Smell: Scent is strongly tied to experience.

To begin, make a mental image and ask the animal if they are willing to communicate. They may or may not answer, and you may or may not receive a message. It is unethical to communicate without permission. When Linda works remotely on an animal it helps her to have a photograph to better focus and have a mental image.

If you want to hire an animal communicator to work with, they should be able to give you information you can validate. Listen to your intuition here. Linda said animals have an elegant spirit of how we should conduct our lives.

Moving Up, *Continued*

Dr. Marcella gave some signs that have indicated good performance in human athletes. These included:

- Improved muscular strength
- Fewer sleep disturbances
- Reduced stress and fatigue
- Lower rates of perceived exertion at exercise
- Lower heart rates
- Better appetites
- Brighter overall mood

These same indicators can be extrapolated to horses and can serve as indicators of good performance in equine athletes as well.

Then Dr. Marcella summed up with two statements:

Keep Records – Follow the Signs.

Learn Your Horse – Listen to Him.

Classifieds

Registered half Arab half quarter horse for sale, \$850. Bay El Bey / Doc Hickory bloodlines. Three yrs, black filly, 14 hands should mature at 14.2. Imprinted at birth and turned out in hilly pasture. Good disposition, very athletic, easy to handle. Clips,

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Specialized Saddle for sale. Min. Sold! Mohair girth, 15' Seat, \$850. Call Ashley 805-438-5868.

MAJNU, Arab Chestnut Mare, #0577697, 11 years, 14.1 hands, \$4900 OBO. Champion Region 1 NATRC 2009. Great trail horse, does all obstacles, light and sensitive so does best with a competent rider. Started by a professional Arab trainer. Smooth gaits, easy lope, stops, spins, side passes, backs and takes correct leads.



Ready to compete and win.

Call Ashley 805 438 5868.

Once Upon a Trail Ride

Produced for NATRC's 50th Anniversary Celebration

A very special treat at Convention was "Once Upon a Trail Ride," a video presentation done by Region 5's Martha Finley. Martha edited more than 28 hours of videos to put together the presentation that documented almost 50 years of NATRC, showing the growth and changes in our sport. Martha offered a limited number of DVDs in exchange for a donation to cover the production costs.

The scenes started at a ride in Mill Valley, CA, in 1963. We certainly got an education about the evolution from

cars towing trailers, knot tying, cowboy hats, and heavy western saddles to the advanced systems used today. The horse evaluations and most concepts have remained unchanged. It was interesting that the ride in Mill Valley was 40 miles in six and half hours, but most was on hard packed dirt roads.

There were examples of P&R stops, camps, ride starts, finishes, awards, family outings, judging, 2-mile points, number of riding days (1, 2 or 3) and management procedures. The

importance of safety riders was emphasized. In a ride in 1983 (7 Oaks), cattle were shown being pushed from under a bridge by a rider.

In the end, except for the costumes sometimes being out of date, we are still the same in 2011 as we were in 1961.

Congratulations to Martha and her team for the wonderful video.



Specialized Saddle sales representatives Julie Capaldi, John Nowell and Shelby Frimi.

Travel Tips From the Experts

Jonni Jewell and Cheri Jeffcoat

One of the hardest things about competing in a ride is just getting to the ride. Our most recent President's Cup winners, Jonni Jewell and Cheri Jeffcoat, each with thousands of towing miles, with their philosophy of keeping it simple, have their systems figured out whether going to a ride for the weekend or being on the road for weeks at a time.

The key is to have enough self-discipline to be and stay organized! That sounds daunting right off the bat. But broken down into little parts, it begins to seem easier. For one thing, they don't pack and unpack, they stay packed. When they get home, the laundry and mending get dumped out of the truck/ trailer. As soon as it's washed or mended, it goes right back into the trailer, ready to go again. The clothes stay in the trailer. Same for the horse clothes (blankets). If you take them out of the trailer to clean them up, put them right back in.

Jonni has shared her actual trailer set-up with us on the NATRC website. Go to www.natrc.org, click on "related links" on the left, then click on "Jonni Jewell's Trailer Set-Up" to see how she sets up the inside and outside. Note two spare tires.

Keep your truck and trailer on a regular maintenance schedule to help prevent problems on the road. But try to be prepared when problems do occur. Many of us have road side assistance with US Rider, but we're often out of contact with help. Jonni and Cheri suggest having wrenches, sockets, screwdrivers, trail saw, hack saw, 18v sawzall, hammer, crow bar/ pry bar, loppers, zip ties, clear tape, electrical tape, duct tape, twist nuts, an electrical repair kit, volt meter, and extra fuses. It's a good idea to have a spare serpentine belt, fuel filter, oil filter, hoses, wheel bearings, high

temperature grease, JB weld and Gorilla Glue, jumper cables, a heavy duty tow strap, jiffy jack and lug wrench. Have extra oil for the truck and generator. Garden hoses come in handy; have a short length (about 4 feet) and a long length (about 25 feet) to get water out of your tank(s), depending on your set-up. When you get to ride camp, try to park next to someone with a good generator in case you have to run a power tool when your system fails.

First aid supplies for the horse include a thermometer, vet wrap, surgical staple gun, baby diapers, bandages, gauze pads, feminine napkins, telfa pads, duct tape and bute.

Put these things all in storage containers that work for you. Discount stores, such as the Dollar Store, have a good selection of containers to choose from. Cheri uses a 4-foot cargo net attached to the roof of her dressing room and uses that to store light things overhead. They're visible, yet out of the way. For more hanging room, attach a board to the trailer wall with hooks attached to the board rather than attaching a lot of extra hooks to the trailer directly.

Papers needed for traveling are kept in a binder with plastic sleeves for each item: health certificates, Coggins tests, ride entries (organized by region), and a dated picture of you and your horse in case of any questions of ownership arise (great idea). While Jonni uses a GPS and Cheri uses a map, they both keep track of good places to eat, where to dump their holding tanks, good places to overnight, and any problem areas.

Always thinking, "what if," they suggest keeping tags with phone numbers on the horses' halters. Jonni lets Hank travel untied but attaches a

short rope on Hank's halter to be able to have something to grab ahold of. Jonni keeps a regular lead rope ready to snap on when she's ready to unload him. She also keeps a sharp knife and a 20- to 50-foot rope for emergencies in the side pocket in door in the truck. (Hint: In an emergency, you need to have what you might need right there, not in a box in the dressing room). Be sure to have a sharp knife ready to grab.

For a normal ride weekend, take one more bale of hay than you think you'll need. Bale bags, while handy for keeping a bale contained, tend to sweat – and you know what that means for the hay. Kitty litter buckets work well for holding beet pulp and pelleted feed.

Horse blankets. They suggest a 1200 or higher denier breathable wind breaker/ rain sheet. This can be sprayed with a commercial product such as Kiwi Brand Camp Dry^R once a year to revive the waterproofing. For colder weather, use a heavier, breathable waterproof blanket. A makeshift waterproof blanket can be made by putting a plastic layer (such as an old shower curtain or vinyl tablecloth) over a blanket and holding it in place with a (horse) sheet. A fleece or wool cooler is handy for hand walking the horse to help him cool out, but they tend to pick up stickers. A cheap fly skrim is handy.

At the ride, keep those things that you'll need first thing in the morning in a designated container. Stay with your program of self-discipline and organization and have those ready the night before.

Think about what you buy. Don't get things you don't need. Shop at the discount stores. KISS. Enjoy your ride!

Equine Chiropractic

Troy Nelson, DVM

Troy Nelson, DVM, was an entertaining and informative speaker. He gave the history of his development from a traditional medicine practitioner to a chiropractic practitioner. Personal experience with success by chiropractors, when he and others had failed with traditional medicine, opened his horizons to the chiropractic field.

He described his field as complimentary therapy. Chiropractors treat dysfunction which is called the vertebral subluxation complex. He

described the facets (joints) on the vertebra that allow movement of the spinal column and compared their relation to the nervous system, showing origin and termination of nerves. Comparisons of the two systems showed how each affected the other.

Chiropractors can help to heal non-pathological lameness, muscle weakness and spasm, behavioral problems related to pain, and internal problems.

Usually two treatments three weeks apart are adequate for most minor problems. The quicker a chiropractor has a chance to treat a problem, the quicker they can fix the problem. Chronic (long-term) lesions obviously can require much more extensive therapy.

Questions followed from the audience with many positive treatment response stories. Overall this was an excellent presentation in a program filled with good speakers.



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Awards Night!

Bev Tibbitts Grand Champion



FAWN CREEK THOR was awarded as the Bev Tibbitts Grand Champion (High Average) Horse. Rider Brandy Ferganchick accepted the award.

2011 NATRC Ride Schedule

Current as of March 23, 2011

To make corrections or additions to the ride schedule, contact the NATRC office at natrc@natrc.org or 303-688-1677.

* Sanction received; all others are based on priority dates from 2010. All others are based on priority dates from 2010. B = 1 day; A = 2 days; AA = 3 days. For entry forms or more information about a ride, contact the ride secretary listed on this schedule.

*DEC 4-5 CHRISTMAS AT THE RANCH, (TX-Reg 4) Killeen, TX
A& B-O/N/CP CHR: Liz Scott, 1300 Aransas Dr., Euless, TX 76039 (817/980-1787) tnwalkinga@msn.com; Alanna Sommer trlrin4fun@verizon.net
LIMIT: 60 SEC: Kim Winterrowd, 214 CR 3681, Paradise, TX 76073 (817/629-5328) draftgirl@yahoo.com

*MAR 5-6 GIRL SCOUT SCAMPER (TX-Reg 4) 7IL Ranch, Cat Spring, TX
A-O/N/CPB-N CHR: Alice Yovich, 811 Webb St., Arlington, TX 76011 (817/460-8111) ayovich@sbcglobal.net
LIMIT: 60 SEC: Christa Bass, 2251 Rifle Rd., Pollock, TX 75669 (936/208-1358) christabas@aol.com

*MAR 12 BUMBLE BEE (AZ-Reg 2) Bumble Bee, AZ
B-O/N/CP CHR: Bob Insko, 526 Brazos St., Ramona, CA 92065 (760/789-1977) rminsko@gmail.com
LIMIT: 50 SEC: Beni DeMattei, 2827 E. Redfield, Gilbert, AZ 85234 (480/892-4120) beni2406@hotmail.com

*MAR 12-13 SPANISH TRAIL XX (FL-Reg 5) Blackwater River State Forest, FL
A-O/N/CP CHR: Wendy Allen, 6236 Billoree Rd., Pace, FL 32571 (850/995-8562) kwallen@bellsouth.net
LIMIT: 60 SEC: Keri Sims, (850/626-6072)

*MAR 19-20 OKLAHOMA LAND RUN (OK-Reg 4)
A-O/N/CP CHR: Don Rubley 524 Ash Rd., Piedmont, OK 73078 (405/373-1387) rubleys@sbcglobal.net
LIMIT: 60 SEC: Kate Kearby, 524 Ash Rd., Piedmont, OK 73078 (405/373-1387) kate12091952@sbcglobal.net

*MAR 26-27 UWHARRIE (NC-Reg 5) – Uwharrie National Forest, Troy, NC
A-O/N/CP:B-N/CP CHR: Paula Riley, 1915 Tower Trail, Waleska, GA 30183 (903/926-3950) parrides@aol.com
LIMIT: 60 SEC: Linda Clayton, 6774 W. Hayneville Rd., Hope Hull, AL 36043 (334/313-2999) lindaclay@aol.com

*APR 2-3 TARRANT RANCH (TX-Reg 4) – Bullard, TX
A-O/N/CP CHR: Teresa Galliher, 12100 Wickson Lake Rd., Bryan, TX 77808 (979/589-3022) galliher@mssblue.net
LIMIT: 60 SEC: Patty Lampley, 2105 Williams Glen, Bryan, TX 77808 (979/776-9111) plampley@bryanisd.org

*APR 9-10 SPRINGTIME AT BILTMORE (NC-Reg 5) – Biltmore Estate, Asheville, NC
A-O/N/CP: B-N/CP CHR: Morgan Ortiz, 225 Holland Dr., Black Mountain, NC 28711 (828/335-1629) morgan@sobolhouse.com
LIMIT: 55 SEC: Connie Driskell, 524 Mills Gap Rd., Arden, NC 28704 (828/684-5650) csdintrig@charter.net

*APR 16-17 PINON MESA (Reg 3-NM) Farmington, NM
A-O/N/CP CHR: Tammi Cumberworth, 2101 W. Coyote Drive, Farmington, NM 87401 (505-564-8675) tcumberworth@gmail.com
LIMIT: 60 SEC: Chuck Smith, PO Box 785, Flora Vista, NM 87415 (505/215-2625) csmith@advantas.net

*APR 16-17 ARKANSAS TRAVELER, Mack's Pines Campground, Dover, AR
A-O/N/CP CHR: Debbie Keene-Starr, 1455 Roy Taylor Rd. Russellville, AR 72802 (479/890-5567) deborahkeenestarr@yahoo.com
LIMIT: 60 SEC: Becky Rogers, 1048 Cardinal Dr., Argyle, TX 76226 (940/367-4411) beckykrogers@yahoo.com

*APR 16-17 FIRST OF SPRING (CA-Reg 2) – Los Peñasquitos Canyon Preserve in San Diego, CA.
A-O/CP:B-N/CP CHR: Margie Insko, 526 Brazos St., Ramona, CA 92065 (760/789-1977) ramonaaha@gmail.com
LIMIT: 100 SEC: Bob Insko, 526 Brazos St., Ramona, CA 92065 (760/789-1977) rminsko@gmail.com

*MAY 7 MT. DIABLO SPRING (CA-Reg 1) Mt. Diablo State Park
B-O/N/CP CHR: Ellen Pofcher, PO Box 732, Clayton, CA 94517 (925/672-3733) mtnoaks@earthlink.net
NO LIMIT SEC: Laurie Page, c/o CMDTRA , PO Box 419, Clayton, CA 94517 (925/672-3978) mtnoaks@earthlink.net

*MAY 7-8 NAVAJO LAKE (NM-Reg 3) – Navajo Lake State Park, NM
A-O/N/CP CHR: Russ Jones, 625 Montgomery Lane, Aztec, NM 87410 (505/330-2524) russlinda_5@q.com
LIMIT: 60 SEC: Linda Jones, 625 Montgomery Lane, Aztec, NM 87410 (505/215-7620) russlinda_5@q.com

*MAY 14-15 WIMBERLY WAYFARER (TX-Reg 4) Storm Ranch
A-O/N/CP:B-N CHR: Elaine Swiss, 1470 Old Marble Falls Rd., Round Mtn, TX 78663 (830/825-3032) swissranch@earthlink.net
LIMIT: 60 SEC: Tracy Black, 7037 Comanche, Austin, TX 78732 (512/565-3854) tracy@larryblacklaw.com

*MAY 14-15 FAYE WHITTEMORE FARM (AL-Reg 5) – Jasper, AL
A&B-O/N/CP CHR: Michelle Goza, 8046 Bluff Ridge Rd., Bessmer, Al 35022 (205/424-5036) madmae@bellsouth.net
LIMIT: 60 SEC: Edna Cook, 8034 Bluff Ridge Rd., Bessmer, Al 35022 (205/425-8535) rubydee@wildblue.net

2011 NATRC Ride Schedule *Continued*

- *MAY 21
B-O/N/CP
NO LIMIT
COWBOY CAMP (CA-Reg 1) Cache Creek Wildlife Area, Williams, CA
CHR: Jean Armer, 3255 McCoy Rd., Colusa, CA 95932 (530/458-2732) armer@citlink.net
SEC: Maria Pilgrim, 1355 Miramonte Pl., Rehnert Park, CA 94928 (707/795-8163) wolves1961@sbcglobal.net
- *MAY 21-22
A-O/CP:B-N
LIMIT:40
REGION TWO BENEFIT (CA-Reg 2) – San Jaun Capistrano, CA
CHR: Bob Insko, 526 Brazos St., Ramona, CA 92065 (760/789-1977) RAHA@sbcglobal.net
SEC: Margie Insko, 526 Brazos St., Ramona, CA 92065 (760/789-1977) rminsko@gmail.com
- *MAY 21-22
A&B-O/N/CP
LIMIT: 60
VIGINIA HIGHLANDS (Reg 5-VA) Ivanhoe, VA
CHR: Judith Shrum, 1364 Laurel Creek Rd, Pilot, VA 24138 (540/651-8492) jshrum@vt.edu
SEC: Virginia Tolbert, 9598 Antioch Church Rd., Lenoir City, TN 37772 (865/986-3333) vtolbert@usit.net
- *MAY 21-22
A-O/N/CP
LIMIT: 60
EKAHA HILL & DALE (KS-Reg 6) – Hillsdale Lake, Hillsdale, KS
CHR: Michael Colby, 23372 Hedge, Springhill, KS 66083 (913/783-4786) marycolby@ymail.com
SEC: Sheila Colby, 24216 W. 265th St., Paola, KS 66071 (913/783-4786) gscolby@mokancomm.net
- *MAY 28-29
A-O/N/CP:B-O/N
LIMIT: 60
PATRIOT'S RIDE (CO-Reg 3) Air Force Academy , Colorado Springs, CO
CHR: Susan Peters, 17215 Saddlewood Rd., Monument, CO 80132 (719/488-2267) sapters@pcisys.net
SEC: Pam Galchutt, 3360 Shilling Rd., Monument, CO 80132 pamegal@juno.com
- *MAY 28-29
A-O/N/CP
LIMIT:60
INDIAN TERRITORY (OK-Reg 4) – John Zink Ranch, Sand Springs, OK
CHR: Arthur Byrd, 4654 Robert E. Lee Terr., Sand Springs, OK 74063 (918/363-7747) abyrd5343@aol.com
SEC: Leona Harris, 505 SE 3rd, Perkins, OK 74059 (405/880-2885)
- *JUNE 4
B-O/N/CP
LIMIT: 45
ARNOLD RIM TRAIL (CA-Reg 1) Stanislaus National Forest, Avery, CA
CHR: Robyn Berwick, 10394 Pondersoa Way, Mountain Ranch, CA 95246 (209/754-3848) 1boonedoggle@gmail.com
SEC: Chris Markus, 772 Murphys Creek Rd., Murphys, CA 95247 (209/728-3148) markuschris@hotmail.com
- *JUNE 4-5
A-O/N/CP
LIMIT: 60
RIDING TO THE RESCUE(KS-Reg 6) Perry Lake, Topeka, KS
CHR: Karen Everhart, 1949 Dalton Rd., Sedan, KS 67361 (620/725-3402) rainbowmeadowsranch@gmail.com
SEC: Hope White, 16252 174th St., Bonner Springs, KS 66012 (913/238-9528) hope@electricaldevelopment.com
- *JUNE 11-12
A-O/N/CP
LIMIT: 60
COLORADO TRAIL (CO-Reg 3) – Buffalo Creek, CO
CHR: Dee Overholt, PO Box 387, Pine, CO 80470 (303/838-7510) Daccounts1@Qwestoffice.net
SEC: Nancy Eathorne, 39664 E. Colorado Ave., Bennett, CO 80102 (303/248-2802) Nancy4604@Hotmail.com
- *JUNE 11-12
A-ON/CP
LIMIT:60
STUBBLEFIELD STAMPEDE (Reg4-TX) New Waverly, TX
CHR: Cynthia Kelsch, 417 Pickering, Houston, TX 77091 (713/724-3341) ckelsch@merlinservices.com
SEC: Donna Callaway, 417 Pickering, Houston, TX 77091 (713/724-3341) dcallaway@middletonbrown.net
- *JUNE 18-19
A-O/CP:B-N
LIMIT: 40
ROUND VALLEY PARK (CA-Reg 1)Clayton, CA
CHR: Gene Boicelli, 7000 Morgan Territory Rd., Clayton, CA 94517(925/672-6491) kismeta7000@aircloud.net
SEC: Linda Thomason, 223 Addison Ct., Fremont, CA 94539 (510/651-9470) linda.thomason@comcast.net
- *JUNE 18-19
A-O/N/CP: B-N
LIMIT: 60
NIMBLEWILL CHALLENGE (GA-Reg 5) Chattahoochee National Forest, GA
CHR: Mark Jones, 1038 Gaddis Rd., Canton, GA 30115 (770/475-9295) jonescant@aol.com
SEC: Debbie Jones, 1038 Gaddis Rd., Canton, GA 30115 (770/475-9295) jonescant@aol.com
- *JUNE 18-19
A-O/N/CP
LIMIT: 60
RENEDEZVOUS (KS-Reg 6) LaCygne, KS
CO CHR: Rhonda Levenison, 17858 Leavenworth Rd., Tonganoxie, KS 66086 (913/909-2025) rhndley@msn.com
CO CHR: Janis Elder, 919 East 110 Street, Kansas City, MO 64131 (913/221-1902)
SEC: Ruth Mesimer, 6818 N. Elm St., Liberty, MO 64068 (816/781-9496) r_mesi@att.net
- *JUNE 25-26
A-O/N/CP
LIMIT: 60
WILLOW SPRINGS (CO-Reg 3) Jefferson, CO
CHR: Dee Overholt, PO Box 387, Pine, CO 80470 (303/838-7510) Daccounts1@Qwestoffice.net
SEC: Nancy Eathorne, 39664 E. Colorado Ave., Bennett, CO 80102 (303/248-2802) Nancy4604@Hotmail.com
- JULY 8-9
NATIONAL BOARD OF DIRECTOR'S MEETING, Denver, CO
- *JULY 23-24
A-O/CP:B-N
LIMIT: 45
CANCELLED HOOK TREK MONTEREY (CA-Reg 1) Fort Ord BLM Marina, CA
CHR:Barbara Berlitz, PO Box 1514, Carmel Valley, CA 93924 (831/595-5085) barbaraberlitz@yahoo.com
SEC: Debbie Murphy, 7655 Northeast Circle, Citrus Heights, CA 95610 (916/962-7316) equuspassage@aol.com
- *JULY 23-24
A-O/N/CP
LIMIT: 60
PURGATORY (Co – Reg 3) – 25 miles North of Durango, CO
CHR: Chuck Smith, PO Box 785, Flora Vista, NM 87415 (505/215-2625) csmith@advantas.net
SEC: Chuck Smith, PO Box 687, Flora Vista, NM 87415 (505/215-2625) csmith@advantas.net
- *JULY 16-17
A-O/N/CP
LIMIT: 60
REGION SIX BENEFIT AT BRUSHY CREEK (IA-Reg 6) Near Lehigh, IA
CO CHR: Martha Kunkle, 1653 Dubuque St., Carlisle, IA 50047 (515/989-0123) mk16535@wildblue.net
CO CHR: Karen Glock, 7645 NE Berwick Dr., Ankeny, IA 50021 (515/965-4415) j-kglock@hughes.net
SEC: Ruth Mesimer, 6818 N. Elm St., Liberty, MO 64068 (816/781-9496) r_mesi@att.net

2011 NATRC Ride Schedule *Continued*

- *JULY 16-17 CHALLENGE OF THE NORTH (AK-Reg 1A) Fairbanks, AK
A-O/CP:B-N CHR: Laurie Knuutila, 455 Ream Lane, Fairbanks, AK 99712 (907/378-9190) wildrosept@yahoo.com
NO LIMIT SEC: Lezlie Wilfer, PO Box 70192, Fairbanks, AK 99709 (907/474-4631) wilfer@acsalaska.net
- *JULY 30-31 HOT TO TROT (KS-Reg 6) Big Hill Lake, Cherryvale, KS
A-O/N/CP:B-N CHR: Priscilla Lindsey, 2067 Quail Rd., Concordia, KS 66901 (785/259-1687) lindx_pris@yahoo.com
LIMIT: 60 SEC: Kay Stich, PO Box 601, Independence, KS 67301 (620/212-3030) horseshoe1960@yahoo.com
- *AUG 6 GEORGETOWN (CA-Reg 1) Dru Barner Park, Eldorado NF, Georgetown, CA
B-O/N/CP CHR: Helen Steenman, 8220 Wentworth Springs Rd., Georgetown, CA 95634 (530/333-4364) hsteenman@yahoo.com
LIMIT: 45 SEC: Lucinda Elliot, 2734 Willow Creek Trail, Cool, CA 95614 (530/887-9785) siselliot@att.net
- *AUG 6-7 TARRYALL RIVER ROMP (CO-Reg 3) –14 miles north of Lake George, CO
A-O/N/CP:B-N CHR: Susan Peters, 17215 Saddlewood Rd., Monument, CO 80132 (719/488-2267) sapters@pcisys.net
LIMIT: 60 SEC: Pam Galchutt, 3360 Shilling Rd., Monument, CO 80132 pamegal@juno.com
- AUG 20-21 JACKSON FOREST (CA-Reg 1) Fort Bragg, CA
A-O/CP: B-N CHR: Steve Meroshnekoff, 9800 Main St., Potter Valley, CA 95469 (707/743-9973) iambrewing@aol.com
LIMIT: 60 SEC: Maria Pilgrim, 1355 Miramonte Pl., Rohert Park, CA 94928 (707/795-8163) wolves1961@sbcglobal.net
- *AUG 27-28 CHICKEN CREEK (Co – Reg 3) – Mancos, CO
A-O/N/CP CHR: Jenny Smith, PO Box 785, Flora Vista, NM 87415 (505/334-6275) jennysmith1974@q.com
LIMIT: 60 SEC: Judy Bengfort, 5 Rd. 3126, Aztec, NM 87410 (505/320-3834) jbengfort@hotmail.com
- SEPT 3-4 REGION 5 BENEFIT (GA-Reg 5) – Dawson Forest, Dawsonville, GA
A-O/N/CP:B-O/N CHR: Cindy Keen, 1620 Bellevue Rd., Dublin, GA 31021 cindytk@hotmail.com
NO LIMIT SEC: Linda Clayton, 6774 W. Hayneville Rd., Hope Hull, AL 36043 (334/313-2999) lindaclay@aol.com
- *SEPT 9-10 WASHINGTON STATE HORSE PARK & RIDE (WA-Reg 1) Washington State Horse Park
A&B:O/N/CP CHR: Kathryn Lewandowsky, 12805 Jim Creek Rd., Arlington, WA 98223 (360/403-8471) kkmoonshadowranch@msn.com
NO LIMIT SEC: Kathryn Lewandowsky, 12805 Jim Creek Rd., Arlington, WA 98223 (360/403-8471) kkmoonshadowranch@msn.com
- SEPT 10-11 REGION FOUR BENEFIT RIDE
CHR: Kim Winterowd draftgirl1@yahoo.com
- SEPT 10-11 RIDE THE EDGE (TN-Reg 5) – East Fork Stables Allardt, TN
A& B-O/N/CP CHR: Wayne Tolbert, 9598 Antioch Church Rd., Lenoir City, TN 37772 (865/986-3333) vtolbert@usit.net
LIMIT: 60 SEC: Virginia Tolbert, 9598 Antioch Church Rd., Lenoir City, TN 37772 (865/986-3333) vtolbert@usit.net
- *SEPT 17-18 DAVE SMITH FALL FIESTA (IA-Reg 6) –Stephens Forest, Lucas, IA
A-O/N/CP CO CHR: Alycia Carlsborg, 1264 N. 500th Ave., Ames, IA 50014 (515/292-1673) Lcarlsb@gmail.com
LIMIT: 60 CO CHR: Susan Anderson, 9169 143rd Ave., Indianola, IA 50125 (515/962-7424) SA-horsehugr@aol.com
SEC: Martha Kunkle, 1653 Dubuque St., Carlisle, IA 50047 (515/989-0123) mk16535@wildblue.net
- *SEPT 24-25 ROBBERS ROUTE (OK-Reg 4) – Robbers Cave State Park, Wilburton, OK
A-O/N/CP CHR: Becky Rogers, 1048 Cardinal Dr., Argyle, TX 76226 (940/367-4411) beckykrogers@yahoo.com
LIMIT: 60 SEC: Nancy Williams, PO Box 716, Bertram, TX 78605 (512/497-3038) dwr716@hughes.net
- *SEPT 24-25 CHOKECHERRY CANYON (Reg 3-NM) Farmington, NM
A-O/N/CP CO CHR: Judy Cumberworth, 1801 Coyote Dr., Farmington, NM 87401 judyc@digii.net
LIMIT: 60 CO CHR: Abbie Hazelwood,
SEC: Greg Cumberworth, 2101 Coyote Dr., Farmington, NM 87401 (505/215-3203) gumberwoth@gmail.com
- SEPT 24-25 HEART OF DIXIE (Reg 5-AL) Troy, AL
A&B-O/N/CP CHR: Linda Clayton, 6774 W. Hayneville Rd., Hope Hull, AL 36043 (334/281-5509) lindaclay@aol.com
LIMIT: 60 SEC:
- OCT 1-2 FLINT HILLS (KS-Reg 6) – Randolph State Park, Manhattan, KS
A-O/N/CP CHR: Preston Buckland, 7920 St. John Rd., Junction City, KS 66441 (785/717-8815)
LIMIT: 60 SEC: Deanna Retzlaff, 10400 Lazy Creek Rd, Westmoreland, KS 66549 (785/457-3725) packer@bluevalley.net
- *OCT 8-9 RAMONA RAHA RALLY (CA-Reg 2) –Elfin Forest Recreational Reservoir, CA
A-O/CP:B-N CHR: Margie Insko, 526 Brazos, Ramona, CA 92065 (760/789-1977) ramonaaha@gmail.com
LIMIT: 100 SEC: Bob Insko, 526 Brazos, Ramona, CA 92065 (760/789-1977) rminsko@gmail.com
- *OCT 8-9 POLE CANYON (Reg. 4 – TX) Pole Canyon Ranch, Quitaque, TX
A-O/N/CP:B-N CHR: Alanna Sommer, 1042 Cardinal Dr., Bartonville, TX 76226 (940/240-0015) trlridn4fun@verizon.net
LIMIT: 65 SEC: Alice Yovich, 811 Web St., Arlington, TX 76011 (817/460-8111) ayovich@sbcglobal.net
- *OCT 8-9 INDIAN CAVE (NE-Reg 6) – Indian Cave State Park, Shubert, NE
A-O/N/CP CHR: Sarah Rinne, 61278 718th Rd., Sleinyer, NE 68441 (402/826-0188) saddle1up@live.com
LIMIT: 60 SEC: Arlyce Thompson-Krug, 2323 B St., Lincoln, NE 68502 (402/488-3057) nkrug1@neb.rr.com

2011 NATRC Ride Schedule *Continued*

- *OCT 7-9 AUTUMN 90 AT BILTMORE (NC-Reg 5) – Biltmore Estate, Asheville, NC
AA-O: A-O/N/CP CHR: Morgan Ortiz, 225 Holland Dr., Black Mountain, NC 28711 (828/335-1629) morgan@sobolhouse.com
B-CP/N, SEC: Connie Driskell, 524 Mills Gap Rd., Arden, NC 28704 (828/684-5650) csdintrig@charter.net
LIMIT:55
- *OCT 22 BAR H BONANZA (CA-Reg 2) –Gavilan, CA
B-O/N/CP CHR:Katy Taylor, 4428 Valley View, Norco, CA 92860 (951/520-0832) horseitup@yahoo.com
LIMIT: 60 SEC:TBD
- OCT 22-23 HORSEMASTER'S BENEFIT (TX-Reg 4)
A-O/N/CP CHR: Larry and Barbara Gould, 9002 Hwy 59N, Marshall, TX 75670 (903/938-0498) landbgould@gmail.com
LIMIT 60 SEC: Dawn Martin, 331 Windridge, Gilmer, TX 75645 (903/797-6252) horsemasters10@gmail.com
- *OCT 22-23 WHISPERING PINES (MO-Reg 6) –Jadwin, MO
A-O/N/CP:B-N/CP CHR: Kim Weil, 6710 Raines Rd., Liberty, MO 64068 (816/781-2218) jkweil@sbcglobal.net
LIMIT:60 SEC: Jackie Hathhorn, 3508 S. Mize Ridge, Independence, MO 64057 (816/228-2013) jackiehat@gmail.com
- *OCT 21-22 HONEYCREEK AT BIG SOUTH FORK (TN-Reg 5) –Honeycreek Camp near Big South Fork Recreational Area
A-O/N/CP:B-N CHR: Gary Williams, 4569 Rugby Pk., Allardt, TN 38504 (678/994-1923) gary@fiveoclockfarm.com
LIMIT:50 SEC: Marlene Buttrey, 366 Westview Rd., White Bluff, TN 37187 (615/797-2817) khasa2@bellsouth.net
- *NOV 5-6 SYVAHA SAGE HILL (CA-Reg 2) – Santa Ynez Mountains, CA
A-O/N:B-N/CP CHR: Kathy Stegman, 602 Hidden Ranch Way, Arroyo Grande, CA 93420 (805/710-4471) kkstegman@cs.com
NO LIMIT SEC: Anne Plucey, 3190 Samantha Dr, Santa Ynez, CA 93460 (805/688-2912) trail.rider2@verizon.net
- *NOV 5-6 LAST CHANCE AT THE OK CORRAL (OK-Reg 4)) Stillwater, OK
A-O/N/CP CHR: Don Rubley 524 Ash Rd., Piedmont, OK 73078 (405/373-1387) rubleys@sbcglobal.net
LIMIT 60 SEC: Kate Kearby, 524 Ash Rd., Piedmont, OK 73078 (405/373-1387) kate12091952@sbcglobal.net
- NOV 5-6 KINGS MOUNTAIN CTR (SC-Reg 5) – Blacksburg, SC
A-O/N/CP CHR: Mike Bridges DVM, PO Box 870, Grover, NC 28073 (864/839-7748) mwbdvm@earthlink.net
LIMIT:60 SEC: Mary Britt, PO Box 725, Hazelwood, NC 28738 (828/456-7664) marywildfillie@aol.com
- NOV 11-12 NATIONAL BOARD OF DIRECTOR'S MEETING, Denver, CO

NATRC CLINICS

- April 30 Nimblewill Challenge Clinic-Canton, GA
Debbie Jones, 404/285-0891 jonescant@aol.com
- May 14 Greenland Clinic, Greenland Open Space, Douglas County, CO
Susan Peters 719/488-2267 sapeters@pcisys.net
- May 14 IA Trailriders Despooking Clinic, Windrush Hills Farm
Denise Schieffer, 319/728-8737 ponyexpress11@hotmail.com
- Oct 7 Pole Canyon, Quitaque, TX
Alanna Sommer, 940-240-0015 trlrin4fun@gmail.com
- Oct 15 Kings Mountain, Blacksburg, SC
Mike Bridges DVM, 864-839-7748 mwbdvm@earthlink.net
Mary Britt, 828-456-7554 marywildfillie@aol.com



2012 RIDES

- *DEC 3-4 CHRISTMAS AT THE RANCH, (TX-Reg 4) Killeen, TX
A& B-O/N/CP CHR: Liz Scott, 1300 Aransas Dr., Euless, TX 76039 (817/980-1787) tnwalkinga@msn.com; Alanna Sommer trlrin4fun@verizon.net
LIMIT: 65 SEC: Amy Crane, 5814 Coldworth Ct., Arlington, TX 76018 (817/225-8099) amy_galatas@yahoo.com
- *OCT 29-30 SWEET HALLOWEEN (AL-Reg 5) – Hatchct Valley Farms, Rockford, AL
A-O/N/CP: B-N/CP CHR: Sara Baldwin, 2571 CR 95, PO Box 414, Rockford, AL 35136 (256/377-2656) forestowners@wildblue.net
LIMIT:60 SEC: Sara Baldwin, 2571 CR 95, PO Box 414, Rockford, AL 35136 (256/377-2656) forestowners@wildblue.net

Trailer Maintenance

Mike Davidson

Mike began his lecture by talking about some basic maintenance items to consider on a horse trailer. He recommended that the wheel bearings be cleaned and repacked every other year or 12,000 miles. The brakes should be adjusted when doing the wheel bearings. The brake pivot points should be lubed.

Tire pressure should be checked every trip. Fill tires with the recommended pressure. Tire wear patterns can give you clues about tire pressure and/or axles. If a tire is worn in the center, the likely culprit is over-inflation. If the edges are worn, it could be under-inflation. If you see a funny wear pattern not indicative of over- or under-inflation on only one tire, there could be a problem with the axle. A tire worn flat in one spot may indicate a braking issue, with the brake on that side doing all the work and the one on the other side doing none of the work.

Rubber naturally breaks down in UV light, and the life of a tire is usually between 3-5 years. Mike said that protecting the tires with covers will

help with weather checking, but the total life of the tire is still the same. The date of tire manufacture is branded into every tire, next to the rim. Look for a seven-digit number. The last four digits are the week and the year of manufacture. Some tires that were manufactured in China were stockpiled, and by the time they are sold, they are already three to four years old. So check the date of manufacture to make sure you are not getting an old tire. Mike recommended the Goodyear G6 for a 14-ply tire and Michelin for 10-ply tires.

Trailer tires have heavier sidewalls than even light truck tires. Tires other than trailer tires will break down in the sidewalls sooner than trailer tires. This is because trailers don't have steering and when cornering, the sidewalls take more abuse.

Mike next talked about the batteries on living quarters trailers. These batteries should be deep cycle batteries, since deep cycle batteries will not be harmed by being run down and recharged repeatedly. When storing a trailer for

any length of time, be sure the batteries are fully charged, or remove them and keep them in a warm environment (the garage) to prevent freezing.

Next Mike talked about roof seals. The aluminum trailers have one piece roofs from front to rear and will not require sealing. But the seals on the sides where the roof meets the sidewalls should be checked. Also check the seals around access doors, windows and vents. If resealing is needed, use roof sealers intended for RVs or tractor trailers. Don't use household sealers.

Mike also recommended not taking an aluminum trailer to a truck stop for acid washing, as the acid is too strong and will actually burn the finish and turn it brown. Instead, he recommended using an aluminum brightener to clean an aluminum trailer.

There were lots of questions from the audience, and the discussion was lively and interesting.

The Spirit of the Horse

Tony Stromberg



presentation before the Saturday night awards celebration, Tony's beliefs about the freedom, power, grace and harmony between horses and humans left us in the perfect spirit for the 2011 ride season.



Horses spoke to author and photographer Tony Stromberg and created a passion in him that resulted in the publication of two beautiful works of art, *Spirit Horses* published in 2005 and *The Forgotten Horses* published 2008. Tony, once a commercial photographer in San Francisco, followed his dreams to the wild horses of the West. His photos have a luminous appearance. He set them to the music of the old West and we were able to hear his story and view many of his favorite photographs during our National Convention in Nashville. As the final

Meet the New Ride Management System

Janis Baldwin, Region 5

Janis began developing the Ride Management System, aka RMS, about 10 years ago. She has generously let our Ride Secretaries use her product and has worked with administration, ride managers and the riders themselves to improve the system and make it more user friendly.

Currently Janis is working on updating and reprogramming her system. It is about 75 percent complete. She gave

us a preview of a lot of the pages that are finished. It has a whole new 'face' and is nicely done. There will be drop down windows to help fill in the blanks and navigate around the system, tabs to click on to go to various area, and the main menu will have a panel with links listed on it.

We still need to change our personal password once a year to help prevent "hackers" from being able to access

the system and do damage like was incurred a few years ago.

We look forward to the release of the new and improved RMS.

Janis Baldwin is a computer programmer, designer/developer of the NATRC Ride Management System.

Same Old Address Brand New Look

Our new site is up and running! It has been designed so that it will open on the "Newbies" pages for anyone who does a search on such words as competitive trail riding, NATRC, trail riding, etc. Most likely, someone doing a search is new to NATRC so these pages will draw in potential new members and encourage them to learn more about us.

Existing members can click on the MEMBERS button at the bottom of the menu on the left of the opening page. This will take you to the Members home page. When you are on the Members page, just add it to your favorites so that for subsequent visits you can go directly to the members' pages without going through the newbies pages.

Facebook

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Who Woulda Thunk?

Damara Mullens, Region 1 *Reprinted with permission from AERC Extra online edition*

My friends are well aware of the fondness I have for my equine trail buddy “DMS Apple Jack.” The 2010 ride year has just ended. I finished up my paperwork and sorted out all of the photos from the last year. I’ve also been thinking about the incredible journey that we’ve been on so far.

Jack was born in my grandfather’s back yard. He insisted that I take him “for a few months” when he was three. I hadn’t ridden in 25 years. The last thing I wanted was a horse and especially not a green-broke youngster. At the time, I was experiencing the darkest period of my life. Besides, I was too old and too fat to start riding. Furthermore, I am lame and clumsy. It doesn’t take a heck of a lot to throw me off. I had lots of good reasons not to ride again. I still need a step stool or good terrain to get on a horse. Anyhow, after much cajoling, Jack came to my house “for a few months.” For better or worse our journey began. He snorted, held his head high and knocked me down a few times in my own back yard.

A month or so later, I took him out on the trail. We went riding with several others near the Frito Lay plant. He panicked for no apparent reason right in the middle of a shallow pond. He flipped over and rolled me around in that disgusting water. When I came up, I was covered in silt and moss. My glasses were lost in that muck forever. He ran off and left me there completely *humiliated*. The others chased him down and brought him back to me. I got back on and crossed that pond covered in muck and without my glasses.

At my first ETI Poker Ride in Stallion Springs, I was completely humiliated *again*. He bolted and dumped me

under a tree *in front of everybody*. Time and again, we went back to the drawing board and tried to get things right. He can be temperamental and crabby in a crowd sometimes, but at least he hasn’t unceremoniously dumped me in front of a large audience again. Well he felt the need to make a less than favorable first impression with the Tulare ETI group last May, but I landed on my feet so that one doesn’t count.

In 2007 I tried my first NATRC ride. I read the rule book and headed off to Wickenburg, Arizona, with my then 16-year-old daughter. Jack vetted in whinnying, snorting, rearing and kicking at the vet. He was almost dismissed. He wasn’t much better during the entire ride. As a newbie without a mentor, I was completely unprepared for riding in the Arizona desert that weekend. I didn’t bring any water for the ride. A kind volunteer gave me a bottle of water as I was leaving a P&R. Much to my dismay, I had to drop it because he was sideways, backwards and acting silly. I needed both hands to drive. Today, he is rock solid on the trail. Even after 800 NATRC miles, he still has a pissy attitude when he vets.

Last year, I obtained a “hardship” registration and entered him into the Appaloosa Distance Program. We did our first AERC endurance ride and continued to ride NATRC. At this point Jack was an experienced camper and I had the hang of what to bring with me on a ride. This time I had a mentor who provided invaluable advice. My first 50-mile ride was one of the flattest and easiest around. I rode with a fellow NATRC rider, Debra Mader, who was also new to endurance. We were two first time 50-mile riders on two first time 50-mile horses. We were elated

when we came in dead last with six minutes to spare! It was a miracle that my Appy/Arab and her Mustang Quarter actually finished in fine shape. It felt like we had just accomplished something spectacular like climbing Mount Everest.

Jack probably isn’t the ideal endurance horse. He’s oversized and flat footed, but don’t tell him that. When he’s out there he *loves every minute of it*. His head is up, his tail is up and he likes to strut his stuff all day long. He usually comes in with his head up and ears forward.

One of the neatest things about the sport of endurance is that it is what you make it. You can race or ride. Anybody can participate and earn breed and/or mileage awards. There are top athletes on flashy well-bred horses who easily blaze through 50 miles in less than five hours. There are also regular Joes on plain horses who need most or all of the allotted 12 hours to get through the same 50 miles. Jack may not be a 100-mile or multi-day horse, but I have a horse that was bred for endurance to try that with. He will continue to be my trail buddy and we’ll do the 1-2 day rides as long as he is happy on the trail.

Jack needs to go slow and we stay at the back of the bus during rides. Despite his quirks and limitations, he has matured into a safe and trustworthy trail horse. He has willingly carried me for thousands of miles and through all kinds of interesting (and sometimes dicey) situations. I am not delusional and I do appreciate that he doesn’t have the greatest athletic ability or training, but he is *the best* to me. Before Jack, I had zero experience with ride organizations or clubs.

(Continued, page 21)

Who Woulda Thunk? *Continued*

ETI, NATRC and AERC provide invaluable ride opportunities. I'm not the best horse person. I learned to ride as a kid on a crippled ranch horse in my backyard. Despite this, I have had the time of my life going places I've never been before and seeing things I've never seen before. With ETI, Jack was able to adjust to riding in a group. NATRC taught me how to care for and pace a horse over the course of an entire day. Participating in ETI and NATRC prepared us for AERC.

It's been an amazing journey for this backyard rider on that backyard horse. Jack has accumulated 605 endurance and 175 LD miles. He earned his Appaloosa 500 mile Superior Event Award and distance medallion this year. I never would have believed that oversized and tender footed horse would make it this far. We didn't beat anybody. We finished many hours behind the winners and alongside others who earned the same awards. I've had the time of my life exploring God's country.

After all, *"to finish is to win"* and I can count on Jack to get the job done safe, sane and happy.

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2010 NATRC

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Junior High Average Horsemanship, High Mileage Horse (5000 and up),
High Mileage Rider (7000 and up), Riders/horse with 5 or more National Championships, Past National Presidents**

In 1961, NATRC was founded on these philosophies:

- To stimulate greater interest in the breeding and use of good horses possessed of stamina and hardiness and qualified to make good mounts for trail use.
- To demonstrate the value of type and soundness in the proper selection of horses for competitive riding.
- To learn and demonstrate the proper methods of training and conditioning horses for competitive riding.
- To encourage good horsemanship as related to trail riding.
- To demonstrate the best methods of caring for horses during and after long rides without the aid of artificial methods or stimulants.

Our sport still honors the same philosophies, and over the years has allowed some amazing accomplishments of horse and rider teams. The longevity demonstrated by these horses is really what NATRC is all about. We are here to compete with our horses for the long haul.

NATRC is proud of our past, and is focused on the future.

Janine Ancell	Linda Throgmorton Franklin	Fred Kirkham	Denise Throgmorton Roberts
Steve Ancell	Jenna Galliher	Lynn Anne Kohlmeier	Larry Rossi
Jean Armer	Kara Galliher	Leroy Krusi	Melinda Hirsch Sadler
Nancy Bacon	Larry Gould	Layne Lampley	Dean Schrader
Matt Baker	Robert Graham, DVM	Steve Lindsey	Duane Scott
Carol Barnes	Elisabeth Grogan	Helen Logan	Pat Seymour
Gloria Becker	James E. Guenther, DVM	Ellen Lovett	Kymerlie Shanor
Everett Bellani	Melady Hale	Jennifer Maddox	Bill Smith
Robert Bohannon	C.R. Harden, DVM	Leah Martin	Jenny Smith
Candy Bonds	Heather Parson Harper	Judy Wise Mason	Terri Roberts Smith
Holly Ward Brant	Barbara Harvey	TY McCullough	Leonard Smith, DVM
Ray Brezina	Kathryn Hayes	Angie Meroshnekoff	Shirley Sobol
Mary Britt	Mica Hart Heilman	Shannon Mitchell	Bill, Lori, & Penny Stout
Lisa Brooks	Lucie Hess	Gail Milner	Ripley Tate
Raymond Brooks	Bill Hinkebein	Janelle Meuten	Joan Throgmorton
Kathy Morris Budd	Lucy Hirsch	Al Moss	Beverly Tibbitts
Ken Burkdoll	Frances Huling	Julie Munger	Wayne Tolbert
George Cardinet Jr.	Marilyn Hunter	Kalinda Renfro Murphy	Marianne Van Sciver
William Chambers	Wayne Hyatt	Andrew Murray	Lory Walls
Klare Chapman	Barbara Jagoda	Tom Natsues	Linda Waltenspiel
Gary Clayton	Cheri Jeffcoat	Paula Nelson	Ruth Waltenspiel
Mary Colby	Jonni Jewell	Sarah Neunzig	Patricia Wasmund
Rod Cole	Georgia Boulton Johnson	Dave Nicholson	John Webb
Patsy Conner	Ginger Johnson	Morgan Sobol Ortiz	Jerry Weil, DVM
Linda Tate Courts	Debbie Jones	Milne Parish	Ronald Williams
Kim Cowart	Pat Jubb	Sandy Parker	David Whitehouse
Charlie Crider	Nancy Kasovich	Don Parkhouse	Betty Wolgram
William Cumberworth, MD	James Keene	Violet Peak	Ken Wolgram
Ashley Stone Dilliard	Frank Keeran	Linda Peters	Mary Anna Wood
Sue Eoff	Jeanne Kelly	Carrie Porter	James Wright, DVM
Mel Ericksen	Elizabeth Kendall	Tammy Thompson Rector	Betty Young
Gerald Ferguson	J.R. Kendall	Maxi Riggs	David Young
Marty Findley	Gail Gouskos Kimery	Paula Riley	

Annual Points and Data

Cheri Jeffcoat

I want to remind all NATRC members that if you have changes to your NATRC records, you must contact the National Office, and email works great.

RMS does not update your records. It is a privately owned Ride Management System.

What changes might you encounter?

1. Ownership. NATRC needs to be notified of the change in owner's name, otherwise mileage and points earned will continue to accumulate under the name of the prior owner.

2. Breeds. If you have competed a horse as a grade, then you finally get the papers to qualify to register that horse with a breed association, we need:

- a. The registered name. If you competed under a nickname/barn name, the breed organization won't know who the horse is if we need to contact them. Enter all rides using the registered name.
- b. Horse breed and age.
- c. Name of legal owner. Remember if you are not a member of the breed organization who sponsors the breed award, you will not be eligible for that award.

Once the information is in, all records are merged for points and mileage credit.

3. Family memberships. You must provide the name of all the family members that will be competing.

You must report the ages of minor children also. If you do not provide this information, the unreported spouse/children will show as non-members.

4. Parents/Legal Guardians. If a minor child has a different last name than yours for a family membership, we have no way of "guessing" that the child is a member. Everyone in your region may know that is your son/daughter -- but the rest of us just don't have any way of knowing.

5. Newly married/legal name change. You must report the change. If you don't, your mileage, points etc. could be split between the two names, costing you a placing. Once you report your new name, we will merge all your records.

Don't wait until the end of the year to make changes. Get the info in as soon as possible. It is really too late if you report changes the day before national Convention.

Congratulations NATRC



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Risk Management 2011

Jean Green, Management Chair

The single most important responsibility of a ride manager is risk management. Putting on a ride requires some careful consideration of how to keep everybody safe while still getting it done.

To get yourself thinking about safety, read the State “page 2” clause on your liability waiver. The wording should include something like:

UNDER [State Law], AN EQUINE PROFESSIONAL IS NOT LIABLE FOR AN INJURY TO OR THE DEATH OF A PARTICIPANT IN EQUINE ACTIVITIES RESULTING FROM THE INHERENT RISKS OF EQUINE ACTIVITIES.

Or it might read something like:
WARNING: EQUINE ACTIVITIES ARE INHERENTLY DANGEROUS. YOU ARE ASSUMING THE RISK OF INJURY OR DEATH BY PARTICIPATING IN THIS ACTIVITY. NATRC WILL NOT BE LIABLE FOR THE INJURY TO OR DEATH OF A VOLUNTEER OR PARTICIPANT IN THIS ACTIVITY.

This is usually followed by precise examples of “inherent risks” that make it clear that horse activities are dangerous. However, it is not just the horses that cause accidents.

So, a responsible manager should think about the potential for harm based on his/her knowledge of horses, people and past experiences. He/she has to manage the risk so as to minimize the danger without taking away the challenge.

Our goals are to provide a means of selecting the best, safest trail horse. We actually think up challenges for them that often create a risky situation for a fractious horse. All riders must understand that they can pass any given obstacle if they think their horse is not ready for it. The obstacles for Novice horses should provide a safer place to learn. We need to find a balance between providing a challenge to separate horses and keeping the riders safe. That gets tricky! A ride manager/trail master has the final responsibility for the obstacles. Judges may not be aware of the dangers of a given obstacle.

The trail should be safe. Crossings that deteriorate with weather should be avoided as much as possible. Wire and other hazards should be clearly marked. The timing should match the terrain. You should always have alternative times ready in case of bad weather.

To assure that volunteers are safe, try to make sure they know their jobs. Keep in mind that the most common injury around horses is getting stepped on while on the ground. Make sure your P&R teams are properly trained and attired to work around horses.

All drivers should be qualified adults. Assure plenty of vehicles and plenty of time to get the volunteers and judges to trail checks to avoid rushed,

unsafe driving, and over-crowded vehicles. Remember, if you use ATVs, you must pay the extra insurance if you want to be covered. Also, no extra passengers are allowed on ATVs except when designed for that. No passengers in the bed of pickup trucks. If an accident happens under these conditions, the insurance may not pay.

Safety Riders should be experienced, adult riders on seasoned trail horses. One way to sort out the inexperienced riders is to require that all safety riders do the pre-ride for timing and trail check. It will give you a good way to assure that they know the trails and are able to do the job. It is hard to say “no” to “volunteers”, but if you make it a rule up front, then you have a means to disallow “last minute walk-ins” Many of our horse-related accidents involve safety riders and their horses.

A serious accident can ruin your ride for everyone. Think about the possible risks and find ways to avoid them. Don’t tolerate unruly horses that may endanger riders and volunteers. No one wants to DQ a horse, or turn away a safety rider that is not qualified, but the alternative can be devastating.

Have a fun, challenging and, above all, a safe ride!

Budgets: A Balancing Act

Elaine Swiss

It seems every town, city, and state is struggling to balance its budget this year. Protesters march in the streets in capitols around our country, voicing their opinions on taxes, budget cuts and entitlement programs, while elected officials debate alternatives to solve the problem of too little revenue and too much spending. The NATRC budget presents the same challenge for your Board of Directors.

In its February Board meeting in Nashville, the Board reviewed the final 2010 financial results and studied the 2011 proposed budget. The picture was bleak as NATRC experienced a \$15,200 loss in 2010, and the projected loss for 2011 was nearly \$8,000 at the start of that meeting. However, the balance sheet, which reflects NATRC's money in the bank, remains strong and will support the organization for several years as it addresses its financial challenges.

The causes of the loss in 2010 are easy to understand upon examining the three performance metrics our organization measures each year. While the total number of members in 2010 was only 1% fewer than in 2009, the number of competitors at our rides in 2010 was significantly less than in 2009 (16 percent). Coupled with two fewer rides in 2010 than 2009, the revenue from rides and memberships was down \$13,500 in 2010 from 2009, and below the budget by \$20,100.

The economic environment also took its toll on the interest NATRC earns on its money in the bank. Due to historically low interest rates (0.7 percent), the income earned in 2010 was nearly \$7,000 less than in 2009. Fortunately, Sponsorships, 50th Anniversary ad sales and unrestricted donations were significantly greater in 2010 than in 2009, but the loss of

interest income affects the NATRC Student Scholarship program in 2011.

With the increase in drug testing in 2010 and the purchase of scorecards and rule books for all of the regions' rides, expenses rose in 2010 as compared to 2009. Marketing expenses, including Hoof Print and paid advertising, were greater than 2009, but under budget for 2010. In total, expenses were greater than budget and greater than the prior year.

Faced with this financial performance in 2010, in November the Board made some difficult decisions to increase revenue by raising membership dues, and decrease expenses in 2011; however, the 2011 budget still revealed an \$8,000 shortfall. None of the directors recommended increasing the metric goals for members, rides and average competitors per ride more than agreed in November, so revenue-raising alternatives were discussed and approved in the February meeting.

Additional revenue alternatives include increasing Sponsorship sales, adding a 2012 Convention raffle, raising unrestricted donations and adding a benefit ride. However, the Board also agreed to increase drug testing, so expenses were raised slightly. After increasing projected revenue by \$7,200 to \$90,850, which is still less than 2010 revenue by 1%, the budget did not balance. After much discussion the budget for 2011 was approved with a \$1595 projected loss (2 percent).

Budget debates in our communities will continue, as they will in the NATRC Board room. Ultimately, an affordable balance will be found between revenue and spending. We are confident that current NATRC members will recruit lots of friends to join them on competitive trail rides. Occasionally they'll all ride along and discuss taxes and entitlement programs, and one problem will be solved. Ours.

2010 Award Winners



Region 4 Open Heavyweight, Alice Yovich (L), Jonni Jewell (C), and James Keene.

NATRC Drug Rule Explained

Jerry D. Weil, DVM, Chair, National Drug Testing Committee

At the November 2010 national board meeting a new drug rule was presented for a vote. The board accepted the drug guidelines that were essentially those of AERC with a few modifications to make them meet our rules. For example, the use of ice in wraps or boots, Regumate to control estrus in mares, antacids, alcohol applied for cooling, and liniments without prohibited substances are allowed in AERC rides but not in NATRC rides.

The new drug appendices can be found on the NATRC website at www.natrc.org. Especially important is the listing of withdrawal times for use of prohibited drugs. You should understand that every horse metabolizes these products differently, but the table covers the limits of nearly every horse. This table allows you to see how long a drug must be withdrawn before a ride.

At that November board meeting the only part of the proposed rule that was not accepted was the penalty section. For the ride year 2011 the penalties for a positive drug test stand as cited in the current Rule Book.

At the February 2011 board meeting, more penalty proposals were examined. One proposed rule was complicated and strict. An offense was labeled first, second, or third with increasing severity for each offense. There was very little, if any, discretionary room in the application of the rule.

After much discussion, the board elected to propose the AERC wording (that had been earlier rejected) as the official language for the penalty section of the rule. We recognize that AERC had much scientific and legal expertise in finalizing the wording in their drug rule. This wording will be taken to the membership for comments

and discussion and then revisited in July. The final version will be voted on at the November meeting.

The proposed wording for the rule will read as follows:

“Any rider/owner violating these rules at an NATRC ride shall forfeit any completion or placing for the ride. NATRC may impose additional penalties for violation of these rules on any person responsible for the violation. Normally, the rider and owner shall be considered the persons responsible for the custody and care at a ride. Accordingly, the rider and owner shall avoid liability for additional penalties for violation of this rule only by showing by clear and convincing evidence that:

- some other person outside of the rider or owner's control was responsible for the violation and
- the rider or owner bore no fault for the violation.”

The horse and rider are considered a team for our sport, so both would be disqualified.

The reasoning behind the new proposed rule relates completely to the nature of drug testing. Our testing is very sensitive and can pick up minute amounts of residue. It is entirely possible that accidental level of drugs can be found or that a horse hasn't fully metabolized a legal dose of drug that should have cleared the blood.

Drug testing is not black or white; much is truly gray. It is reported as positive or negative. When we receive a positive report, it is a quantitative report with drug levels reported for the amount of drug found in a unit volume of blood. With known drugs, we can estimate the dose given and the relative time of administration of a drug by calculating from the amount reported by the test. We know how fast a drug is

excreted from the horse's system, so by the level of drug found we can determine approximately when it was given, if a normal dose was used.

We felt with the Veterinarians on the committee and the availability of experts in the field for reference and guidance, that each test should stand on its own merits and latitude. Additionally, this information should then be available to the protest committee which ultimately determines the penalty.

Therefore a first time offense that is grievous may receive a penalty more severe than an obvious oversight or accidental exposure. We do not have that option as the old drug rule reads. The new penalty phase would come into force for the 2012 ride year assuming it is passed by the board in November.

We are testing rides in all regions this year except California where the state does the testing. It is considered a positive test if you refuse to be tested. Your consent is automatic when you enter a ride.

I personally feel we have very little problem in this area. I would expect to find far more accidental positives than any other type. Just be careful out there and know what drugs are going into your horse relative to when you are riding a sanctioned ride. Being aware solves 99 percent of all the problems.

Have a great ride year, be careful and come home safely.

Drug Rule Appendices – Editorial Revision
Please see details at www.natrc.org

Marketing -- What Now?

Bev Roberts

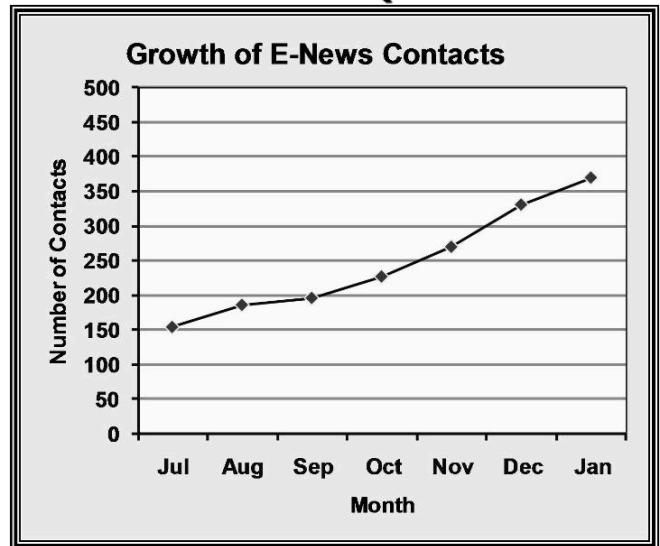


As you read in our Winter issue, income for 2010 was down, membership was down, and the number of competitors and the number of rides were down when compared with 2009. But there is no slowing us down. Even though we cannot afford paid advertising in any national magazines in 2011, we will get through the economic downturn because of the kind of people we are!

Donation income from GoodSearch/GoodShop has been increasing since it was started in 2007. The graph shows that we are beginning to receive a significant number of dollars. If we continue at the current growth rate, we will see \$750 income in 2011. So ask your friends, ask your family or anyone you can think of to start searching using GoodSearch instead of Google and assign search pennies to **“North American Trail Ride Conference - NATRC (Sedalia, CO).”** Don't forget to download the GoodSearch toolbar so your searches will *automatically* benefit NATRC.

The word is getting out about our use of E-News for passing on timely National and Regional information to our members and friends. Not only is our use of E-News growing, so is the number of people signing up to be on our contact list. We have more than doubled our contact list in the last six months as illustrated in the accompanying chart. We have gone from 154 contacts at the end of July, 2010 to 370 at the end of January 2011. As with GoodSearch, please forward these E-News emails to your family, friends and other horse people so they can subscribe and pass NATRC on to others!

Please help us increase our membership, increase the number of



riders at rides and thus increase the number of rides so we grow our “family” and put our NATRC back in the black.

Remember the 2008 survey we did? It showed that our members are mostly women; almost 90 percent are college grads; and, the greatest number are in education and medicine. They also enjoy other outdoor activities like hiking, skiing, golfing, biking and non-sports interests like reading, travel and creative pursuits. Know anyone like that? Ask them to try NATRC. They will fit right in. They just don't know it yet!

Run into people pleasure riding while you are out conditioning? Carry a brochure with you to give to those you meet. Be sure to have an NATRC decal or two on your trailer so folks can see it where you park at the trail head.



Summary of the NBOD Meeting Minutes

February 10, 2011 Nashville, TN

CALL TO ORDER by Gary Clayton, 8 a.m., February 10, 2011.

ROLL CALL. All BOD, except Roger Garlitz, present. Laurie DiNatale present. **Motion by Wolgram, seconded by Ferris, to approve Phil Young as the new Alternate BOD member for Region One. Motion approved.**

MINUTES November 12-13, 2011. Call for corrections. Page 2, sentence second from last, “b” should be “be”. Page 17, should insert “for President” after, “Walls nominated Clayton.” Page 11, Change “Lory” to “Walls.” **Walls moved to accept minutes with corrections, DeMattei seconded. Motion approved.**

PRESIDENT'S REPORT. Clayton reported that all preparations have been made for Convention.

EXECUTIVE ADMINISTRATOR'S REPORT. DiNatale -- A second renewal card was mailed. DiNatale was able to obtain Go to Webinar at a cost of \$94 per year. Usual cost is \$4,700 per year. DiNatale declined her automatic raise for third year.

SECRETARY/TREASURER'S REPORT. Swiss reviewed documents showing a financial summary and a view of financial picture of 2010. Revenue was down by \$2,700, expenses were up by \$8,500, for 2010. Those increased expenses included Rulebooks and Scorecards that were not printed the previous year, and drug testing. The number of rides and membership were down. The increased expenses and decreased revenue resulted in a \$15,200 loss for 2010. **Motion by Wolgram, seconded by Abbott, to accept Treasurers Report. Motion approved.**

BYLAWS & RULES -- Lory Walls. See Rules Report in this issue of Hoof Print.

Policies and Procedures -- Dieterich. Policies and Procedures are available upon request.

PROTEST -- Garlitz-report filed. No protests. Weil questioned if the standing Protest Committee could be in charge of appointing an ad hoc committee to address each protest to ensure that each protest is handled by a committee that has no conflicts of interest.

NOMINATION -- Ferris No report.

CLINIC SANCTION -- Linda Clayton-report filed. Clinic insurance reimbursement of \$100 will be limited to one clinic per region.

MANAGEMENT -- Jean Green Report Received. Dieterich -- committee is working diligently on getting all management forms updated and on the website.

RULES INTERPRETER -- DeMattei Report filed. Riders should know that an extra P&R can be added to the ride. Discussion on certification of RI's. DiNatale suggested that Go to Webinar would provide a forum for education towards certification of Rules Interpreters.

INSURANCE-DiNatale-no report.

SAFETY --Garlitz-report filed. Swiss suggested Webinars on safety to ride managers and safety rider chairs.

MARKETING/ PUBLICITY - Bev Roberts-Report Received. Swiss asked that everyone use the branding documents for any forms they create or distribute. Swiss also asked that all of our sponsors be added to the regional websites. Ferris will chair the committee to give our webmaster constructive input regarding the website. Facebook-Chuck Smith. Smith paid for an ad for NATRC. Ad was viewed by 120,000 people. Enews-Swiss-Bev Roberts is Enews administrator. There is a button on our website to subscribe to Enews. Roberts will help BOD and/or members with story ideas for promotion in magazines or newspapers.

NBOD Meeting Minutes, *Continued*

February 10, 2011 Nashville, TN

SPONSORSHIP -- Swiss continues to pursue sponsorships. Total revenue for sponsorships and ad revenue for 2010 was very good. **Motion by Swiss, seconded by Weil, that our commission for sponsorships will stand at 30 percent for sponsorships and be 15 percent for Hoof Print ads. Motion approved.**

BUSINESS MODEL & MEASUREMENTS -- Swiss Report Received. Reviewed final measurements. Swiss reviewed budget for 2011. Marketing expense, Hoof Print was more than 18K for 2010, need to reduce expense. Swiss recommends that we need to work to increase our sponsorships and donations.

Lunch

Swiss -- A group discussed fundraising over lunch. Raffles seemed to be the choice. Walls suggested a horse trailer. DiNatale suggested an equine vacation. Gary Clayton felt we could also raffle off things that are not equine related. Swiss, Walls, Smith, and DiNatale will work on this committee. She encouraged the entire BOD to think of connections they may have to obtain a good raffle prize/s. More discussion on how to close the 2011 budget deficit. Agreed on a goal to increase sponsorship, try for more donations, and have a national raffle. **Motion by Swiss, seconded by Walls, to approve the 2011 budget with \$1100 for drug testing expense and additional revenue expected, with a projected \$1,595 loss. Motion approved.**

HOOF PRINT -- Dieterich gave report as Hoof Print Liaison. Swiss -- in November the BOD voted to go out for bids on HP design work. Swiss sent a RFQ (Request for Quotes) to nine inquiries. Six quotes were returned. **Motion by Swiss, seconded by Walls, to accept the committee's recommendation to hire Kelly Carper Polden, Kelly Carper Communications, to act as Hoof Print Editor for the next two issues. Motion approved.**

Guests introduced. Jonni Jewell, Kim Winterowd, Judy Mason, Laurie Knuutila, and Bob Insko.

DRUG TESTING -- Jerry Weil, DVM. Will test at least six rides. Some regions will receive testing at more than one ride per year. Weil will print a report at the end of the year stating which rides were tested. Weil is hoping to test for a much wider spectrum of drugs.

VETERINARY DRUG COMMITTEE -- Michael Peralez, DVM.

At the November meeting, some BOD members felt that the previously proposed wording regarding drug penalties did not provide the needed enforcement. A Committee to work on the penalty phase of the new rule was appointed, chaired by Roger Garlitz. Kim Winterowd of Region Four was introduced. Winterowd was part of the committee looking at drug penalties. Winterowd reviewed the matrix of penalties that the committee had developed. Dieterich presented questions from the Vet Drug Committee regarding drug testing and the matrix. Weil felt strongly that the Vet Drug Committee needs latitude on penalties and the ability to look at each case separately. He also felt that a serious offense should be disqualified and tested at one or more rides later in the year, at the rider's expense.

Walls read previously proposed rule change regarding penalties.

Motion by Swiss, seconded by Weil, to thank the ad hoc Drug Penalty Committee for their work, and that their recommendations were taken under advisement, but not accepted. And to take previously proposed wording on penalties to the membership with other rule change proposals. Motion Approved. Wolgram abstained. Weil would like to see the Drug Committee have the latitude to deal with positive drug tests without including the Protest Committee if Drug Committee feels it is not necessary to do so. BOD reiterated that discretion is sometimes needed in drug penalties.

TRAIL ADVOCACY & GRANTS -- Report Filed by Erin Glassman. Wolgram presented a trail grant application for a portion of the Colorado Trail **Motion by Swiss, seconded by Ferris, to approve the trail grant request for \$500. Motion approved.**

EDUCATION -- Jamie Dieterich will edit the old *Basic Guide to CTR* and post on the website.

NBOD Meeting Minutes, *Continued*

February 10, 2011 Nashville, TN

JUDGES -- M. Peralez/P. Conner. Received horsemanship judge application from Jerry Sims. Phoebe Smith, DVM, is a new apprentice vet. Kate Jacobs, DVM, has applied to be a Vet Judge Apprentice. Natalie Goldberger, DVM, is Vet Judge Apprentice, and Boyd Emond, DVM, is Vet Judge Provisional.

HALL OF FAME -- Jackie Coleman No report.

STUDENT LOAN/SCHOLARSHIPS -- Christine Abbott. One application for the Bev Tibbitts Scholarship received from Jennifer Maddox. Scholarship can be no more than the amount of interest earned by the Scholarship/Student Loan account. **Motion by Abbott, seconded by Swiss, to award \$100 to Jennifer Maddox as a scholarship. Motion approved.**

FOUNDATION No report. Meeting will be held immediately after this meeting.

BREED & ORGANIZATION LIAISONS

AHA -- Bob Insko distributed report. He would like to see AHA Competitive and Endurance rides held separately. AHA has suggested that their championship CTR be rotated among CTR organizations. Local AHA rides only cost \$20 to sanction, but provide benefits to both management and riders.

BREED LIAISON -- Hope White No Report. Terry Silver has taken over the position.

HONORARY & APPRECIATION -- Christine Abbott no report.

ANNUAL POINTS/NATRC DATA -- Gloria Becker/Cheri Jeffcoat/Laurie DiNatale no reports.

NATIONAL RECOGNITION -- Becker/DiNatale/Abbott no report.

CONVENTION 2011 Region Five. Cowart. All plans are in place for convention.

CONVENTION 2012 Region Two will host in conjunction with AERC. AERC reports that they will be in Reno, March 8-11, 2012, at the Grand Sierra and will vote on Denver as a possible location for 2013 at their meeting in March.

RIDE SANCTION -- Patsy Conner delayed by weather. Swiss distributed and reviewed report. Dieterich -- Region 2 ride manager would like to put a ride on at a location in Region One. Regions One and Two propose that it be a combined R1& R2 ride and be considered an in-region ride for each so that neither has the advantage of an out-of-region ride. **Motion by Dieterich, seconded by Walls, to approve trial of Region One and Two combined ride, with it being considered an in-region ride for both. Motion approved.**

REGION REPORTS not given due to time.

ANNOUNCEMENT OF SHARED BOD AMOUNT: \$303.31.

Old Business:

1. Prohibited substance penalties. Covered earlier.

2. Vote on removal for cause of Kathy Morgan, ride manager of Quartz Creek Ride. Ride fees and scorecards were never submitted after 2010 ride. Certified letter sent to Kathy Morgan with no response. **Motion by Walls, seconded by Abbott, to remove Kathy Morgan for cause. Motion approved.**

Walls-some of the bylaws ballots have not arrived in the HoofPrint. Swiss suggested that the ballot be posted on the website for people who did not have a bylaws ballot in their HoofPrint.

NBOD Meeting Minutes, *Continued*

February 10, 2011 Nashville, TN

Old Business, continued:

Easycare would like to include NATRC in their hoof boot contest. NATRC will be eligible to be considered in their contest.

New Business:

1. Electronic meetings and location of July and November BOD meetings. Swiss felt that we need face to face meetings in 2011 and that we should experiment with electronic meetings for committees. **Motion by Wolgram, seconded by Weil, to reimburse DiNatale \$94 for the Go to Webinar program. Motion approved.**

Ferris -- Region One is not incorporated because they have always used the original NATRC EIN since the organization was formed in Region One. They need to decide if they want to incorporate or apply for 501(c) (3) status.

Motion by Walls, seconded by Abbott, to hold July and November BOD meetings in Denver, CO. Motion Approved.

Motion by Walls, seconded by Abbott, to adjourn. Motion Approved.

Sponsor Appreciation

The North American Trail Ride Conference appreciates and sends a big round of applause to its 2010 sponsors. We cannot be successful without you!

Action Rider Tack

Cameo Fencing

Chadbourne Farms

Chiggerville Farms

Distance Depot

Dixie Midnight Saddle Pads

Easycare

Equine Monitors

Gulf Coast 4-Star

Long Riders Gear

Renegade

Slypner Gear

Specialized Saddles

Tilt-Tie, LLC

Trailer Eyes

Trailwise Tack

Thank you for supporting NATRC!

2010 President's Cup

Prime Sensation WH ridden by Cheri Jeffcoat

Acceptance by Cheri Jeffcoat

Once upon a time, in a land far, far away, there lived, the ol' gal down by the highway, with the horses. Now, the ol' gal was a bit of a mystery, regarded as slightly eccentric and to travel extensively. Her residency was monitored by the appearance of a truck and horse trailer in the drive. To everyone's amazement, one year she was there for many months. Why? Well, her horse had surgery. Then, the horse was re-injured in the pasture.

The prognosis for this healthy horse was good to go EXCEPT that she would not stand up to the stress of Open. What a dilemma. What to do? After a year off, the thought of starting a new horse, maybe a 4-year-old horse, brought forth a spate of mental whining, groaning and sniveling. The ol' gal could not summon up any enthusiasm for starting over. Again?

Maybe it was time to stop competing, stop riding. After all, she wasn't getting any younger. However, one day in the throes of indecision, she made arrangements to go look and ride down at that place in Missouri with all them/th'ar RED HORSES. Also known as - "That Hinkebein's Place." Off she went. Upon arrival, horses were in line, ready to go. Mentally, she groaned. The first horse in line was a

stallion. Good gracious, she doesn't have a place to keep a stallion but she really wanted to ride him. Oh, my gosh! What a pleasure! But, knowing she couldn't have a stallion, over the next couple of days she rode many of the red horses, all the way down to really green 4-year-olds. Oh, no -- she really didn't want to go there.

Upon being asked, which horse did you like best -- she had to reply, the first red stallion but I know it is not possible. Good old Bill said "Well, he doesn't have to be a stallion!" Oh, Duh! An epiphany! Thank you to Bill and Jeannie Hinkebein for making it possible for Prime Sensation and me to partner.

Prime is a special horse. But, then all of the horses who have won major awards in NATRC are special. Many of them are represented here tonight. A few of the representatives are: Shirley Sobol, Mary Anna Woods, Charlie Crider, Lisa Brooks, Frank Keeran, Bill Hinkebein, Wayne Tolbert, James Keene, Paula Riley, Gary Clayton and that impish Rascal Hank who allows Jonni Jewell to tag along.

The horses are not special because of just one or two years but because of many years of service. I have ridden four other horses, all special. But what makes Prime special?

First, he brought the joy of riding and competing back into my life when I thought it was gone.

Second, in the six years he has been competed he has earned six National Championships, gaited more than 4,000 NATRC miles plus AERC miles, he has been in competition in 17 states, ranging from flat, sandy sea level trails to 14,000-foot mountains and has more than 45,000 miles in the trailer.

Third, he is a warrior. In 2010, we had a good year but not a stellar year. Why

do I say that? Prime soldiered on despite his rider. I know and understand that I am not as good a rider as I was 10 years ago. And, yet Prime forgives me those times when I am not quite at my best. He soldiers on. He soldiered on when I wanted to quit.

In fact, 2010 was a year of trials and tribulations. A year of great sorrow, a year for the affirmation of wonderful life lessons. A year where some wisdom was granted and perhaps a bit of grace.



I received a gift that we hear about in NATRC but do not always experience. It is the gift of the NATRC family. This year, the family surrounded me in many ways. For example:

Trish Cleveland is a rock in my life. She is always quietly there when I need her most. And yet, she is also capable of giving me a quick kick in the rear when needed.

Wayne and Ginny Tolbert, there with phone calls and the words of support when I needed them most.

Sara Baldwin, another one quietly there with the right words. And there in a moment of despair with a pat on the shoulder.

Laurie and Joe DiNatale, providing me a sanctuary of

quiet, serenity and a place to heal the soul.

Jonni Jewell who wouldn't let me quit. Who kept egging me on despite my desire to just stay home.

Region 5. I cannot tell you how much your support meant to me this year. I was touched by your kindness and compassion.

To all of you, thank you. Thank you for not allowing me to stop competing after the death of my son in May. Thank you for the poking, the prodding, the kicks and making me move forward. That is what the NATRC family is about.

For those of you, new to the sport. It has been a long and winding road with a trip of many years for me to stand here tonight. As the worst

rider to EVER start CTR in Region 6, it is through a miracle of time and a good horse that I stand here tonight. One thing I can say, for me, it has never been about an award or ribbon. It has been the search for excellence, cherishing the failures as they brought new knowledge, cheering for my fellow competitors, and most importantly it has never been about whether I

win or lose, it has always been about how I played the game. Did I play honestly, did I try and be a good sport, did I play with honor. Did I play without whining or grumbling?

I sincerely Hope that you newer competitors may someday stand here and are able to say: Yes, I played the game honorably and with joy.

President's Cup

Sponsor: President's Cup Blanket
Wayne and Ginny Tolbert

Sponsor: President's Cup Buckle
Jenny Smith

Sponsor: President's Cup Ribbon
Wayne and Ginny Tolbert

PRIME SENSATION WH -- Missouri Fox Trotter Ridden by Cheri Jeffcoat



Cheri Jeffcoat

Horse Hall of Fame

Charger's Rampage



**NATRC Horse Hall of Fame
Charger's Rampage
A Missouri Fox Trotter
Owned and ridden by Lisa Brooks, Region 5**



Acceptance Speech – as presented by Raymond Brooks.

We are here to honor the successful career of Charger's Rampage. What are the components of success? First is conformation – a well-balanced body, great feet, and just raw power. Second is the partnership between the horse and rider, the essence of NATRC. Third is the dedication and training – lots of long, slow, distance, always practicing obstacles. Fourth is patience. When something didn't seem right, Lisa would back off rather than push too soon. Fifth is consistency – consistency in training, consistency in trailering (which can be a huge stress as was pointed out today), consistency in feed, tack, and ride strategy. Sixth is a competitive spirit. I once challenged Lisa that she was too competitive. Her response "I am NOT competitive – I just like to win!" Charger had the drive and desire from the moment Lisa first rode him. From that mutual desire a winning combination was born.

On the road to success to win consecutive President's Cups, we often followed the tail lights of Shirley Sobel across this great country where we were warmly welcomed by other NATRC region members. The Region Five Front Pack, Shirley, Lisa, Gail (Milner) and Charlie (Crider) and Lisa's longtime riding partner, Ronal Williams, always stuck together and lead the rest of the open riders through miles and miles of friendly competition. Of course it seemed I was always riding dead last, bringing up the rear of the troops!

From 1992 – 2000, Lisa and Charger did 16 rides each year. Over that distance you learn a lot about your horse and yourself. Lisa always listened, observed and learned from others. We were both particularly interested in the "S.S.S" (Shirely Sobel Secrets). Lisa learned that great care yields a long term partner. Charger is 25 today, and just last weekend Lisa (on Charger) and I rode up to the top of a North Georgia mountain yielding a 360 degree view of forest and valley below. Life is good and all is well.

Tonight Charger takes his rightful place in NATRC history. Charger covered the distance. Charger was a consistent and impressive winner. Charger is still fit and sound. Like Elmer Bandit, he has stood the test of time and distance. Like Wing Tempo, he covered that distance in winning fashion.

Please welcome Charger's Rampage into the NATRC Horse Hall of Fame.

Charger's Rampage had 11,600 miles in competition in 16 years of service, completing 198 rides in 18 different states and Canada. He won 3 consecutive President's Cups, the Bev Tibbits Grand Champion Horse Award (ave = 99.44%), Jim Menefee Combined Horse and Horsemanship, 16 consecutive National Championships, 39 Sweepstakes, 57 first places, 134 3rd or better placings. He rode an estimated 150,000 trailer miles to and from NATRC competition. Charger's Rampage earned 875 Horse Hall of Fame Points; 400 are required.

Past Hall of Fame Winners

1986	Elmer Bandit	Half Arabian	Mary Anna Wood
1989	Casey	Grade	Beverly Tibbitts
1991	Barthart	Arabian	Betty Young
1993	Rebel's Raider	Half Arabian/Appy	Marilyn Hunter
1996	Hickory's Country Gold	Missouri Fox Trotter	Bill Hinkebein
2000	Mahra Khan	Half Arabian	Milne Parish
2002	Winchester Charm	Half Arabian	Lucy Hirsch
2004	Brown R Dawud	Arabian	Judy Wise Mason

2010 High Mileage Award Winners



Liz Kendell (left) was awarded the 6,000 Mile High Mileage Rider Medallion.

Debbie Jones (below, right) received the 6,000 Mile Horse Award.



Awards Night 2010



High-Mileage Rider Medallions -- 10,000 miles, Lucy Hirsch, Paula Riley, Debbie Jones (L-R).



High Average Horsemanship - Polly Bridges Memorial Award, James Keene, 99.8 percent.



Past President's Cup Winners, Mitch Burkdoll for Ken Burkdoll, Jonni Jewell, Gail Gouskos Kimery, Gary Clayton, Wayne Tolbert, Lisa Brooks, James Keene, Paula Riley, Bill Hinkebein (L-R), Shirley Sobel and Cheri Jeffcoat (seated).



Top left: High Point TWH, Courtney Woodall and Chris Coffey. Top right: Reg. 5 Novice Junior, first place, Emily Rand. Below: 1,000 Mile Horse Awards, Tommy Mitchell, Gary Clayton, Dolly Miller, Brandy Ferganchick, Elaine Swiss, Marty Findley, Judy Wise-Mason, Tamara Andre and Patti Dollarhide (L-R).



Awards Night 2010



Top left: 5,000 Mile Horse Award, Betty Wolgram and James Keene. Top right: Becky Rogers entertains the group. Below: 2010 Walk of Fame Honorees, group photo.





Top: Overall CP Horsemanship, Tamara Andre, first, Lori Rand, second, Christine Abbott, fifth and Kimberly Winterrowd, sixth (L-R). Below left: High Point Tennessee Walking Horse ROYAL SKY, accepted by rider Courtney Woodall. Below right: Horse Mileage Awards, Cheri Jeffcoat (Prime Sensation, 4,000) (L) and Jonni Jewell (Marquisesmischief, 2,000) (R).



2010 Horse Mileage Awards

1000-MILE HORSE AWARD

1000	RUSHCREEK MELADY	ar	Gary McCoy
1000	AMIRA	gr	Tracey Smith
1010	MIDNIGHT PAYMASTER'S IMAGE	tw	Sara Baldwin
1010	FLETCHER WILDFLOWER	morg	Martha Findley
1020	MPS PEPPODOCONITA	paint	Shari Parys
1040	PRAULINE SUGAR	mule	Sue Singletary
1060	SIR TIMOTHY GOLD	mft	Tamara Andre
1060	GULD RUSH	ar	Jill Talbot
1100	PATIENT LADDIE	ar	MaryJo Malone
1100	KAMIKO	gr	Ariel Thurman
1120	RED BIRD'S RANSOM W	mft	Gary Clayton
1180	CEDAR MESA RUSHAI	ar	Judy Wise Mason
1220	KING'S MOUNTAIN HALE BOP	mule	Patti Dollarhide
1220	FAWN CREEK THOR	norw fjord	Brandy Ferganchick
1260	LUCKY'S BLACK GOLD	mft	Matthew Hiskett
1270	TOUTE SHEIK	har	Elaine Swiss
1350	TAQUA CHANCE	gr	Dolly Miller
1440	CJ GARNET REFLECTION	morg	Tommy Mitchell

2000-MILE HORSE AWARD

2020	MY KNIGHTMARE	ar	Vickie White
2060	CITO MOCHA RATON	sp must	Trish Cleveland
2070	SKYA	ar	Christine Abbott
2150	THE TANKS A BLAZIN'	ap	Tina Clapper
2240	MARQUISESMISCHIEF	ar	Jonni Jewell
2510	ROCK'N E.Z. REY	mft	Jerry Sims

3000-MILE HORSE AWARD

3000	PX RUSTLIN' REDDY	ap	Christi Hudspeth
3040	CHARLIE'S PRINCE ANDREW	gr	William Goza

4000-MILE HORSE AWARD - BRONZE MEDALLION

4090	PRIME SENSATION	mft	Cheri Jeffcoat
4180	ROCKY TOP II	mft	Jim Ward
4290	TOUCH'S YELLER GOLD	mft	Gary Inman

5000-MILE HORSE AWARD

5200	SUMMER	gr	Betty Wolgram
5300	DIAMOND'S SASSY STOCKINGS	mft	James Keene

6000-MILE HORSE AWARD

6470	KHAPITAL	ar	Debbie Jones
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2010 Overall Open Horse

Heavyweight Bill Smith Memorial

Sponsor: Trophy and Ribbon: Jenny Smith
1st Place – Rump Rug by EasyCare, Inc.

1. DIAMOND'S SASSY STOCKINGS/mft...James Keene (AR-4)...137
2. MARQUISESMISCHIEF/ar.....Jonni Jewell (TX-4)...118
3. ROCK'N E.Z. REY/mft.....Jerry Sims (NM-3)...112
4. RED BIRD'S RANSOM W/mft.....Gary Clayton (AL-5)..100
5. AWESOME'S FIRE N ICE/har.....Ken Wolgram (CO-3)...98
5. TOUCH'S YELLER GOLD/mft.....Gary Inman (CO-3)...98
6. BUILDING A MYSTERY/hoa.....Victoria Lynn (TX-4)...96



James Keene

Lightweight

Sponsor: 1st Place – Rump Rug by Easycare, Inc.

1. PRIME SENSATION/mftCheri Jeffcoat (NE-6)180
2. FAWN CREEK THOR/nrwgnf (norw fjord).....Brandy Ferganchick (CO-3).....126
3. KING'S MOUNTAIN HALE BOP/mulePatti Dollarhide (KS-6)114
4. KHAPITAL/arDebbie Jones (GA-5).....98
4. TAQUA CHANCE/gr.....Dolly Miller (TX-4)98
5. CEDAR MESA RUSHAI/arJudy Wise Mason (CO-3).....96
6. CITO MOCHA RATON/sp mustTrish Cleveland (KS-6)94

Junior

Sponsor: 1st Place tie – Rump Rug by EasyCare, Inc.

1. RED/grAlexis Combs (CO-3).....28
1. KAMIKO/grAriel Thurman (CA-1).....28
2. SA NAJM LUCKY/arBrandon Van Dam (OK-4)20
3. LADY TIGERS HYSYN/ar-qtr-ap.....Haley Schlerf (CA-1)18

2010 Overall Open Horsemanship

All 1st Place – Rump Rug by EasyCare, Inc.

Heavyweight Bruce Becker Memorial; Sponsor:

1st Place Ribbon: Gloria and Richard Becker

1. JAMES KEENE (AR-4)138
2. JONNI JEWELL (TX-4).....110
3. GARY CLAYTON (AL-5).....109
4. KEN WOLGRAM (CO-3).....104
5. CHERI WESTMORELAND (NM-3).....102
6. VICTORIA LYNN (TX-4).....95

Lightweight

1. CHERI JEFFCOAT (NE-6)182
2. BRANDY FERGANCHICK (CO-3).....120
3. PATTI HICKS (TX-4).....104
4. TRISH CLEVELAND (KS-6).....94
4. DEBBIE JONES (GA-5)94
5. PATTI DOLLARHIDE (KS-6).....92
6. ROXANN LANE (CO-3)84

Junior

1. ALEXIS COMBS (CO-3).....26
2. HALEY SCHLERF (CA-1).....22
3. ARIEL THURMAN (CA-1).....20
3. BRANDON VAN DAM (OK-4)20

2010 High-Mileage Rider and Medallion Awards

*MEDALLIONS PRESENTED
MILEAGE CHEVRONS WILL BE MAILED DIRECTLY TO ALL THE
RECIPIENTS*

5000 MILES

5100ASHLEY DILLARD – CA Region 1

6000 MILES

6110.....ELIZABETH KENDALL – NE Region 6

6240.....KEN WOLGRAM – CO Region 3

8000 MILES

8240.. ANGIE MEROSHNEKOFF, CA - Region 1

10,000 MILES – GOLD MEDALLION

10090.....Paula Riley – TX Region 4

10130.....Lucy Hirsch – MO Region 6

10400.....Debbie Jones – GA Region 5

13,000 MILES

13,010..Larry Gould, TX - Reg 4

21,000 MILES

21650...Mary Anna Wood – MO Region 6

2010 NATRC High Point Breed Awards Winners and Sponsors

Award

HIGH POINT AMERICAN INDIAN

HIGH POINT ARABIAN

HIGH POINT MISSOURI FOX TROTTERS

HP MFT Overall

HP MFT R1

HP MFT R3

HP MFT R4

HP MFT R5

HP MFT R6

HIGH POINT MULE

HIGH POINT NORWEGIAN FJORD

HIGH POINT PASO FINO

HIGH POINT ROCKY MOUNTAIN HORSE

HIGH POINT TENNESSEE WALKING HORSE

Sponsor and Recipient

American Indian Horse Registry
BUILDING A MYSTERY, Victoria Lynn

Arabian Horse Association
MARQUISEMISCHIEF “Hank,” Jonni Jewell

Arabian Horse Association
AWESOMES FIRE N ICE, Ken and Betty Wolgram

All sponsored by Missouri Fox Trotting Horse

PRIME SENSATION WH, Cheri Jeffcoat
TANGO SIERRA, Laura Harvey
ROCK’N E.Z., Jerry Sims
DIAMOND’S SASSY STOCKINGS, James Keene
RED BIRD’S RANSOM W, Gary Clayton
SIR TIMOTHY GOLD, Tamara Andre

American Donkey and Mule
KING’S MOUNTAIN HALE BOP, Patti Dollarhide

Norwegian Fjord Horse Registry
FAWN CREEK THOR, Brandy Ferganchick

Paso Fino Horse Association
EDUARDO EL NEGRITO KNIGHT, Dian Wingle

Rocky Mountain Horse
NATHAN ARIZONA, Beth Sims

Tennessee Walking Horse Association
ROYAL SKY, Courtney Keen Woodall

Christmas at the Ranch

12/4-5/10 Region Four/TX

A-O/N/CP Total Riders: 34

Chairpersons: Alanna Sommer, Liz Scott

Judges: Tamara Gull DVM, Kim Cowart

Novice Sweepstakes: Ringo-Backstreet Boy/Roberts, Linda-92

Open Sweepstakes: Marquisesmischief/Jewell, Jonni-90

Open Heavyweight

- 1/1 Marquisesmischief/Jewell, Jonni
- 2/2 Hurricane Bay/Liebman, Cara
- 3/3 First Rayt Investment/Gould, Larry
- 4/4 Amira/Smith, Tracey
- 5/5 Sundance Khid/Kearby, Kate
- P T O Red Fox/Cooper, Barbara

Open Lightweight

- 1/2 Prime Sensation WH/Jeffcoat, Cheri
- 2/3 Swiss Mocha/Riley, Paula
- 3/4 Rhythm n' Blues/Green, Jean
- 4/6 Taqua Chance/Miller, Dolly
- 5/1 RPH Queso/Hicks, Patti
- 6/5 Goldseekers Wish/Figg, Julie
- P Ojala/Edmondson, Cheryl

Novice Heavyweight

- 1/5 Northern Song/Nelis, Scott
- 2/2 One Bud Wisser/Frazier, William
- 3/3 Dakota 9/Watts, Veronica
- 4/4 Durango 3/Watts, Nancy
- 5/1 Titan/Crane, Amy

Novice Lightweight

- 1/5 Ringo- Backstreet Boy/Roberts, Linda
- 2/1 Cinnabaar/Muench, Fran
- 3/ Rock The Casbah/Johnson, Jonna
- 4/6 Dakotah Red/Rayburn, Laura
- 5/DO LRR Matt's Buck Ledoux/Drumm, Jenny
- 6/4 Band-Aid/McGibbon, MaryAshley
- /2 Docs Waywerd Beaver/Reinhardt, Kimberly
- /3 Jury/Black, Tracy

Novice Junior

- 1/3 Dreamboat Annie/Patton, Morgan
- 2/1 Amarillo Sky/Frazier, Ashley
- 3/2 Gorgeous Dixie/Steinke, Maggie
- 4/4 T-Bird/Rohlf, Luke
- P Red Chili Peppy/Hagler, Linda

Competitive Pleasure

- 1/1 Prauline Sugar/Singletary, Sue
- 2/3 He's Trouble Makin Buddy/Hapgood, Kris
- 3/2 FMK's Imperial Summer/Haley, Tamara

12/4/10 Region Four/TX

B-N Total Riders: 5

Chairpersons: Alanna Sommer, Liz Scott

Judges: Tamara Gull DVM, Kim Cowart

Novice Sweepstakes: Chinos de Tejas Emperador/Roland, Toni-94

Novice Heavyweight

- 1/1 Magic Golden Mister/Henry, Irene

Novice Lightweight

- 1/2 Chinos de Tejas Emperador/Roland, Toni
- 2/1 Reflections Angel/Hurd, Kelly
- 3/3 El Segundo de Tributo/Haile, Karen
- 4/4 El Supremo Tributo/Musgrave, Teresa

2010 R6 Team Award



R6 Novice Junior Mandy Welch, first place.

2010 National Champions

REGION 1 NONE

REGION 2 NONE

REGION 3

ROCK'N E.Z. REY	Missouri Fox Trotter.....	Jerry Sims
TOUCH'S YELLER GOLD	Missouri Fox Trotter	Gary Inman
AWESOMES FIRE N ICE	Half Arabian	Ken Wolgram
CEDAR MESA RUSHAI.....	Arabian	Judy Wise Mason
FAWN CREEK THOR	Norw Fjord	Brandy Ferganchick

REGION 4

MARQUISESMISCHIEF "HANK"	Arabian.....	Jonni Jewell
DIAMOND'S SASSY STOCKINGS	Missouri Fox Trotter.....	James Keene
SWISS MOCHA	Grade.....	Paula Riley
RPH GO SPECIAL STAR.....	Paint	Patti Hicks
TAQUA CHANCE.....	Grade	Dolly Miller

REGION 5

WINDSTORM SIENNA	Morgan	Wayne Tolbert
KHAPITAL	Arabian	Debbie Jones
CJ GARNET REFLECTION	Morgan.....	Tommy Mitchell
SUSIE'S STARDUST	Missouri Fox Trotter.....	Tammy Lineback
RED BIRD'S RANSOM W	Missouri Fox Trotter.....	Gary Clayton

REGION 6

PRIME SENSATION WH	Missouri Fox Trotter.....	Cheri Jeffcoat
KING'S MOUNTAIN HALE BOP	Mule.....	Patti Dollarhide
CITO MOCHA RATON	Spanish Mustang.....	Trish Cleveland
COUNTRY'S TOUCH WH.....	Missouri Fox Trotter.....	William Hinkebein

Awards Night!

National Champions

Top right: Region 5, Gary Clayton, Wayne Tolbert, Debbie Jones, Tommy Mitchell and Tammy Lineback (L-R). Middle left: Region 3 Judy Wise-Mason and Brandy Ferganchick (L-R). Middle right: Region 4, Dolly Miller, Patti Hicks, Paula Riley, James Keene and Jonni Jewell (L-R). Lower right: Region 6, Bill Hinkebein, Patti Dollarhide and Cheri Jeffcoat (L-R).



Judges Appreciation

All NATRC judges are greatly appreciated for their hard work. The following judges are acknowledged for judging the most rides during 2010:

Veterinary judge -- Jerry Weil, DVM

Horsemanship judges -- Karel Waugh and Shirley Parker

Thank you!



Region 1 Team Awards

Sponsors: Jim Ferris and Sue Flagg

Region 1 – Novice Heavyweight

1. TANGO SIERRA/mft	Laura Harvey	61
2. FAMES BAYDAL BL/ar	Gary Fitts	43
3. GARNET/gr	Daniel Kirchgasser	36
4. LAARKIN/ar	Tammy Brown	32
5. VALENTYNE/gr	Kyle Jones.....	24

Region 1 – Novice Lightweight

1. SIERRA SUNSHINE/ar	Donna Stidolph.....	36
2. HELVETIAS PRINCE/Qpony	Cliveden Hass.....	21

Region 1 -- Novice Junior

1. MY GAL SAL/must.....	Karlie Johnson.....	32
2. CHI/gr	Kaysha Isgrigg.....	22

Region 1 - Competitive Pleasure

1. OM EL SHAKEEB DREAM/ar	Joe Dillard.....	97
2. VIRGA BL/ar	Ashley Dillard.....	73
3. BELLINZONA GOLD/saa	Deborah Coe.....	57
4. RAFELMO BEY/ar	Kris Skoog.....	54
5. ROYAL PRANCER/pf.....	Joe Pimental.....	29

Region 1 – Open Heavyweight

No Region 1 Open Heavyweight qualified

Region 1 – Open Lightweight

1. DESERT REINBEAU/must	Angie Meroshnekoff.....	65
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Region 1 – Open Junior

1. KAMIKO/gr	Ariel Thurman	48
2. LADY TIGERS HYSYN/ap-qtr-ap	Haley Schlerf.....	40

Region 1 News

2010 APPRECIATION

Thanks to Carol Ormond, DVM!

Carol Ormond grew up in the Oakland Hills, went to law school, and started riding NATRC rides after she started practicing law. She finally realized she was tired of wearing a skirt and heels and heeded the call to be a veterinarian. After getting a DVM and doing an internship at the University of Minnesota, she went back to Oakland where she has a solo ambulatory equine practice.

Carol has been an outstanding NATRC veterinary judge for several years. She loves to chat with the riders – usually focusing on some educational aspect. She has donated much of her time and expenses to judge the R1 Benefit Rides in “her back yard.” Carol knows the trails, and drives herself (and fully equipped truck) plus her secretary to judging sites. She gave a presentation on neglected horses at our R1 mini-convention two years ago, again donating her time. She takes time to contribute input into important R1 matters.

Carol is truly dedicated to the welfare of the horse and to NATRC. She is an asset to the whole organization. Region 1 is proud to recognize her at the national level.

In Remembrance

Memories of Jim Steere, DVM

Dr. James Henry Steere of Petaluma, CA, died Aug. 3, 2010 at the age of 85.

Dr. Steere practiced veterinary medicine for more than 50 years. A dedicated advocate for horse welfare, Dr. Steere remained active as an equestrian well into his 80s, having completed the 19-mile Ride & Tie Championship Course, a grueling long-distance relay, with his son Thom in June. A passionate participant in the sport of long-distance endurance riding, Dr. Steere became the oldest man on record to complete the 100-mile Tevis Cup in 2005.

Dr. Steere judged many early NATRC rides.



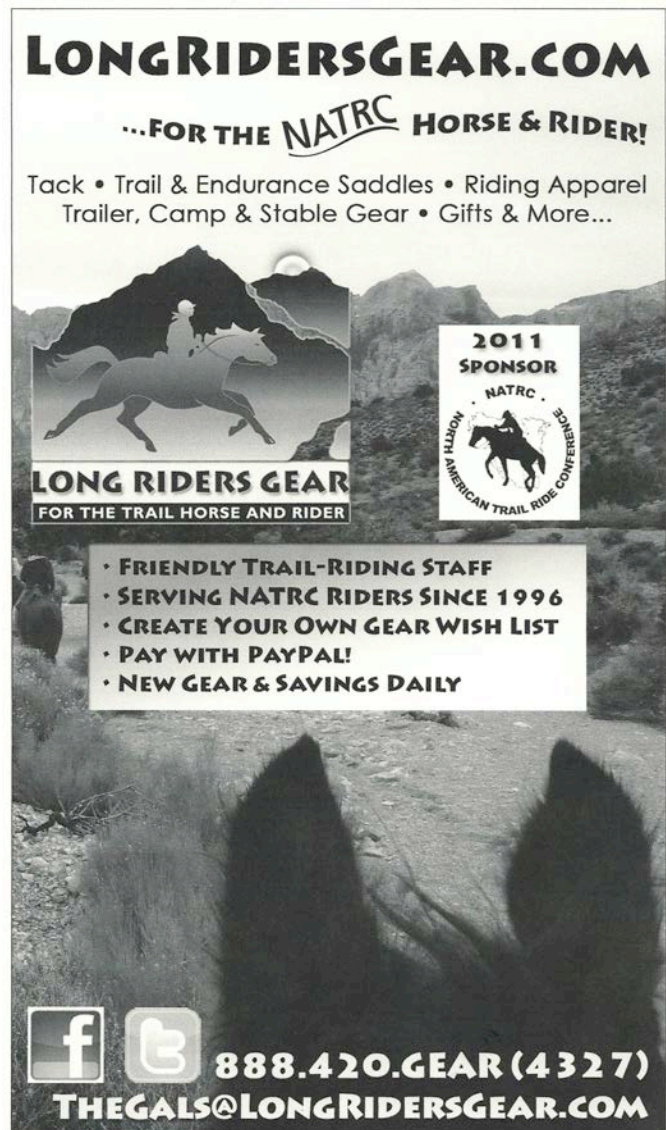
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Region 1A Team Awards

Sponsor: Laurie Knuutila

Region 1A – Novice Division

1. ALASKA'S IKE/kym.....Bill Sullivan.....17
2. MANADIS/icl.....Cindy Miller4

Region 1A - Competitive Pleasure

1. HUNAR/iclVickie Talbot14
2. SAM/gr.....Keith Benti8

Region 1A – Open

1. BRISCO/gr.....Brandy Stevenson.....30
2. INDY'S MIDNIGHT SUN/harAngela Hoffman24
2. GYPSYgrKelly Stevenson24
3. MONET'S IMAGE/kymDeb Moore18
4. LUNA/grKaylee Mahler14
5. KRICKET/gr.....Kristin Wilson10

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Region 2 Team Awards

Sponsor: Lory Walls

Region 2 – Novice Heavyweight

1. PRIDE'S COLLEGE BOY/tw.....Sherrie Bray.....46
2. WILSON/gr.....Cindy Gore26

Region 2 – Novice Lightweight

No Region 2 Novice Lightweight qualified

Region 2 – Novice Junior

No Region 2 Junior qualified

Region 2 – Competitive Pleasure

1. KENYA RIVERLEE/ssh.....Lynda Sterns60
2. PEPPYS SPICE GIRL/qtrKellie Dudek.....20

Region 2 – Open Heavyweight

No Region 2 Open Heavyweight qualified

Region 2 – Open Lightweight

1. PATIENT LADDIE/ar.....MaryJo Malone.....60

Region 2 – Open Junior

No Region 2 Open Junior qualified



*Sue Brezina,
R2 Appreciation.*



*Lynda Sterns, R2 Competitive Pleasure --
First Place.*

Region 2 News

In Remembrance

Memories of Henry Logan, 1924-2010

Submitted by Sylvia Beverly

It's hard to do justice to Henry but he very certainly deserves recognition for all he has done for NATRC and the sport of distance riding in general.

Henry entered NATRC and then AERC "late" in life but somehow, Henry didn't get the memo about what constituted "old" and he jumped in with both feet and his entire heart with his partner and best friend, Helen. Helen had never ridden a horse before she met Henry but he got her started, and she quickly caught on and became an excellent horsewoman. Between the two of them, they would end up earning 18 Tevis buckles and many major awards from NATRC.

In addition to being an avid competitor, Henry also represented NATRC for many years as co-legal counsel. This was especially important during a lawsuit that covered many years during the early 90s. He devoted untold hours to the case and some say helped to "save" NATRC. Most people never knew the hours and hours that he devoted. Like most of his accomplishments, he never asked for or expected public recognition. He just knew it was a job that needed doing and so he did it. He also helped establish a foundation that preserved a large section of trails near Georgetown (near the Tevis trail).

I was so lucky to be able to share many miles with Henry. We had road trips where the motor home broke down roughly every 50 miles (I thought we'd never get home from Texas after the Championship Challenge). But even when we were sitting on the side of I-10 with two truck drivers fighting over who got to tow us, we had fun.

I was blessed to have Henry "crew" (well he directed the crew) Tevis for Helen and me and then just for me after Helen passed. When we were competing together, Henry and I were well known in Region 2 for being the most frequent recipients of the "Seeing Eye Crop" -- as you can guess we got lost QUITE OFTEN! I remember one ride where we came into the P&R from the wrong direction and the P&R workers were horrified. Henry waved them off and said that we did it on purpose because we were training for the Tevis and needed the conditioning miles. I think we did an extra 10 miles that day. We blasted back around and came into the P&R from the CORRECT direction barely on

time. Henry loved that ride because for once I didn't whine about how fast he wanted to gallop his horse.

Henry seemed to draw people to him easily and they were instantly charmed by him and wanted to know more about this very charismatic, intelligent and funny person. He never took any of his friends as a given. He loved us and we knew it.

I can hear his gravelly voice (he was shot in the throat in WW2) right now telling me to "keep your heels down, kid." NATRC has lost a rare and special person; we all have.

2010 Appreciations

Thanks to Jeanette Woempner of the Pima Medical Institute

Region 2 would like to express its appreciation to Jeanette Woempner, RVT Vet Tech Director, Pima Medical Institute in Chula Vista, CA, and her students. Over the last two years Jeanette's students volunteered at six of the rides in Region 2, taking pulse and respiration rates at P & Rs. While there were different students coming and helping at the rides, several of the students, now trained, routinely return to help at rides. The excellent participation will continue as new classes form each year.

Thank you, Jeanette, for coordinating the P&R volunteers for our rides!

Thanks to Sue Brezina

Sue rode her first NATRC ride -- the literally freezing Hesperia ride -- about 30 years ago and has never stopped riding and working for Region 2. She co-chaired countless rides with her husband, Ray, and is the greatest ambassador for us -- talking about NATRC to riders she meets on the trails and giving them NATRC flyers and brochures to spark their interest.

Her latest endeavor is to seek out good places to ride (quite a task in Southern California) and arrange monthly "conditioning rides" for members and their friends -- and anyone else she can get interested in NATRC, of course.

She is our quiet, unassuming and unsung worker, but whether she likes it or not, we want to show her how very much we appreciate her. Thank you Sue!

Region 3 Team Awards

Sponsors: Jenny Smith, Judy Wise Mason, Linell Miler-Inman, Gary Inman

Region 3 – Novice Heavyweight

1. JOR PICASSO/pp.....	Wava O'Brien	168
2. ESA PRO TEMP/ar	Alden Chamberlain	134
3. GOLDEN AMBITION/gr.....	Kenneth Bingham.....	74
4. BAILEY'S ANGEL BABY/mft	Edward Westmoreland.....	68
5. LITE FOOT SLOW POKE/har	Leona Arnett	64
5. MAY DAY PARADE/tw	Dawn Reeder	64
6. LEFTY/must	Jan Guthrie	56

Region 3 – Novice Lightweight

1. SIXES PEPPY LADY/paint	Juleen Feazell	170
2. NOT A CHANCE/curly	Kirt Vanpoolen	140
3. WINNIE/gr	Dianna Thearin	80
4. CHAMPAGNE/gr	Jennifer Poulton	62
5. HAWK/gr	Amy Miller	44

Region 3 – Novice Junior

1. HANK/har	Morgan Winter	66
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Region 3 – Competitive Pleasure

1. SUMMER/gr.....	Betty Wolgram.....	180
2. MAGICAL SERENADE/har	Sherri Halligan	124
3. EDUARDO EL NIGRITO KNIGHT/pf	Diane Wingle.....	92
4. BABY DOLL'S SPOTTED MAN/tw	Linell Miller-Inman	82
5. NATHAN ARIZONA/rkym.....	Beth Sims.....	80
6. RMR NAHR AMIR/ar	Carolynn Andersen	74

Region 3 – Open Heavyweight

1. AWESOME'S FIRE N ICE/har	Ken Wolgram	202
2. ROCK'N E.Z. REY/mft	Jerry Sims	200
3. TOUCH'S YELLER GOLD/mft	Gary Inman	182
4. DEE BAR/mule	Cheryl Westmoreland	180
5. PEANUT/gr	Matt Baker	84
6. ROCKY TOP II/mft	Jim Ward.....	80

Region 3 – Open Lightweight

1. FAWN CREEK THOR/nrwgnf.....	Brandy Ferganchick	246
2. PHANTOMS MASQUERADE/gr	Roxann Lane.....	162
3. CEDAR MESA RUSHAI/ar	Judy Wise Mason	158
4. GE SPARTAN/gr	Cheryl Jarrett	112
5. FRANK'S PROUD PRINCE/mft	Lin Ward	66
6. MACK ARTHUR(Scout)/tw.....	Jody Carman.....	58

Region 3 – Open Junior

1. RED/gr.....	Alexis Combs	54
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Region 3 News

2010 Appreciations Thanks to Bill and Diane Wingle

NATRC is very proud to recognize Bill and Diane Wingle, Region 3, for their many contributions and volunteer efforts. Diane was elected to the Region 3 Board in 2010 and has been a very active board member. She served on sub-committees to develop criteria for advancing startup funds to rides and to develop a new award for 2010, the Region 3 Competitive Pleasure Champion Horse Award. She is the editor of the ride book, is ride coordinator, and has prepared the ballots for Region 3 election of directors for the past two years.

Diane either rode or volunteered at every Region 3 ride but one this year as did Bill. Bill and Diane prepared a promotional picture board for the NATRC/Region 3 booth at the 2010 Denver horse expo, and Bill designed business cards which are available to all our Region 3 members to use to promote our sport.

Bill takes photos at all our rides and shares them free of charge and also posts GPS tracks of the rides. Bill and Diane both volunteered for the Region 3 Greenland Clinic as both demonstrators and safety riders. To say we appreciate Bill and Diane is an understatement. We are so lucky in Region 3 to have so many dedicated members like Bill and Diane who volunteer their time in addition to competing.

Thank you, Bill and Diane, for all you have done and continue to do for Region 3!

Thanks to Maarten VanPoolen

Maarten became involved with NATRC while supporting his wife and children at Region 3 rides and soon became very involved in the works, and work of our CTRs.

Maarten makes friends quickly; everyone knows this wonderful man. He will load the P&R cooler, help get lunch, fill the horse water, do the morning breakfast dishes, and put up the food, all while smiling and telling tales -- making you laugh until your stomach hurts. Never stopping,

he always lends a hand to a worker, rider or management to keep our rides running smoothly and on time.

Maarten never stops and never tires from all the duties that he helps with, and he still continues to keep the laughter and camaraderie going that we all love to be around. Truck broke down, Maarten will fix it. Go get a pulled rider and horse, Maarten is on it. Need a bottle of water? Maarten gets it for you.

Region 3 is proud to have Maarten Van Poolen as a member. Always a kind word, a positive attitude, and always a story to make us laugh. Maarten deserves our highest respect and recognition for all he does for us not only as individuals, but also for our Region.

We thank you Maarten.

Betty Wolgram Wins R3 CP, Receives National Appreciation



Betty Wolgram

Region 3 News, *Continued*

2010 Appreciations, cont.

Thanks to Chuck Smith

As a young boy Chuck began riding NATRC with his family and became very active in not only riding, but also in helping make awards, marking trail, cooking, and even putting on a NATRC ride before the age of 15. Now as an adult Chuck has taken on an even bigger role of being an active part of the leadership of Region 3.



Chuck joined the Region 3 BOD in 2009 and immediately became its treasurer with his experience with numbers and accounting. Chuck hosted the Region 3 Convention this year making a very nice contribution to the Region 3 budget with the auction and attendance.

Chuck hosted the first Region 3 ride this year, was the ride Secretary for a ride, and also gave of his time to be a secretary for the vet judge at another ride, all while attending college full time. Chuck donated his time, homemade prizes, and his skills as secretary for the Region 3 benefit ride. After a region 3 National Board of Director had to resign her position, Chuck again eagerly stepped up to the table and said he would be on the National BOD.

Chuck has always believed that, and feels he is a much better adult for being involved in a family of wonderful friends and competitors. Region 3 is proud to say Chuck Smith is on the side of making a difference in NATRC.

2010 Remembrance In Memory of Karen Belcheff

Karen Belcheff started riding in the NATRC Region III competitive rides in 2003. Her competitive spirit was

reflected in her desire to learn and grow in our sport. Karen started out in Novice, but quickly excelled and moved into the Competitive Pleasure class. Her mare, Quierro, was a Paso Fino/Quarter Horse mix, and together they won numerous awards. Karen was fun to ride with and she was always kind and gracious. She loved her horses and the competitiveness of NATRC and they were the joy in her life, next to her granddaughter! Karen made many friends at NATRC and she looked forward to each ride to spend time riding with them again. At first, her husband Larry would often accompany her and help with the P&R crew. Later on, Larry got his own horse and would ride with her at the rides. Their last competitive ride together was in August of 2007. In January 2008, Karen was diagnosed with ALS, also known as Lou Gehrig's disease. She put up a valiant fight. She asked Larry to build a ramp that she could stand on in order to mount her horse when she could no longer mount from the ground. Our friend Karen lost her battle to ALS on March 7, 2010. She was a good competitor and friend, and we miss her.

2010 Award Winner



Alexis Combs, Region 3, first place Open Junior.

Region 4 Team Awards

Sponsor: Jonni Jewel

Region 4 – Novice Heavyweight

1. CBS MISS V/paint	Annette Thurlow	188
2. CIMMETRY/ar	Mary Collins	179
3. TOMACHICHI'S LITTLE FEATHER/swsp must	Patty Lampley	127
4. TIMBER GHOST/hoa	Vickie Ives	122
5. GEORGIE JET REALE/paint	Kimberly Reinhardt	110
6. JACK'S BLACK THUNDER/tw	Jill Hughes	79

Region 4 – Novice Lightweight

1. HURRICANE BAY/ar	Cara Liebman	232
2. HE'S TROUBLE MAKIN BUDDY/gr	Kris Hapgood	160
3. GAITOR/ssh	Cynthia Kelsch	114
4. KOWETA CALL ME LEXXIE/har	Amy Crane	60
5. CINNABAAR/ar	Fran Muench	55

Region 4 – Novice Junior

1. AMARILLO SKY/must	Ashley Frazier	129
2. DREAMBOAT ANNIE/gr	Morgan Patton	66
3. COWBOY ANGEL/gr	Zoe Hill	65
4. X-FILES/gr	Remington Hill	53
5. FRECKLES/gr	Kaitlyn Lampley	44

Region 4 – Competitive Pleasure

1. ROWDY/gr	Kimberly Winterrowd	178
2. JEWELS PLAYBOY/paint	Leona Harris	134
2. THIEF OF HEARTS/hoa	Becky Rogers	134
3. JOESIE SKIPPA ZAN/qtr	Layne Lampley	99
4. MIDNIGHT BAY DBA/ar	Carla Jo Bass	98
5. RHYTHM N' BLUES/gr	Jean Green	78
6. AL SAHAM NAJIY/ar	Desira Byrd	68

Region 4 – Open Heavyweight

1. DIAMOND'S SASSY STOCKINGS/mft	James Keene	223
2. MARQUISESMISCHIEF/ar	Jonni Jewell	210
3. BUILDING A MYSTERY/hoa	Victoria Lynn	183
4. FIRST RAYT INVESTMENT/har	Larry Gould	164
5. MAGNETO/hoa	Jennifer Maddox	89
6. TRIBUTE TO LIBERTY/gr	Alice Yovich	80

Region 4 – Open Lightweight

1. TAQUA CHANCE/gr	Dolly Miller	180
2. RPH GO SPECIAL STAR/apha	Patti Hicks	175
3. TOUTE SHEIK/har	Elaine Swiss	145
4. RAMBLER/sp must	Jenna Galliher	134
5. KCK APRIL WINE/ar	Brenda Wyant	78
6. OJALA/har	Cheryl Edmondson	74

Region 4 – Open Junior

1. SA NAJM LUCKY/ar	Brandon Van Dam	40
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Region 4 News

2010 Appreciations

Thanks to Linda Courts

Region 4 recognizes Linda Courts, and proudly so, as Linda was instrumental in the formation of the region 34 years ago. Linda was introduced to NATRC in 1975 when she attended two Oklahoma rides. She was hooked.

The next year, 1976, the birth of NATRC in Texas took place in Linda's living room when she and other like-minded riders formed the North Texas Trail Riders. The club was instrumental in getting Texas public land approved for equine trail riding. When the club started, there were only two parks in the state that allowed horseback riding, Big Bend and one in El Paso. At their own expense, NTTR members attended land management meetings throughout the state lobbying for trails. Early successes included LBJ Copper Breaks. Many more followed. Trail riders owe much to those early Texas NTTR members for horse trails.

Linda has been an active competitor, ride manager, ride secretary, trail master, safety rider, P&R volunteer and provisional horsemanship judge. Among her many NATRC accomplishments are seven horse National Championships and two Horsemanship Championships, two reserves to the Presidents Cup, one Bev Tibbitts Grand Champion award, numerous regional championships and placings, more than 7,000 competition miles and rode "Hollywood" to R4s Safety Horse of Year.

Thanks to Linda Reuland

Linda Reuland has been involved with NATRC and Region 4 since 1980. She has been a committed advocate for CTRs! Linda has worked in nearly every position there is at a CTR over the years from ride manager, judge secretary and trail master to simply a P&R worker. She's also served as a Region 4 BOD member. We see her most frequently working as the P&R chairman when she's not competing. She is a fabulous P&R chairman as she always develops a well-trained and responsible P&R crew while making sure that they all have fun and keep people's interest in the sport!

For the past nine years Linda has been the Region 4 worker hours and worker awards chairman. This is an incredible amount of work as she gathers worker information from every ride in the Region. Appreciating the workers that are so critical to the success of CTRs is something Linda feels strongly about. Linda is one of those workers who provides much of her behind the scene support for NATRC/Region 4. NATRC success depends on workers as diligent, responsible and enthusiastic as Linda.

Thanks to Barbara Gould

A quiet unassuming lady, one would never guess she has 5,150 rider miles and National Championships on several horses beginning in 1980. Along with her riding, Barbara was secretary of the Woodfire CTR's at Josephine Davidson foundation for several years. Together with husband, Larry, they raised their family in NATRC and opened their home to foster kids, hauling them to rides and mounting them on their horses. Barbara is a charter member of the Horsemaster's club and co-manager of Horsemaster's CTR which benefits Windridge Therapeutic Riding Center. She has spent many hours creating, maintaining and marking trails for this and other rides. For the past few seasons she has been safety chairman and rider at many competitions, lending her experience to keep riders safe and on trail. Barbara works in the special education department at a local school. With tears in her eyes she recently told about one of her student's opportunity to ride at Windridge. Her dedication and enthusiasm for helping people continually spills over as she works behind the scenes to make rides happen.

Region IV is honored to show their appreciation to Barbara Gould for all she has done throughout the years.



R4 OLWT, Dolly Miller - first, Patti Hicks - second, and Elaine Swiss - third.

High Point 4H Horse and Horsemanship

Sponsor: Shari Parys

AMARILLO SKY and Ashley Frazier
Region 4

Region 5 Team Awards

Sponsors: Wayne and Ginny Tolbert, Nancy and Bill Sluys

Region 5 – Novice Heavyweight

1. ROYAL SKY/tw.....	Courtney Woodall.....	102
2. ROYAL SERENDIPITY/ar	Terry Silver	84
3. BEN/gr	Keri Riddick	80
4. JAZZ/gr.....	Amy Koonin	44
4. TRAVELLER/gr	Tony Reeves.....	44
5. MAHZOUZ/gr	Linda Corwin	41
6. MAARSADDA/ar	Laurie Wood	33

Region 5 – Novice Lightweight

1. ROXY ASH MORO/morg	Anne Perrin.....	60
2. HIPS/gr.....	Shannon Labrusciano	47
3. SUNNY GEORGIA/tw	Patty Lucas	41
3. TATOO/mft	Elaine Beiersdoerfer	41
4. FANCI'S SHARZAM/ar	Susan Kingshill.....	30

Region 5 – Novice Junior

1. THAT'S MY GEORGE/gr.....	Emily Rand.....	99
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Region 5 – Competitive Pleasure

1. MY NOBLE AMBITION/ssh.....	Lori Rand.....	124
2. NAKOTA BEY/ar	Marlene Buttrey	84
3. DELIGHT'S AMBER BEAUTY/tw.....	Cindy Keen.....	82
4. JAKE 4/gr	Elsa VanEysbergen	72
5. FEATHER'S JUMPIN' JACK/mft	Barbara Robertson	66
6. EB'S DONE DEAL/tw.....	Karen Curtis.....	62

Region 5 – Open Heavyweight

1. RED BIRD'S RANSOM W/mft.....	Gary Clayton	189
2. WINDSTORM SIENNA/morg.....	Wayne Tolbert	186
3. CJ GARNET REFLECTION/morg.....	Tommy Mitchell	156
4. SUSIE'S STARDUST/mft	Tammy Lineback	110

Region 5 – Open Lightweight

1. KHAPITAL/ar.....	Debbie Jones.....	192
2. JUST A LITTLE MORE/ar.....	Lori Lee Williams.....	140
3. TOMMYS IMPRESSIVE ACE/ap	Regina Broughton.....	100
4. LOCO MOTION/gr	Sara Baldwin	62

Region 5 – Open Junior

No Region 5 Open Junior qualified

Region 6 Team Awards

Sponsors: Region 6 BOD, Trish Cleveland, Bill Hinkebein, Patti and Roger Dollarhide, Erin Glassman

Region 6 – Novice Heavyweight

1. MR. CHICO LINDO/gr	Yvonne Smith	166
2. LL REMINGTON/har-pinto	Marilyn Marston	134
3. DM'S EYE OF THE TIGER/mft	Noreen Altwegg	126
4. ANGEL'S RICOCHET SHOT/tw	Liz Klamm	80
5. SUN ROCK GLORY BLAZE/qtr	Alan Bouska	76
6. LOBO'S TRAVELIN MISS WENDY B/mft	Larry Kendall	66

Region 6 – Novice Lightweight

1. TWISTER'S IRISH LAD/paint	Stacie Louthan	160
------------------------------------	----------------------	-----

Region 6 – Novice Junior

1. STEPPIN'OUT ANNIE D/mft	Katlyn Kimmen	62
2. NEVADA'S REBEL/gr	Mandy Welch	36

Region 6 – Competitive Pleasure

1. SIR TIMOTHY GOLD/mft	Tamara Andre	188
2. GOLDEN MR JET CHARGE/qtr	Marla Stucky	102
3. BRANDY SIOUX ADDIS/har	Jackie Hathhorn	90
4. SMOKE-N-JAZ'S BIG MAN/mft	Kay Stich	88
5. SKYA/ar	Christine Abbott	80
6. COUNTRY STAR JET WH/mft	Donna Keller	72

Region 6 – Open Heavyweight

1. COUNTRYS TOUCH WH/mft	William Hinkebein	150
2. MY KNIGHTMARE/ar	Vickie White	104
3. THE TANKS A BLAZIN'/gr	Tina Clapper	84
4. SPOT ME WILD/gr	Karen Sylvara	40

Region 6 – Open Lightweight

1. KING'S MOUNTAIN HALE BOP/mule	Patti Dollarhide	154
2. CITO MOCHA RATON/sp must	Trish Cleveland	140
3. LUCKY'S BLACK GOLD/mft	Matthew Hiskett	82
4. PRIME SENSATION WH/mft	Cheri Jeffcoat	80
5. JAC NATALIE/har	Mary Anna Wood	66
6. DJ MAVERICK/mft	Patricia Lysinger	42

Region 6 – Open Junior

No Region 6 Open Junior qualified

Region 6 News

2010 Appreciations

Thanks to Virginia “Ginny” Peterson

Ginny Peterson, along with her late husband Gerald, were among the early members of NATRC when the Midwest was still a part of Region 4, and then charter members when Region 6 formed. They were also a part of the founding membership of the Eastern Kansas Arabian Horse Association (EKAHA).

The Peterson's owned and operated a very active Arabian breeding farm which at one time saw at least 10 of their stock competing in NATRC rides.

In 1980, EKAHA was approached to sponsor an NATRC ride. Within a few weeks, the ride had a name, EKAHA Hill & Dale, a location, ride manager and Ginny as Trail master -- a job she held for the next 27 years. In 2010, Hill & Dale celebrated its 30th anniversary (that's 30 consecutive years) and Ginny was very instrumental in the overall success Hill & Dale experienced for those many years.

The Petersons could also boast of having three generations in competition at one time as their son Joe, and his daughters Stephanie and Samantha were all competing together.

The timeless effort and dedication of the likes of a Ginny Peterson is the backbone of NATRC, and Region 6 is proud to acknowledge her contributions as well as a member.

Thanks to J.R. Kendall

There are very few people who can state that their involvement with the North American Trail Ride Conference spans over thirty years. And few people can claim that they have held elected positions on both a NATRC national and regional level and have volunteered to do almost every job required for a successful ride. Few people can come close to these accomplishments, except for J.R. Kendall, Region 6.

Recently, J.R. added to his long list of contributions by managing his 30th consecutive Hill & Dale CTR. Between those events he served Region 6 as president, vice president, secretary/treasurer and as a member of the board of directors. His generous mentoring and greatly appreciated guidance are a stable force in Region 6. His contributions are innumerable.

J.R. Kendall served as the NATRC national president in 1995 and 1996, and as a member of the national board of directors for many years in the early 1990s. In addition to his involvement in NATRC, he also reached out to his equine community by serving as a certified steward for the Arabian Horse Associate CTR division. He has guided the Eastern Kansas Arabian Horse Association (EKAHA) by serving as a board member and every elected officer position since the club's inception.

J.R. deserves recognition by the North American Trail Ride Conference for his past and present inspiration and dedication. Region 6 says thanks you to J.R.

Thanks to Virginia Prey

In my opinion, it usually takes several years of competition before someone is ready to become more involved with the region. This is the case with Virginia Prey. She has been competing 4+ years and recently graciously volunteered to be the region's newsletter editor. She has a great sense of humor which she applies to the newsletter and has done Region 6 a great service by taking on this job. She has received much praise from the membership. Region Six appreciates all the work Virginia has done and appreciates the quality of our newsletter.

Region 6 hopes Virginia continues to be the newsletter editor for a long time.



R6 Open, first place, Bill Hinkebein.

Overall Competitive Pleasure Horse and Horsemanship



Overall Open HWT Horse and Horsemanship Awards winners (L-R) James Keene, Jonni Jewell and Gary Clayton.

2010 Overall Competitive Pleasure Horse

1. SIR TIMOTHY GOLD/mft	Tamara Andre (KS-6)	98.612%
2. MY NOBLE AMBITION/ssh....	Lori Rand (GA-5).....	97.050%
3. MAGICAL SERENADE/har	Sherrri Halligan (CO-3).....	96.432%
4. ROWDY/gr.....	Kimberly Winterrowd (TX-4)	96.093%
5. TAKE-A-WALKALOOSA/ap ..	Lucie Hess (MO-6)	95.474%
6. SKYA/ar	Christine Abbott (KS-6)	95.076%

2010 Overall Competitive Pleasure Horsemanship

1. TAMARA ANDRE (KS-6)	98.546%
2. LORI RAND (GA-5).....	97.669%
3. SHERRI HALLIGAN (CO-3)	97.029%
4. LEONA HARRIS (OK-4)	96.952%
5. CHRISTINE ABBOTT (KS-6)	96.662%
6. KIMBERY WINTERROWD (TX-4)	96.047%

NATRC Junior Grand Champion Horse

1990	Friday's Applauz	Arabian	Jeanne Kelly
1991	Sadiki	Half Arabian	Heather Parson
1992	Shannon's Cameo	Half Arabian	Shannon Mitchell
1993	Saint Simon	Morgan	Holly Ward
1994	Cherokee's Pride	Appaloosa	Mica Hart
1996	Jazz	Grade	Klare Chapman
1997	Lucite	Grade	Janelle Meuten
1998	Avar Desert Storm	Arabian	Kalinda Renfro
1999	Heartlight Delila	Arabian	Sarah Neunzig
2000	MKS Fancy's Folly	Arabian	Kymberlie Shanor
2001	Cisco Kid	American Indian Horse	Carrie Porter
2002	Rita	Grade	Melinda Hirsch Sadler
2003	MKS Shamal Nejma	Arabian	Kymberlie Shanor
2004	Fortunataa	Arabian	Kymberlie Shanor
2006	TN Valley Hotrod	Appaloosa	Andrew Murray
2007	Rambler	Spanish Mustang	Jenna Galliher
2009	Kiva	Spanish Mustang	Layne Lampley
2010	None eligible		

NATRC Junior High Average Horsemanship

1990	Jeanne Kelly
1991	Heather Parson
1992	Shannon Mitchell
1993	Holly Ward
1994	Mica Hart
1995	Klare Chapman
1996	Klare Chapman
1997	Janelle Meuten
1998	Kara Galliher
1999	Paula Nelson
2000	Melinda Hirsch Sadler
2001	Carrie Porter
2002	Melinda Hirsch Sadler
2003	Kymberlie Shanor
2004	Kymberlie Shanor
2006	Andrew Murray
2007	Jenna Galliher
2008	Jennifer Maddox
2009	Layne Lampley
2010	None eligible

2010 National Appreciations

Betty Wolgram – Region 3

NATRC is proud to recognize Betty Wolgram for her dedication to NATRC, not only as a rider but as a mentor, teacher, organizer and supporter.

Within Region 3, Betty initiated an e-mail contact list to help riders stay in touch with NATRC. Betty has also spent hours e-mailing and talking to members new and old in regards to renewing their membership. At every ride, Betty has mentored new competitors and has done “ride-alongs” that helped many new competitors learn the ropes and have more fun with less stress.

Serving as President of Region 3 for the last two years, Betty has always given back to riders and management workers for a job well done. Betty recognizes not only the Region 3 board of directors for their effort but also recognizes all individuals who served as ride management for continuing to support the NATRC family.

Betty has spent countless hours helping committees get their goals accomplished. In 2010 Betty ran for the National Board of Directors for Region 3 and now holds that position. Betty takes her goals and objectives very seriously. NATRC and Region 3 are fortunate to have the dedication of Betty Wolgram. Her time, money, integrity and the can-do attitude are certainly appreciated. Betty never misses a goal she sets out to accomplish for NATRC. When Betty says she will take care of it, you can consider it done.

Sue Singletary – Region 4

It's not always clear which one you'll hear first, but you'll always know

when Sue Singletary and her mule arrive in camp because one of them will be braying. The always cheerful, always working, Sue is a rock in the foundation of Region 4.

Beginning her NATRC career in the '80s, Sue has performed every volunteer role available, including co-managing the successful Angelina Forest CTR for years with “truckin’ buddy” Shirley Parker. Sue has been P&R and Safety Chair, Rules Interpreter and traveling judge’s secretary for Judge Shirley in multiple regions. Sue and Shirley have established scholarships in Region 4, and Sue also presents the James Ray Singletary Memorial trophy in honor of her late husband who passed away at a NATRC ride nearly 20 years ago.

In recent years, Sue took on the responsibility of Ride Management System administrator for Region 4, training and assisting ride secretaries on RMS before, during, and after rides.

Laurie Knuutila – Region 1A

Competitive trail rides began in the Fairbanks, Alaska area in the 1970s because local trail riders wanted some way to measure the fitness of their horses, and the 4H club had insurance and could sponsor rides. These rides initially followed NATRC rules, and then gained sanction approval in the early 1980's.

NATRC rides in Alaska have not only continued but have thrived, thanks mainly to Laurie Knuutila. She started competing in the late '70s. By 1996 she realized she would have to manage rides herself if she wanted them to keep happening. She has been the



Laurie Knuutila

driving force behind the NATRC rides near Fairbanks ever since. Alaska now has rides in the Anchorage area, too, in alternate years. Besides managing rides, Laurie has loaned her own horses to junior riders, persisted until she got her own 750 mile chevron, attended National Conventions at her own expense, has ridden her own and other horses in R1 rides, worked to get volunteer recognition awards in Alaska, became the R1 newsletter editor Par Excellence, and has worked with National Board members for rule changes that would benefit Alaska riders.

Laurie Knuutila IS NATRC in Alaska. Her commitment and dedication are certainly deserving of National Appreciation. In addition, Sue coordinates and publishes the Region 4 Ride Book each year. It's hard to capture the energy, enthusiasm, and presence that Sue brings to a ride, but it certainly is worth braying about!

2010 Workers Hall of Fame

Cork Weir – Region 4

Cork Weir is a treasure to NATRC and Region 4. We call him family, as he is compassionate and helpful to all, but especially to first time competitors. Recently, looking unsure at time out Saturday morning, a first timer stood by Cork. He told her, "Follow the ribbons, and I'll see you back right here in 5-5 ½ hours; you'll be fine." When she returned, he was exactly in the same spot and seemed to be waiting just for her. He had a huge smile on his face, a sparkle in his eyes and said "I see you made it back. Did you have fun today?" His reassurance calmed her fears and welcomed her the NATRC way!

Besides being the Ride Timer, Cork is also the Region 4 proclaimed 'Jack of all Trades'. Without a doubt, we all believe that Cork can fix anything!

In spite of Cork Weir's physical limitations, he doesn't complain. His best interests lie in the riders and their well-being. Riders say that Cork's presence at the end of a ride is like the lighthouse beacon for a wayward ship. When we see Cork sitting in his lawn chair at the end of the ride, whether we're hot, tired, cold, or wet, we know we've arrived safely home at camp. We know we'll be welcomed to a wonderful smile from our very own Official Ride Timer for NATRC Region 4!

Florence Blanks – R6

Florence Blanks exemplifies what both competitors and workers should emulate at NATRC rides. He has been P&R chairman at every Region 6 ride this year. He first started volunteering with NATRC in 1988 and has stepped up to the plate many times. From general gofer, parking attendant, water tank hauler, Bar-B-Q chef, rules interpreter, ride manager, to his forte as P & R chair, you name it and he has done it.

Having Florence as P & R chair is a benefit to everyone. The ride manager knows they have a dependable responsible chair. The crew gets trained (and entertained) with incredible patience. His outstanding skill for training new volunteers is amazing to watch. By the time the riders appear at a P&R he has a knowledgeable, courteous, and cohesive group. He never gets upset, even in the most trying circumstance. Kids are welcomed to help at P&Rs and he

always has an important position for them. Many of these youthful volunteers have returned as competitors and Florence is again a friendly face. He is courteous and has a great sense of humor. The riders benefit from his professionalism and fairness. Florence likes to remind riders that are stressing out that they are there to have fun! Sometimes we all need to hear that. And he hands out candy! Florence has a positive can do attitude and has helped so many people.

Florence is a tremendous ambassador for NATRC. His smiling face, big hugs and wonderful attitude are what bring people back to our rides.



Florence Blanks

2010 Jim Menefree Honorary Lifetime Membership Award

Jim and Jan Jeffers – Region 1

Jan and Jim Jeffers were introduced to NATRC in 1972 at the Gilroy Hot Springs Ride. Two years later, Jan received her horsemanship judging card and Jim received his in 1976. They have managed numerous rides in region 1 and Jim did all of the cartooning for Hoof Print in the 70's and 80's. Both Jim and Jan have served on the NATRC National Board of Directors at various times over the years.

Strong promoters of NATRC, Jim and Jan have donated their time and energy for numerous NATRC events. Jan has manned the NATRC booth at several AERC Conventions and participated in numerous NATRC demonstrations at the Equine Expo in Sacramento. Through Pony Express Tack, the Jeffers have provided the Region 1 fundraiser t-shirts and sweatshirts, and have also obtained jackets and horse blankets and done the embroidery on them for Region 1 first place year-end awards and the NATRC National Championship blankets and coolers.

In addition to being NATRC horsemanship judges, Jan competes in NATRC rides as well as endurance rides, and both are now enjoying combined driving. Jan is a past Secretary of the American Endurance Ride Conference and currently serves on the Tevis Board. Both Jim and Jan have been and will continue to be excellent liaisons between competitive trail and endurance riders.

Jim and Jan Jeffers have made extraordinary contributions to NATRC and competitive distance riding for more than 30 years and are certainly deserving of this award.

Acceptance Speech Jan Jeffers

We would like to thank the Region I Board for nominating Jim and I for this prestigious award.

Jim and I were introduced to NATRC through a friend and attended the Gilroy Hot Springs ride in 1972 and were hooked. Over the years we have competed, volunteered and managed various NATRC rides. We have also served on the Regional and National Board of Directors for several terms. Our journey has been very rewarding and gratifying with the friendships we have made over the years.

We would like to thank NATRC for this award, it is the icing on the cake!



*Cheri Jeffcoat, Jim Menefree
Combined Horse and
Horsemanship award.*

NATRC 2010 Year-to-Year Income Statement

Elaine Swiss

				% Change
Ordinary Income/Expense				
Income				
40000 · Memberships--National	36,434.76	46,204.79	-9,770.03	-21.15%
40100 · Rides	20,393.00	24,086.71	-3,693.71	-15.34%
40295 · Raffles	2,210.19	0.00	2,210.19	100.00%
42000 · Product Sales	308.42	675.08	-366.66	-54.31%
43000 · Sponsorships	6,002.40	4,020.98	1,981.42	49.28%
44000 · Hoofprint Magazine	2,966.85	184.79	2,782.06	1,505.53%
45000 · Convention and Awards	6,147.06	6,813.50	-666.44	-9.78%
45500 · Judge Fee	15.00	15.00	0.00	0.00%
46000 · Trail Advocacy	3,256.31	87.00	3,169.31	3,642.89%
47000 · Donations	10,377.69	1,179.33	9,198.36	779.97%
48000 · Scholarships / Education	0.00	920.00	-920.00	-100.00%
49000 · Other Income	2,086.84	1,893.75	193.09	10.2%
49999 · Other Income Below Line	<u>1,809.37</u>	<u>8,662.36</u>	<u>-6,852.99</u>	<u>-79.11%</u>
Total Income	<u>92,007.89</u>	<u>94,743.29</u>	<u>-2,735.40</u>	<u>-2.89%</u>
Gross Profit	92,007.89	94,743.29	-2,735.40	-2.89%
Expense				
50000 · Member Dues to Regions	12,215.49	15,731.00	-3,515.51	-22.35%
51000 · Ride Costs	6,024.27	766.00	5,258.27	686.46%
52000 · Clinic Expenses	900.00	600.00	300.00	50.00%
53000 · Products	410.01	1,085.00	-674.99	-62.21%
54000 · Marketing	21,109.63	15,460.35	5,649.28	36.54%
55000 · Convention and Award Expenses	6,859.40	6,664.10	195.30	2.93%
56000 · Trail Advocacy Expenses	1,010.00	0.00	1,010.00	100.00%
57000 · Administrative	54,130.39	52,598.81	1,531.58	2.91%
58000 · Scholarships/Student Loans	4,000.00	5,000.00	-1,000.00	-20.00%
59000 · Other Expense	252.68	535.00	-282.32	-52.77%
59999 · Other Expense - Below Line	<u>300.00</u>	<u>300.00</u>	<u>0.00</u>	<u>0.00%</u>
Total Expense	<u>107,211.87</u>	<u>98,740.26</u>	<u>8,471.61</u>	<u>8.58%</u>
Net Ordinary Income	<u>-15,203.98</u>	<u>-3,996.97</u>	<u>-11,207.01</u>	<u>280.39%</u>
	<u>-15,203.98</u>	<u>-3,996.97</u>	<u>-11,207.01</u>	<u>280.39%</u>

NATRC 2010-11 Budget Income Statement

Elaine Swiss

	<u>Jan - Dec 10</u>	<u>2010 Budget</u>	<u>\$ Over Budget</u>	<u>Proposed Jan - Dec 11</u>
Ordinary Income/Expense				
Income				
40000 · Memberships--National	36,434.76	50,500.00	-14,065.24	38,400.00
40100 · Rides	20,393.00	26,400.00	-6,007.00	22,800.00
40295 · Raffles	2,210.19	0.00	2,210.19	3,000.00
42000 · Product Sales	308.42	1,500.00	-1,191.58	0.00
43000 · Sponsorships	6,002.40	10,000.00	-3,997.60	12,000.00
44000 · Hoofprint Magazine	2,966.85	250.00	2,716.85	780.00
45000 · Convention and Awards	6,147.06	4,200.00	1,947.06	6,000.00
45500 · Judge Fee	15.00	0.00	15.00	0.00
46000 · Trail Advocacy	3,256.31	3,500.00	-243.69	500.00
47000 · Donations	10,377.69	600.00	9,777.69	3,000.00
49000 · Other Income	2,086.84	350.00	1,736.84	1,900.00
49999 · Other Income Below Line	<u>1,809.37</u>	<u>7,200.00</u>	<u>-5,390.63</u>	<u>2,470.00</u>
Total Income	<u>92,007.89</u>	<u>104,500.00</u>	<u>-12,492.11</u>	<u>90,850.00</u>
Gross Profit	92,007.89	104,500.00	-12,492.11	90,850.00
Expense				
50000 · Member Dues to Regions	12,215.49	16,295.00	-4,079.51	12,000.00
51000 · Ride Costs	6,024.27	3,200.00	2,824.27	4,000.00
52000 · Clinic Expenses	900.00	600.00	300.00	600.00
53000 · Products	410.01	0.00	410.01	0.00
54000 · Marketing	21,109.63	22,965.00	-1,855.37	14,410.00
55000 · Convention and Award Expenses	6,859.40	5,000.00	1,859.40	7,300.00
56000 · Trail Advocacy Expenses	1,010.00			1,000.00
57000 · Administrative	54,130.39	51,120.00	3,010.39	52,950.00
58000 · Scholarships/Student Loans	4,000.00	5,000.00	-1,000.00	100.00
59000 · Other Expense	252.68	20.00	232.68	85.00
59999 · Other Expense - Below Line	<u>300.00</u>	<u>300.00</u>	<u>0.00</u>	<u>0.00</u>
Total Expense	<u>107,211.87</u>	<u>104,500.00</u>	<u>2,711.87</u>	<u>92,445.00</u>
Net Ordinary Income	<u>-15,203.98</u>	<u>0.00</u>	<u>-15,203.98</u>	<u>-1,595.00</u>
Net Income	<u>-15,203.98</u>	<u>0.00</u>	<u>-15,203.98</u>	<u>-1,595.00</u>

NATRC 2010 Adjusted Balance Sheet

Elaine Swiss

Dec 31, 10

ASSETS

Current Assets

Checking/Savings

10314 - LOCAL CHECKING	14,056.86
10315 - NATRC First Bank Liquid Assets	109,485.85
10316 - NATRC SL/Scholarship Liq Assets	87,283.54

Total Checking/Savings 210,826.25

Total Current Assets 210,826.25

Other Assets

10600 - Foundation--KFB Annuity	37,989.28
10701 - Foundatn-AIM Charter Fund-305	15,254.05
10702 - Found-AIM Large Cap Growth 315	13,197.94
10703 - Foundation-AIM Money Mkt 380	1,263.32
10938 - Mkt Val (increase) decrease	7,545.73
10950 - Foundation Equity	-75,250.32

Total Other Assets 0.00

TOTAL ASSETS 210,826.25

LIABILITIES & EQUITY

Liabilities

Other Current Liabilities

Payroll Liabilities	0.00
23400 - Federal Payroll Taxes Payable	1,378.38
23600 - State Payroll Taxes Payable	237.00
23700 - SUTA Tax Payable	0.00

Total Other Current Liabilities 1,615.38

Total Current Liabilities 1,615.38

Total Liabilities 1,615.38

Equity

Retained Earnings	-19,633.15
39004 - Retained Equity	244,048.00
Net Income	-15,203.98

Total Equity 209,210.87

TOTAL LIABILITIES & EQUITY 210,826.25

NATRC 2010 Final Measurements


Elaine Swiss

	Region One				Region Two				Region Three				Region Four			
	2009	Goal	Actual	2011	2009	Goal	Actual	2011	2009	Goal	Actual	2011	2009	Goal	Actual	2011
No. of Competitions	8	9	6	7	6	7	4	5	8	9	9	9	10	11	11	11
No. of Comp/ Avg per ride	256	282	170	31	188	207	91	25	383	421	378	46	485	534	465	47
No. of Members	161	169	154	155	133	140	126	127	226	237	240	241	222	233	212	220

	Region Five				Region Six				National				Total			
	2009	Goal	Actual	2011	2009	Goal	Actual	2011	2009	Goal	Actual	2011	2009	Goal	Actual	2011
No. of Competitions	10	11	11	11	8	9	7	7					50	55	48	50
No. of Comp/ Avg per ride	404	444	344	34	319	351	258	41					2035	2239	1706	1934
No. of Members	228	239	228	229	171	180	160	164	100	100	100	100	1241	1303	1220	1236

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Walk of Fame

Proposed Rule Changes for 2012

Please discuss these and give feedback to your National Board representatives.

1. Page 5-2, Section 5.F.1. *Reads:* 1. Riders must use a saddle. The type of saddle and other equipment is at the discretion of the rider within the bounds of good horsemanship.

Change to read: Riders must use a saddle *and headgear with attached reins*. The type of saddle, *headgear with reins* and other equipment is at the discretion of the rider within the bounds of good horsemanship.

Purpose: To clarify that some sort of headgear is required during participation in a CTR.

2. Page 1-1 *Reads:* A. Membership

1. Any person interested in the purposes of this organization may be eligible for membership upon proper application and payment of the required dues.
 - a. Adult Membership: Any person 18 years of age or over.
 - b. Junior Membership: Any person under the age of 18 as of the beginning of the ride year.
 - c. Family Membership: A household of one or two adults and children under the age of 18 as of January 1.
 - d. Associate Membership: Any firm, partnership, group, or any other business sufficiently interested in the promotion of the horse and horse-back riding, upon proper application and the annual payment of dues.
 - e. Single Lifetime Membership: Any person of any age.
 - f. Family Lifetime Membership: A household of one or two adults at time membership is obtained and any children under the age of 18 as of January 1.
2. Each membership, except lifetime, shall be for a period of twelve months commencing January 1 each year regardless of the month in which payment of dues is received. All membership fees are due on January 1 each year.
3. Each Senior and Single Lifetime Membership is entitled to one vote. Each Family and Family Lifetime Membership is entitled to two votes.

Change to read:

1. Any person interested in the purposes of this organization may be eligible for membership upon proper application and payment of the required dues.
 - a. Yearly Membership
 - 1) Adult Membership: Any person 18 years of age or over.
 - 2) Junior Membership: Any person under the age of 18 as of the beginning of the ride year.
 - 3) Family Membership: A household of one or two adults and children under the age of 18 as of January 1.
 - 4) Associate Membership: Any firm, partnership, group, or any other business sufficiently interested in the promotion of the horse and horse-back riding, upon proper application and the annual payment of dues.
 - b. Lifetime Membership (*NOTE: new lifetime memberships are no longer offered after March 2011*)
 - 1) Single Lifetime Membership: Any person of any age
2. Family Lifetime Membership: A household of one or two adults at time membership is obtained and any children under the age of 18 as of January 1.

Continued, page 65

Proposed Rule Changes for 2012, *Continued*

Change to read:

2. Each membership, except lifetime, shall be for a period of twelve months commencing January 1 each year regardless of the month in which payment of dues is received. All membership fees are due on January 1 each year.
3. Each Senior and Single Lifetime Membership is entitled to one vote. Each Family and Family Lifetime Membership is entitled to two votes.

Purpose: To have the Rule Book match changes made to the dues structure, i.e. the elimination of Lifetime Membership March 2011.

3. Page 6- 3, Section 6.D.1.:

Currently Reads: Time penalty points will be assessed for time violations (See Section V.J.7).

Change to Read: Time penalty points will *only* be assessed for time violations (See Section 5.J.7)

Purpose: *To clarify that time penalty points only can be assess for time violations and nothing else.*

4. Add to Section 7. E. Violations and Enforcement Procedures:

1. Any rider/owner violating these rules at an NATRC ride shall forfeit any completion or placing for the ride. NATRC may impose additional penalties for violation of these rules on any person responsible for the violation. Normally, the rider and owner shall be considered the persons responsible for the custody and care at a ride. Accordingly, the rider and owner shall avoid liability for additional penalties for violation of this rule only by showing by clear and convincing evidence that:

- (a) some other person outside of the rider or owner's control was responsible for the violation and
- (b) the rider or owner bore no fault for the violation.

Purpose: Include a penalty portion to the section dealing with Prohibited Substances and Treatments



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Thanks!

Laurie

*** * * Attention * * ***

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Elaine Swiss

It's fun. It's fast. It's easy. And it's the official electronic communication channel of our organization.

While it may be more fun to ride from town to town spreading the news and announcements of NATRC, technology has taken a faster path. Your National Board of Directors invested in a subscriber-based electronic marketing software called Constant Contact. With it NATRC launched NATRC E-News.

Receive electronic announcements on upcoming NATRC rides and clinics, new sponsors and special offers, NATRC promotions and contests, and general NATRC information including details on rules changes and proposals as well as regional and national Board minutes in a timely manner by subscribing now.

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Student Loan Program Available

Student loans are available up to \$5,000 per person/year, at the discretion of the NATRC National Board of Directors, after proper application has been submitted.

Preference will be given to a full-time student who has been a member of NATRC or whose family has been an active member for at least three years. Consideration will also be given to a student or a student's family who has been as active member of NATRC for less than three years but more than six months.

A loan will be made based upon financial need, scholastic achievement, and character of the applicant as determined by the Student Loan/Scholarship Committee.

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Contact the NATRC Executive Administrator at natrc@natrc.org for an application. Please complete the form in Word and submit via email to natrc@natrc.org.

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Mary Britt, Region 5, Wins NATRC "Most New Members" Award for 2010.



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Code of Ethics

We, the NATRC National Board of Directors, executive director, judges, committee members, and employees are ambassadors of our sport whether at an organized event or informal gathering. We adhere to an implied code of ethics. This code of ethics dictates that we behave professionally, courteously and responsibly. This includes:

- Representing the sport in a professional manner
 - Being respectful when giving an opinion
 - Substantiating information before giving an opinion
 - Being kind and courteous to others.
-

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* Key contacts

*Outgoing Directors
Connie Driskell, R5,
(left) and Paula Riley,
R4 Alternate.*



NORTH AMERICAN TRAIL RIDE CONFERENCE

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www.natrc.org, natrc@natrc.org



MEMBERSHIP FORM - RENEW, JOIN OR PURCHASE ITEMS ONLINE AT WWW.NATRC.ORG

Memberships run from January 1-December 31. We offer six membership plans: four Regular, two Platinum. The Platinum plans receive all the benefits of the Regular plans plus personal excess liability coverage with a \$1,000,000 policy limit.

CHECK PLAN DESIRED

REGULAR MEMBERSHIP: All NATRC memberships include: subscription to Hoof Print, eligibility to compete for NATRC annual high score awards and championships, rider and horse mileage awards, reduced ride entry fees, sponsor discounts and automatic membership in the region where you reside.

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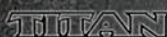
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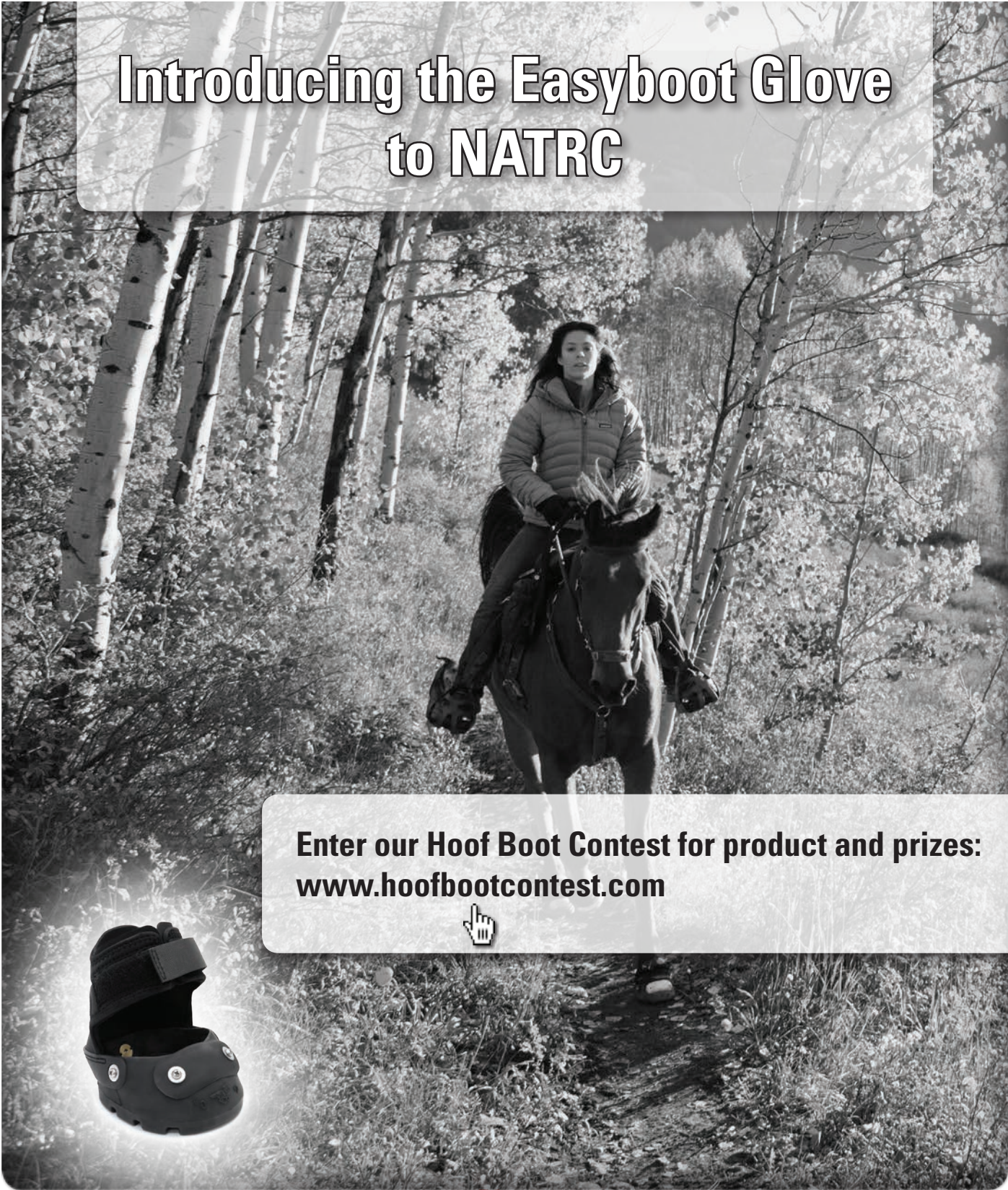


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