

HOOF PRINT



Winter 2013

Arizona Clinic:
A Success!

Tips on Tack

Using Beet Pulp

Best Barn
Features

When Things
go Wrong

Make Your
Reservations
for 2013
NATRC
National
Convention



Newsletter of the North American
Trail Ride Conference

Welcome New 2012 NATRC Members (as of 12/1/12)

Region 1		Expiration Date
Jessica Olejnik	Meadow, CA	1/13
Tina Saudan-junior	Concord, CA	1/13

Region 1A		Expiration Date
Kristin Wilson-junior(rejoined)	Palmer, AK	1/13

Region 2		Expiration Date
Lynn Baker	Anza, CA	1/13
Deborah Burken(rejoined)	Tehachapi, CA	1/13
Renee Hahne	Tucson, AZ	1/14
Elizabeth Komin(rejoined)	Tehachapi, CA	1/13
Ready To Go Trail Riders-Assoc.	Sunland, CA	1/14
Kelly Sceberras-family	Ladera, CA	1/14
A.J. Wischmeyer	Buckeye, AZ	1/14
Jill Worley	Maricopa, AZ	1/14
Tami Yuill	Tucson, AZ	1/14

Region 3		Expiration Date
Sara Martinelli-family	Louisville, CO	1/14
Glen Tomlinson-family (moved from Region 4)	Riudosa, NM	1/14

Region 4		Expiration Date
April Baxter	Hunt, TX	1/14
Carol Brady(rejoined)	Kilgore, TX	1/13
Hannah Monson-junior	Depew, OK	1/13

Region 5		Expiration Date
Mary Coppala-junior	Charlotte, NC	1/13
Terri Mountain	Palmetto, GA	1/14

Region 6		Expiration Date
Mary Lacata	Olathe, KS	1/14
Jane O'Boyle-family	Manhattan, KS	1/13
Margaret Reynolds	Lees Summit, MO	1/14
Denise Schieffer (rejoined)	Columbus, IA	1/14

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One-sixth page	\$50

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Contact NATRC for discounts on consecutive issue ads or ad specifications.

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Submission Deadlines

Winter (Dec/Jan/Feb)	Dec. 1
Spring (Mar/Apr/May)	March 1
Summer (Jun/Jul/Aug)	June 1
Fall (Sep/Oct/Nov)	Sept. 1

Make your check payable to NATRC; mail ad details and wording with payment.

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Refer all address changes to the NATRC office, NATRC@NATRC.org or NATRC, PO Box 224, Sedalia CO 80135

On the cover:

Lilly O'Neil, a British citizen who is the Equestrian Director for Friendly Pines Camp during the summers, participated in her first NATRC ride -- Bumble Bee 2011. The mule, Elizabeth Taylor (Liz), age 32, belongs to the camp. Liz is the last of Bud Brown's stocking-legged Mini Mules. Bud, the founder of the camp, was an NATRC judge, and his wife, Isabel, a long distance rider, started competing in the Tevis Cup when she was 75.

Photo by Jennifer LaBelle, Silver Buckle Photography

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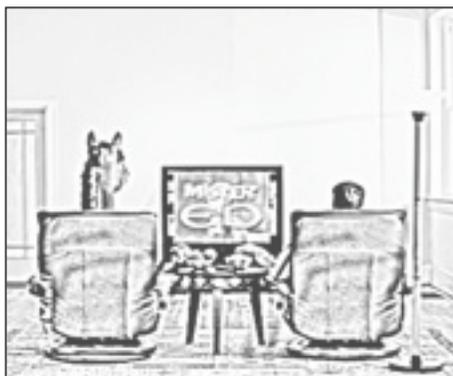


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NATRC Ride Schedule

Please see current ride schedule at www.natrc.org/RideSchedule/.pdf

Presidential Messages

From Outgoing President Gary Clayton

The National Board of Directors held its last meeting of the year. An in-depth discussion was helpful concerning the future of NATRC in these economic times. We looked at other organizations, primarily AERC and what they are doing. It was not our intent to change to what they were doing but to look at methods we could take that would attract riders and still stay within our guide lines set forth in our rules and by-laws.

This would require the ride managers to be creative to try and make the ride fun. We have to think about whom our riders are and what can be done to make the ride enjoyable for them. One of our objectives is to attract first time competitors but also to encourage those first, second and third time competitors to come back. We have to think about what we can do to make them want to come back again and again without changing who we are.

Well, the ride season for 2012 is over and now is a good time for riders to look back at their achievements over the year, and think about what they want to accomplish in the upcoming season.

I like to set goals at the start of the year then set up guide lines to measure my progress. I try to make my goals attainable yet something I have to work for to achieve. I had set three objectives this last year and all three were reached by the end of the ride season. What works for me may not be suitable for anyone else. Each person has to decide what works best for them based on individual circumstances. Whatever the case, I hope everyone is looking forward to the upcoming ride season as much as I am.

This will be my last message since I have decided not to seek another term as president. It has been a privilege serving as your president and working with the Board of Directors. Kim Cowart will take over the reins as of

Jan. 1. Kim is very capable, but will need the support of all to keep our organization on the right path.

Thank you for the support you have given me during my time as president.

From Incoming President Kim Cowart

The mission/vision/philosophy of NATRC has stood us in good stead for almost 52 years now. Sticking with these guidelines has allowed us to become the best at what we do — educating and informing horsemen and horsewomen about how to care for and manage their horses over long distance trail competitions. This is what we do and **No One** does it better. NATRC has always had great *value* to offer its members.

We have different faces and ride in different places, but the value and quality that make us NATRC haven't changed. We have an unsurpassed educational slant and endless learning opportunities, which have been honed over 52 years of providing distance riding competitions. Our expertise in what we do is the culmination of those years of hard work by every dedicated member sharing their knowledge, time, and energy.

This knowledge base, this expertise, and this hard work are all part of the much bigger picture that is NATRC. Our sport depends upon riders coming to compete, and the riders depend upon an army of vitally important ride volunteers coming to work. There are newsletter editors to inform us and photographers to immortalize us. We have members working as officers and directors and committee persons to provide the guidelines and structure that bring order to what we do. We are truly a large and varied family dedicated to the same goal — a sustainable and stable sport providing the fun and challenging opportunities we have come to expect.

Yes indeed, NATRC is a big picture that could more accurately be described as a big puzzle. When all of

the pieces are present, you have a beautiful picture that will likely look different to each set of eyes. One member may see, hear, and feel the moment their horse wins its first National Championship. Another member sees, hears, and feels the camaraderie and fellowship of a cozy campfire. Still another sees, hears, and feels the timer calling them "out" for their first ride ever with NATRC. And some will see, hear, and feel the great satisfaction of managing a ride that provides these opportunities for others. Yes, the big picture that is NATRC looks different to me than to you, but it is truly the same viewed from a differing perspective.

Every one of you involved in our sport, in whatever fashion you choose to serve, contribute to what makes us the best at what we do. You are a part of our Big Picture. Your hard work, dedication, effort, and generosity are so genuinely appreciated. Celebrate with your friends the successes of 2012 and think with a smile on the opportunities of 2013. Thank you for your continued dedication and allowing me to serve as another small piece of the puzzle that is NATRC's Big Picture.

NATRC Mission Statement

The North American Trail Ride Conference (NATRC) promotes horsemanship and horse care as they apply to the sport of distance riding by offering a variety of challenging and educational experiences designed to strengthen horse and rider partnerships.



Preparing for 2013 NATRC Rides

Arizona Clinic was a Success!

Cristina Ballard

Several months ago, my best friend since the third grade asked me if I'd be interested in helping her and a group of her friends with the three upcoming North American Trail Ride Conference (NATRC) rides to take place in 2013. I admit that my first reaction was trepidation. I had not been active in NATRC since I left the rank of a junior rider at the age of 18. Soon, however, the opportunity to work with a great bunch of people and help bring NATRC rides in Arizona back to the vaunted status held in the 1970s and '80s was an offer I couldn't refuse.

To raise awareness about the 2013 rides and the sport of distance riding, various riding clubs/groups and horse-related publications were contacted with information about an introductory and educational NATRC clinic held Oct. 6, 2012.

Kandace French, clinic host and ride manager for the 2013 Bumble Bee Ride, said, "I assumed we would have about 10 people attend that time of year. I thought it would be safe to cap the entries at 25 and hold the clinic at my house."

Needless to say, she was pleasantly surprised when she learned that the clinic was full and had a waiting list. French added, "We were still receiving calls to attend on the morning of the event. It was an amazing success."

The first part of the clinic was three pronged: (1) to teach riders about how to condition and care for their horses when distance riding and how to set up a horse-safe camp area, (2) a demonstration of how to take a horse's pulse and respiration and why it is important to do/know this, and (3) a question-answer session. The attendees were then treated to a free lunch that was donated by clinic volunteers, Patrick and Star Thornton.

After lunch, some of the attendees hit the trail for an approximately nine-mile ride. Each of the five groups of riders



Check-in demonstration

had a guide, who would stop at designated points along the trail to discuss rules and expectations related to competitive riding.

The attendee feedback was very positive. One of the survey responders wrote, "Lots of great info. Loved it!"

Continued page 6

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Arizona Clinic was a Success! *continued*

Although French and her cadre of volunteers were tired by the end of the day, everyone was thrilled with the turnout and success of the event. "We can't wait to do it again next year," said French.

The clinic was meant to be a warm up for the three full-length rides coming up in 2013 in the Phoenix area in January, February and March. (Check the ride schedule on the website.)

The ride managers have dubbed the three rides the "AZ Triple Crown," with the hope riders will enter all three to compete for the title AZ Triple Crown winner. All three rides will offer fun/educational rides of no more than nine miles for those new to NATRC, who may want to learn more about the sport but aren't yet ready to compete in a full ride.

Beni DeMattei, ride secretary for all three rides, is interested in expanding the number of rides offered in all areas of Region 2. In Arizona, she feels that untapped areas for future ride potential would be Tucson, Payson, Flagstaff and Prescott. Having rides in diverse terrain and elevation would provide opportunities for possible year-round scheduling.

See you on the trails!



Double-checking Point 1 on the map.



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 Aurora, Colorado (near Denver)
 See registration form on page 33

Tips on Tack Adjustment

Priscilla Lindsey and Jamie Dieterich

Proper fitting, clean, serviceable tack are the main concerns of the horsemanship judge. Tack should always be adjusted to be functional. If you ride with a loose girth, you might want to tighten it before doing a judged mount. You might also want to tighten it before going up or down a steep hill; remember to readjust it when the terrain levels out. Tightening the girth for hills is probably not necessary if you are using a breast collar and crupper. A crupper may be essential in keeping the saddle in place when descending steep hills and might help prevent rubs that occur when the girth slides forward behind the elbow.

Breast collar fit is critical. If it is too loose, the breast collar doesn't hold the saddle in place and can get caught in brush; too tight and it can cut off breathing. The bottom of the "V" should be well below the thoracic inlet (where the trachea enters the chest cavity). The strap to the cinch on any breast collar should not have much slack, perhaps a finger width or two (walk your horse forward a



Example of a loose breast collar.

few steps to see that the strap is neither too snug nor too loose when the horse moves.) If the breast collar attaches to the cinch, adjust the cinch from side to side to ensure that it is even, so the breast collar strap is centered. Cruppers should be adjusted to be

fairly snug but not tight. You should be able to lift the crupper about an inch off the horse's rump. A piece of fleece on the part that goes around the tail or some baby powder under it might help prevent chafing when the horse starts sweating.

At P&R stops, readjust the equipment as needed and check the horse's shoes and feet. Any tack that is loosened should still be adjusted tight

enough to be functional. Loosening the cinch means a notch or two; it doesn't mean five notches. It should still be tight enough to hold the saddle on, or it should be completely undone. If the horse spooks, the saddle should stay where it belongs or fall to the ground; it shouldn't end up hanging from the belly. If the cinch is undone, the martingale, breast collar and crupper should be completely free also; the saddle shouldn't be left connected to the horse by other tack.

Continued page 8

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Liability Waivers

Jean Green
Ride Management Chair

Ride Managers: Please have all riders and workers sign BOTH an NATRC liability waiver and the waiver that is specific to your state.

Please remember to put the name of the ride and the date on the liability waivers.

Tack Adjustment, *continued*

Rope halters have become popular to use during check-in, mainly because of the additional control they offer. However, judges often see these halters improperly adjusted or the knot incorrectly tied. The following photos should help you learn to adjust your rope halter properly and tie it so the knot can be easily untied, even after being pulled very tight.

Photos by Priscilla Lindsey



Thread the loose end (tie end) of the halter through the eyelet, and draw up the length to proper adjustment. Pass the tie end behind and below the eyelet and thread the loose end back through the new loop that is formed. Tighten knot, keeping the proper adjustment of the halter. The fourth photo shows a well-fitted halter. The noseband is placed just below the horse's cheekbone; the throat latch is snug enough not to be easily rubbed off over the ears. More examples, page 37.



NATRC Ride Schedule

Please see current ride schedule at www.natrc.org/RideSchedule/.pdf

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Science Fair Project

Beet Pulp Soaking

Emily Johnson, age 11

My name is Emily Johnson and I did a science fair project on beet pulp with help from my trainer Karen Kafka. The question I decided on is this: will temperature affect the way beet pulp absorbs water?

I did lots of research about soaking beet pulp pellets and most feed companies say that hot temperatures will make beet pulp rotten. I talked to Dr. Harvey, our equine veterinarian. She agreed that beet pulp will sour in hot air. She has also said warm water will absorb faster than cold water. Her clients soak beet pulp for 30 minutes. My trainer's friend from England was told to soak the pellets for 24 hours.

I wanted to find out why there was such a difference. I did a mini-experiment to see how long to soak beet pulp pellets. I made my own graduated cylinders and used a small amount of beet pulp pellets and different ratios of water to pellets.

My results say that beet pulp pellets will take about three hours to soak. I also discovered that a ratio of one part



Emily and her pony, Buster. By Karen Kafka.

beet pulp to six parts water works the best.

Now that I have completed the experiment, I have figured out that beet

pulp soaking in a temperature of 140 degrees Fahrenheit will only take one hour to be fully soaked. Also I have found out that it will take two hours to soak beet pulp in a temperature of 60 degrees Fahrenheit.

Now we know that hot temperatures soak faster than cold temperatures.

Facts About Beet Pulp

- Warmer temperatures soak beet pulp faster.
- A good ratio of beet pulp to water is 1:6.
- Soaking pellets in a wider flatter bin works better because all of the beet pulp absorbs water, not just the pellets on the outside.

About the Author

Emily lives in Region 2 and is member Karen Kafka's neighbor. When Karen, a retired school teacher, discovered that Emily needed a topic for a Science Fair Project, she couldn't resist suggesting a project on beet pulp soaking.

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Join or renew your existing membership by April 1, 2013, and you will automatically be entered into a drawing for two free ride entries (excluding meals and camping fees). Use your entries on two different rides, or treat a friend or family member to ride with you on one ride. Good for any ride, in any region, until April 1, 2014.

Not competing? You may choose to transfer your winning entries to a relative or friend.



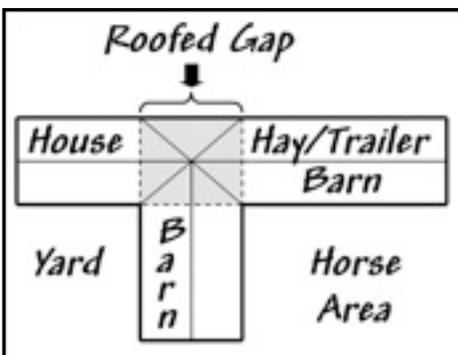
Barn Stormin' Features

An Edited Compilation of NATRCers' Favorite Features

After her barn was consumed by fire (no horses were injured) in 2011, R4 member in North Texas, **Alanna Sommer**, penned this request to several trail riding chat rooms.

"We are in the early planning stages of the buildings for our ranch. There will be a horse barn, equipment barn, and an enclosure for the horse trailer... Please share what you love about your set up, or things you would add/change. Thanks for the help!"

Adriane Leigh, TX, is a huge fan of European U shape designs having the house attached. She has seen one property laid out like this:



The L-shaped pasture went from behind the house to beside the two barns.

Alice Yovich, TX, always wanted to live above her barn. It is a great way to save space and easier to see where the horses are in the back of the property.

Kate Kearby, OK, suggests having lots of aisle space for grooming and working with horses during inclement weather. Orient the aisle to catch prevailing breezes. Of course doors at each end are a must so they can be closed in nasty weather.

A dust free, enclosed tack room or cabinet may seem a luxury. Not only does it enable less cleaning time and more riding time, but also, it keeps out those pesky gnawing critters.

Stephanie Swain, CA, likes at least a 16' wide aisle for working horses in bad weather. An inside wash stall and a utility sink are nice luxuries, too.

Silja Knoll, CO, says that a separate feed room with a good solid door is a must! This keeps 'Houdini' horses from pigging out on feed.

Hay storage conveniently close by works well. It should not be within the horse barn because it is too dusty, plus, it is a fire hazard!

Large open stalls that serve more as lean-tos for several horses rather than 12x12 individual stalls are nice. For this to be successful, large openings are needed for movement, rather than 4 ft doors. Still, one should have the ability to 'isolate or confine' a horse if necessary by closing up the "stall".

Jonni Jewel, TX, finds that having trailer storage close to wherever feed and tack are located is convenient for loading the trailer for going to a ride. Have trouble backing? Have a pull though covered area for the horse trailer.

An insulated roof not only helps keep the barn cool but also buffers the noise of hail, heavy rain, nuts falling from trees, etc.

A small field or large paddock off of at least one stall allows confining a horse on restricted movement.

Amy Crane, TX, does not have her own barn, yet, but when she does it will have a restroom and shower in the horse barn! There are times when one just does not want to walk all the way to the house or to track dirt, mud and manure through the house to use the restroom. As for the shower, on really hot days, it is a refreshing pick-me-up.

Sue Singletary, TX, loves her wash rack with hot water!

Carolyn Burgess, TX, enjoys all of the above plus her barn has more stalls than the number of horses she and her husband own with the idea that a dividing wall between two stalls can be moved to make a broodmare or layup stall. Each stall door that leads to the outside can be opened from either in the stall or outside. The 15' x 50' runs can open into pastures.

They chose a slab for the entire barn and use stall mats over the concrete in the stalls and the aisle. The stall fronts are prefabricated. The walls are finished with 2x12s rather than plywood to better withstand horses kicking. The exterior doors are all made of 2x4s; solid and heavy. Outside each of the double barn doors are parking areas. The barn has a second story over the aisle for overflow storage.

The feed, tack, half bath and laundry rooms all have heat and A/C. The feed room also contains a deep sink, refrigerator and long counter. Carolyn has a huge storage closet.

One of Carolyn's favorite things is the cupola with a copper roof and a horse weathervane on top. She really loves seeing that every day.

Terri Deaton, TX, has a barn in which the aisle has water access on both sides and a drain in the center for easy cleanup. She uses her whole barn fly sprayer system as a water mister. She has a covered wash rack and covered overhang.

Things Terri would like to change are to have a rougher texture on the concrete aisles, an overhang on *both* ends of the barn, exterior lights, Dutch doors on the pasture side of the stalls, and the whole barn off to the side of her property so it doesn't block her view.

Marilyn Bivens, LA, also wishes her barn was in a different location and that it had overhangs on both ends.

Portable Panels - A New Camping Option

Susan Peters

In Ride Season 2013 ride managers will have another camping option to offer their competitors – the use of portable panels (several of our sponsors, offer portable panels). While many current riders will likely continue to use the containment methods that work well for their horses (tie to trailer, high ties, etc.), we expect some competitors and especially competitors new to NATRC to use portable panels. There are several key provisions to keep in mind:

- Ride managers have the discretion to allow portable panels or not allow portable panels at their particular ride. Good reasons to disallow them could include but not be limited to a space limitation or a landowner that requires a different containment method (example – some State Parks require that horses be kept in Park pens or tied to Park high ties).
- If ride managers choose to allow portable panels, they have the ability to specify a size limitation (example 12 feet by 12 feet or 13.1 diameter area per horse).
- In making the above decisions, ride managers need to be sure that all competitors COULD take advantage of portable panels if they chose to do so (the level playing field concept that is so important to NATRC).
- Portable panels – for safety reasons – need to be securely anchored – attached to a trailer or tree, for example.
- If a ride manager does allow portable panels, the ride manager should consult with their horsemanship judge on any special instructions for doing a stabling check. These instructions can be provided at ride check in or ride briefing.
- Electric fencing and staking out continue to be **DISALLOWED**.
- **All ride managers should note in their ride descriptions whether portable panels are or are not allowed – and any other restrictions (size limitations for example).**
- **All RIDERS who plan to use portable panels should verify that they are allowed at the ride they will be attending. Check with the ride manager to see what stabling options are offered.**

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Susan Garlinghouse, DVM

Reprinted from *Endurance News* magazine, monthly publication of the nonprofit American Endurance Ride Conference (www.aerc.org; 866-271-2372).

This column will continue the discussion of what to do when events take a turn for the worse out on the trail far from veterinary help.

A common occurrence during both competition and training rides is heat stress. Of the thousands of calories expended during a ride, approximately 70% of the energy is released as heat, which must be transported primarily from the muscle core to skin surface. This remains a true statement regardless of the age, breed or fitness of the individual. If not dissipated by heat loss pathways, the core temperature of a horse exercising even at a moderate trot in ambient conditions will rise over 0.5°F per minute, reaching potentially lethal levels in less than fifteen minutes.

Also keep in mind that thermal load accumulates much more rapidly in dehydrated horses. Sweat production decreases with as little as 2% dehydration, which can result from less than an hour of exercise under hot conditions or after three hours of trailering even in pleasant weather.

Never use the presence or absence of sweat alone as the sole indicator of heat stress. Although it's common to hear, "my horse is in great condition, he never breaks a sweat", such statements are rarely accurate and if they were, would be cause for alarm rather than congratulations. The inability to sweat is termed *anhidrosis* and often spells the end of a performance career due to the resulting inability to adequately dissipate thermal loads. In reality, if evaporation of sweat is occurring efficiently in relatively dry conditions, there may be little evidence other than a salt residue. With conditioning, the heat-adapted horse begins to produce sweat faster than the unconditioned

horse, is capable of producing more sweat per hour if needed, but also ceases to sweat sooner due to more efficient ability to dissipate excess heat. However, as horses age, even well-conditioned horses produce less sweat than in their younger days. As such, don't assume that an older individual's heat tolerance is the same as it was ten years ago.

At rest, a healthy equine's rectal temperature is generally between 99 – 101.5° F. During exercise, the rectal temperature predictably rises up to 103° without concern. However, temps of 103.5° or above call for cessation of exercise and active cooling as available until the temperatures drops back within a more normal range. A temperature of 106° or above is potentially lethal and calls for aggressive cooling measures. Keep in mind that the temperature deep in the large muscles and at the body's core is at least three degrees higher than the rectal temp, and can be considerably higher during strenuous exercise.

Although there are many visual clues to help identify the heat-stressed horse, monitoring respiratory rate and rectal temperatures are among the most valuable. In past years, an **inversion** (respiratory rate higher than the heart rate) was cause for concern and even elimination. More recently, respiration is "judged on its own merits" and is considered just one more piece of information in assessing the horse's overall clinical condition. Horses that are breathing rapidly with deep abdominal contractions are more likely to be paying back an oxygen debt from strenuous exercise. Horses attempting to cool themselves are likely to pant, with rapid, shallow breaths involving less abdominal effort. Some horses are more likely to pant than others, and while a panting horse, especially in hot or humid conditions, is not necessarily in significant distress, it is a good indicator that the core body temperature is sufficiently elevated to

trigger this cooling mechanism, and thus should be monitored very carefully.

A CRI (cardiac recovery index, often also called the Ridgeway Trot) can be done on the trail by riders and is a highly useful tool for assessing overall stress of the horse's metabolic systems. Start with an initial heart rate measurement, and then trot the horse approximately 250' (a little less than the length of a football field). Allow the horse to stand and rest for a total of one minute from the time you started the trot-out, and then take a second pulse rate. If the second heart rate is the same as the first measurement, or preferably a beat or two lower, then the horse is probably not in significant metabolic distress.



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Equine Trail Emergencies, *cont.*

If the second reading is higher than the first, it's a good indication of some stress that should be taken into consideration of the total clinical picture.

By far, the best tool for assessing heat stress is a digital thermometer routinely carried in the saddle pack. Glass thermometers are more water-proof than digital, but also more fragile, and the often high heat during tack room storage can cause them to break. To protect digital thermometers from water, carry them wrapped in a plastic baggie.

What to do if your horse is suffering from hyperthermia out on the trail? As heat production during exercise increases 40-60 fold over resting values, slow down or stop---but do so in context of the terrain and climate conditions you find yourself in. For example, better to slow down and continue on at an easy pace to find shade, water and a cool breeze to regroup in rather than stay where you are cooking slowly in the blazing sun or without airflow. Rethink your conditioning loop to use the easier pathways home rather than those previously planned hill climbs, if at all possible.

Find shade as available to reduce the additional radiation heat load provided by direct sunlight. Try to stay away from reflective or radiating sources of heat, such as sand, asphalt or large rock formations. Strip off the saddle, pad and any neoprene boots to increase the surface area available for any passing breeze and to allow body heat to radiate outward. If available, allow your horse to graze on any green grass. Fresh forage is 75-80% water and will help correct the dehydration that is often concurrent with heat stress.

By far, the most important heat loss pathway is that provided by evaporation of sweat (and to a lesser extent, fluids in the airways during respiration). However, evaporation becomes progressively ineffective as humidity rises, thus placing the horse at higher risk of heat distress. Consider how inefficient evaporation becomes in a steamy bathroom and you have a good understanding of the conundrum endurance horses are placed in exercising in hot, humid conditions. Efficient evaporative losses are also a function of air flow---either from any passing breeze or just the 5-20 mph air flow self-generated by the moving horse. However, evaporation becomes

considerably less efficient than other pathways without the benefit of air flow. Convection (heat transfer via the flow of air or water across the skin) and conduction (heat transfer via direct contact with a cooler or warmer object, such as an ice pack or a warmed blanket) become considerably more useful tools when and if available---such as when a water source for standing, sponging or scooping is accessible.

If water is available in any amount, use it! Always carry a scoop or sponge with you on the trail, as well as either a collapsible cordura nylon scoop or just a heavy-duty gallon plastic baggie---you never know when you might not be able to get your horse right next to the water, but it can be carried back to the horse.

If unlimited water is available, stand the horse in it as safety allows, taking advantage of the convection and conduction cooling pathways, as well as allowing for drinking. Apply large amounts of water over the *entire* body, including over the large muscles of the hindquarters.

Although cowboy wisdom warns that cold water over the hindquarters may result in cramps, research conducted at the 1994 Atlanta summer Olympics demonstrated this not to be a significant concern. However, allowing a hot horse to drink large amounts of cold water can sometimes result in stomach cramps resembling colic-like symptoms. If in doubt, allow your horse approximately six to ten swallows, then take a break for a minute or so until the cold water has had a chance to warm up in the stomach a little before allowing more.

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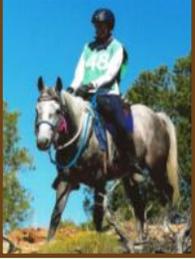


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Equine Trail Emergencies, *cont.*

Don't sponge or scoop water onto the horse and then just leave it there. Cool water rapidly absorbs heat from the skin, but provides no additional cooling once water and skin reach the same temperature and acts as an insulating layer if not removed. Use one hand to apply water and the other to continuously scrape the warm layer off, and then repeat. If water is limited, then focus on the underside of the body and between the hind legs where the large blood vessels are located. Again, apply water, allow a few seconds to absorb heat and scrape off.

If water is VERY limited, and your horse is thirsty (remember that heat stress is very commonly the result of decreased sweat production secondary to dehydration), then put your available water *inside* the horse rather than *on* the horse. Make sure that you carry some sort of scoop large enough for

your horse's nose, and practice this skill before you actually need it.

If you suspect your horse is experiencing heat stress and dehydration, but he isn't interested in drinking when he should be, don't assume he doesn't necessarily need water. With extreme dehydration, the thirst centers in the brain shut down and horses that should be drinking won't. When in doubt, use other tools to determine the extent of the problem, including rectal temperature, skin pinch in front of the shoulder (unreliable by itself), relative 'tackiness' of the gums and capillary refill time (normal gums when lightly blanched with the thumb should pink up in under two seconds).

In most instances, even without large amounts of water available, most horses allowed to rest in the shade without tack will recover to a safe rectal

temperature of 103°, allowing you to safely walk homewards. However, be aware that dehydrated horses are at increased risk of subsequent colic and may need veterinary assistance, once available, to correct fluid and electrolyte deficits. Keep a close eye on attitude, appetite and gut motility and closely monitor for any signs of a developing colic.

Next month's column will discuss muscle disorders, the relationship to exhausted horse syndrome and how to differentiate between a simple cramp and exertional rhabdomyolysis ("tying up").



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When Things Go Wrong, I Want My NATRC Family There

Jonni Jewell

I know a few others have their own stories from this past weekend at the Horsemaster's Benefit Ride, but I want to be the first to thank all the Region 4 family for dropping everything, including some sleep, to go searching for Hank when he went on a "walk-about" Friday night around 9pm.

I took him for a walk, came back, and clipped his Hi- tie lead on, and unclipped his lead rope. Turned around, and when I looked back, all that was there was the lead rope swinging from the Hi-tie. I had missed getting it on his halter ring. (Remember the scene in Jurassic Park where one second the goat is there, then it's just his rope?)

Hank is not social, not one to just go visit neighbors, he is one to leave. And off he went, and at a good clip. Instantly we had over a dozen folks who dropped everything to head out around the woods, airstrip, trails, walking, driving, some even got on their horses. We searched and searched, and prayed, and searched. Finally he was found on the airstrip (where most of us had been) by our drag riders who rode out on their horses.

THANK YOU to everyone who dropped whatever they were doing to search, pray, and even those who waited in camp in case he came back there. I have been on the searching end many times, and know why we go searching for lost horses, but it is humbling to know how many are doing so for you.

He was unharmed, not a scratch, and wanted a cookie as soon as he saw me when delivered to my rig. I am guessing he could have done at least 5 miles, as we found his tracks everywhere, and he was moving out!

*Julie Suhr discusses lost horses in a chapter in her new book, **but it wasn't the horse's fault!** a rambling catchall. Hank's escapades illustrate Julie's conclusions and are very*

important for all of us to keep in mind. A true advocate of the horse, Julie gave her permission for us to print an excerpt. Read about lost horses and more in Julie's book available at www.marinerapublishing.com. All profits from the sale of this book go to The Center for Equine Health, School of Veterinary Medicine, Davis, CA.

I am puzzled by the instinctive behavior that apparently governs the little understood mind of the lost horse. When a rider and a horse become separated on the trail, or sometimes even in camp, the horse usually runs and hides. We know when scared, his first defense is flight. If he is in familiar territory, he will try to find his way home. If he has been trailered someplace and is unfamiliar with his surroundings, his behavior becomes very different. He hides.

We are told that the horse is a prey animal and finds protection in a herd situation. For some reason, when frightened, he does not seek his own kind but rather goes into hiding. I have included below eight first-person narratives. They are all very similar regarding the horse's behavior. What we



Horse with tag on halter.

should learn from these stories is that it is imperative we are very vigilant while restraining our horses. They cannot be allowed to break away or get free. They should also always have identification on them such as a dog tag with your name and phone number on their halter/bridle or woven into their mane. It is also a good idea to have your picture taken with your horse showing his identifying markings. If it comes to a question of a horse's ownership, you may need proof.

Continued p. 16

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When Things Go Wrong, continued

Please read the individual stories in Julie's book.

I have mentioned eight cases of lost horses, some with joyful endings and some not so happy. Too frequently the saddles seem to slip and hamper the horses' movements. That a lost horse will make no sound, even though riders pass within 50 to 100 feet of it sometimes weeks later, makes little sense nor does the fact the search horses do not detect the missing horse nearby. Don't let it happen to you. Exercise caution. Be vigilant.

Most owners of more than one horse know the animals have to sort out which is dominant. I wonder if the frightened horse, having lost the rider he relied upon to protect him, somehow is afraid of staying on the trail in the companionship of other horses because the hierarchy has not been established. Not knowing his rank, he seeks isolation.

A cowboy friend was riding my horse with my tack one day. I had my long leather reins in a knot which he immediately untied. He told me to always ride with split reins. When thinking about the lost horses, how sad if they had loop reins that would get caught on something. I have heard people say, "Oh, but my reins would break easily if my horse was caught." Remember, your horse has also been trained not to

pull back. He will probably not try. He will stand there until hunger and thirst sap the life from him. Think about riding with split reins. In the event he should get loose, he will probably step on the reins and bring himself to a halt before he has had a chance to run out of sight. You have to pay more attention to what you are doing, but it is okay. Be vigilant in making sure your horse never gets loose and always has identification on him.

Membership Renewal & Hoof Print

If it wasn't before, your email address is now on the E-News list for receiving notice when each issue of *Hoof Print* is on our national website.

Remember that when you renew your membership for 2013, if you want a B&W printed copy, you may subscribe to it for an additional fee of \$15.

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NATRC Student Loan Program

Student loans are available up to \$5,000 per person /year, at the discretion of the NATRC National Board of Directors, after proper application has been submitted.

Preference will be given to a full-time student who has been a member of NATRC or whose family has been an active member for at least three years. Consideration will also be given to a student or a student's family who has been an active member of NATRC for less than three years but more than six months.

A loan will be made based upon financial need, scholastic achievement, and character of the applicant as determined by the Student Loan/Scholarship Committee.

A loan is to be repaid in monthly installments with an annual interest rate of 3% charged on that loan, beginning not later than six months following graduation or when the recipient ceases to be a full-time student.

For an *application*, contact the NATRC Executive Administrator at natrc@natrc.org. It is also available

Update on Judges

Veterinary and Horsemanship Judges: Has your address or phone number changed? Please notify the NATRC office of any changes. Indicate home and office numbers.

Ride managers: Secure your judges early! Remember, you must contact and secure your judges well in advance of your ride date! Please contact the National Office for a current Judges List. If you have difficulty securing an NATRC judge, please contact the appropriate Judges Committee chairman:

Michael Peralez, DVM-Veterinary Judge Co-Chair
626/446-8911
msperalez@roadrunner.com

or
Patsy Conner, Horsemanship Judge Co-Chair
H: 501/663-1477 Cell: 281/381-8189
FAX: 501/663-6781
connerpatsy@yahoo.com

NEWLY APPROVED JUDGES:

Natalie Goldberger, DVM (R4)
Jerry Sims (R3)

ALL MEMBERS: The following are applicants, apprentices or provisional judges. Members may submit comments to the Judges Committee on these.

PROVISIONALS

Veterinary Judges
Carrie Porter, DVM (R5)
Horsemanship Judges
Becky Rogers (R4)
APPRENTICES

Veterinary Judges
Cathy Ann Ball, VMD (R5)
Valerie Bixler, DVM (R4)
Sharon Dehart, DVM (R4)
Phoebe Smith, DVM (R2)
Natalie Morris, DVM (R5)

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Relationship Building 101

Erin Glassman, Trail Advocacy Chair

Lonely? Are you and your best riding friend and partner looking for something to do out on the trails, other than, you know, conditioning? Wanting to feel like you're a part of something bigger? Then, why not build a better relationship with your local park and its land management agency?

Getting to know you...

At some point you may either ride consistently or perhaps manage a ride at your local state park, private trail system or forest service land. In some situations you will need to gain permission to hold a special event such as a competitive trail ride at this location.

If you haven't spent the time already learning about how your land manager feels about our organization, NOW is the perfect time to let that person know about our sport. But don't just go in and start pounding vital statistics about competitive trail riding and all of its millions of perks--ease them into it. Be sure to ask the manager questions about the park, and special requirements that the management may hold. Be cooperative and polite and let them know that we as a group are responsible users.

Don't just ask for something; offer to help get 'er done!

When we use the trail systems of different agencies, we are like guests at their house. Would you spill something at a friend's house and just expect that they clean up after you? Of course not. Same concept here--if there's something that needs to be done or taken care of out on the trail, it is perfectly fine to discuss what the issue is with the land manager (politely, of course), and then offer to do something about it.

Perhaps there is an area that is overgrown with branches on the trail that you love to fly through--bring it up to your land manager and offer to clip out some of those eye-poking sticks on your next trip through. One word of advice, be sure that you communicate with the trail staff and make sure you

do it the way that they want the task done, which may take some training.

Budget, schmudget...

Times are tight. We all know this to be a given at this day and age. Whether it be forest service, national park, state or local park, we can almost guarantee that they are on a tight and limited budget. How can we turn this into a positive?

We can use this as an opportunity to volunteer our time, effort, and resources to help the parks out! Maybe they need some permanent trail ribbons put out on the trail in areas that were damaged the year before. What better way to spend an afternoon (or 8) training your trusty CTR steed? The park staff could really appreciate the extra time they don't have to spend on that so that they can focus on more important jobs.

Alms for the poor...

Did I mention budgets are tight? What are you planning on doing with the proceeds from your next ride? Why not earmark the funds to the park for a favorite potential project? Perhaps

they can use them for permanent trailhead signs? Wouldn't it be nice to see "donated by NATRC" right at the entrance of the trail?

Be the go-to person...or on the short list...

Whatever you do with the park, be sure to follow through and do what you say you're going to do. Don't blow a bunch of smoke--be the person that they can count on to do the job (and while you're at it, do the job right!). Honesty and reliability are a couple of great qualities for a person to have. Another note, make sure that after your event, the campground is in as good or better condition than when you came in.

Cooperate and collaborate with other user-types...

Last, but not least, don't forget to play well with others! Try to get to know the other trail users out there and develop a good relationship with them. We may not always see eye to eye, but we are all out there for the same reason--to enjoy our trails. The fact that you're trying shows good for the land management agencies as well.

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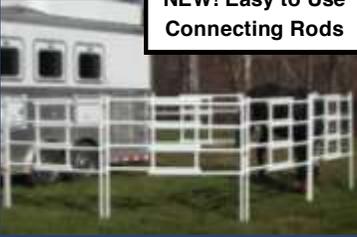
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Diversity. We hear this word in many contexts. We want our children to experience diversity at school, learning everything from math, science, geography and history to music, art and physical education. We want our towns and cities to offer diverse job opportunities covering manufacturing, agriculture, retail and services so that the economy will be strong. Billionaire Warren Buffet advises us to maintain a diverse investment portfolio with a mix of cash, stocks, bonds and real estate so that if any one of these suffers a setback, all is not lost. The same advice applies to the finances of NATRC.

Income, or revenue, for NATRC comes from many sources with slightly more than 40% from Membership dues. For example, through the first nine months of this year, \$28.9 thousand of \$69.7 thousand of total revenue came from dues. The next biggest source of income is from our primary product, our competitions. Through September, 23% of our income (\$16 thousand) came from ride fees, drug fees and sanction fees. The final piece of the income puzzle is from fund-raising activities which includes our Raffles and donations (23%), our National Sponsorships and advertising (10%). Interest income makes up the final 3%.

Of course, each of these income categories has a corresponding expense category! Total revenue of \$69.7 thousand through September covered \$67.5 thousand of expenses in the same period. One-third of the membership dues (\$8.8 thousand) was sent to the regions to meet their expenses, 90% of the Convention proceeds were spent on Annual Awards; the ride fees were spent on drug tests, scorecards, and rule books. All the other income was spent on *Hoof Print*, raffle costs, communication software, liability insurance, and the expense of maintaining our records and centrally managing all of our activities.

As a result, no money is available for Trail Development, marketing materials, our own advertising, education programs, member retention and recruitment, or financial help for ride managers. Clearly, these are items that we would like to fund and that will make NATRC a stronger organization.

In November, the National Board of Directors discussed adding other sources of revenue, specifically the introduction of planned giving and endowment options. Since 1961 NATRC has enjoyed the support and loyalty of more than 20,000 members, many of whom spent some of the most rewarding times of their lives with NATRC and who have expressed interest in remembering NATRC in their wills. Some members have also expressed a desire to provide financial support for certain rides in perpetuity.

By introducing and publicizing our ability to accept bequests and endowments, our members with their families can plan ahead and make the appropriate legal

arrangements to remember NATRC in their wills. NATRC will provide members with examples of legal language that can be used in documents and will also provide simple written instructions to file with their important papers that instruct the family to name NATRC as a beneficiary in lieu of flowers at memorial services.

When accepting a position on the National Board, each director also accepts responsibility to insure the financial health of the organization. As Warren Buffet says so well, diversity is a key to a sound financial strategy, and planned giving is another way to insure our health.

NATRC Ride Results

Please see latest ride results
at [www.natrc.org/
RideResults.htm](http://www.natrc.org/RideResults.htm)

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Media Advisory Board

This Winter Issue of *Hoof Print* is the last one that members who have signed up to receive the B&W print copy will receive for free.



Those of you who do not have access to the wild and wonderful world of the internet or have a turtle paced dial-up connection; please remember to subscribe to the print issue (\$15/yr) when you renew your membership.

The electronic version is “delivered” to all members who have given Laurie DiNatale, our Executive Administrator, their email addresses by email or when renewing or joining. They receive an E-News,

with link, announcing that the newest issue of *Hoof Print* is uploaded on the website. This E-News goes out about two weeks before the print version appears in subscribing members’ mail boxes.

Member Rider Fee Increase for 2013

Reminder from Jean Green, Ride Management Chair

Ride Managers and Secretaries:

At the July National Board of Directors meeting, the Board voted to increase the member rider fee to \$10 starting with the 2013 rides. The following items have been updated to reflect this change:

- **Generic entry Form:** If you use your own entry form, please update the member rider fee.
- **Fees & Stats Form**
- **Ride Management System**

Please be sure to use the updated forms.

The rider fee for non-members will remain at \$20.

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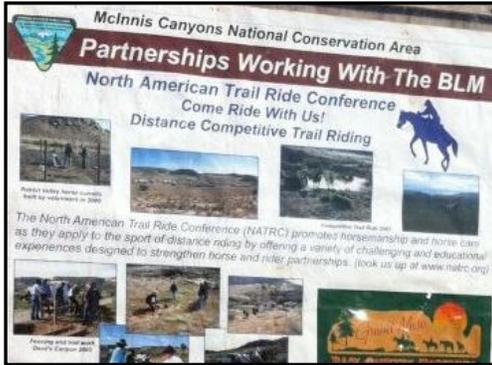
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Marketing -- A Picture is Worth...

Bev Roberts

There we are for all to see! This is the permanent BLM sign in R3's Rabbit Valley ride campsite. The site is just off I-70 in Colorado at the Utah/Colorado border. Thank you Sharon Roper-Dashner for coordinating this!

completed all three sports' rides held at Storm Ranch on three different dates throughout the year. The rides are doing it again in 2013.



Here we are in 10,000 copies of the Kansas Equestrian Trail Guide! Thank you Erin Glassman for putting this together and R6 for placing the ad!

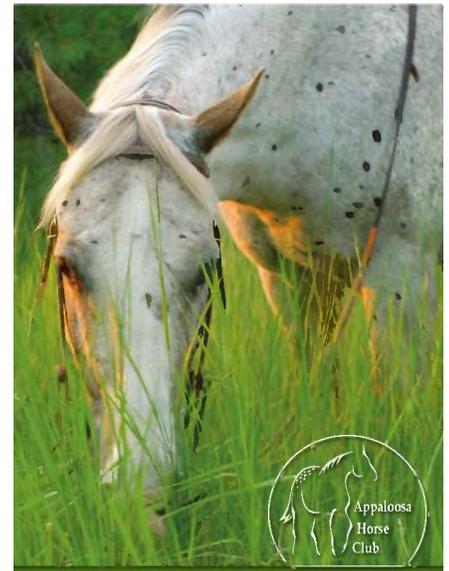


And the Triple Crown isn't just for Thoroughbreds! This is a different twist on a three-ride award. Three R2 managers in Arizona, Karen Kafka, Catherine Peterson and Kandace French, joined forces to promote their rides and to encourage participation by offering a special award to the high point team that completes all three rides.



Versatility Partners! Because three different types of rides were all held at one Texas location in R4, the ride managers for competitive trail (NATRC), endurance (AERC) and trail trials (TTC) got together with the ranch owner to offer this versatility award. It goes to the high point team that

BE A SHOWOFF! Send me a digital color photo of, and a brief write-up on, what you are doing in your region to promote NATRC and bring in new competitors! We'll let everyone in NATRC know what you are doing. It just might be the thing that will work for them, too.



Apache Land Trail Ride April 22-28

Empire Ranch, Las Cienegas NCA, Sonoita, Arizona
Saddle up and ride with us at the historic Empire Ranch. Enjoy 42,000 acres of spectacular vistas of expansive native grasslands, rolling oak woodlands, towering mountain ranges, riparian corridors, and vast desert landscapes. This will be a ride that you won't soon forget!

Chief Joseph Trail Ride July 29-August 4

West Yellowstone, Montana
You and your Appaloosa can be a part of history. Come enjoy a week of fun, friends, and family on the Nez Perce Trail.

Land of Liberty Trail Ride

Experience the wilderness in comfort and style on this fun filled ride in the historically rich North Eastern United States. Dates to be announced.

You want versatility, stability, fearlessness, strength.

You need. . .

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Come see what we have to offer

Exercise Flexible Thinking with NATRC

Elaine Swiss

Who hasn't read articles, watched DVDs or attended clinics and classes that demonstrate the benefits of improving flexibility? Well, flexibility is not just for you or your horse. It is for your sport, too!

At the November National Board of Directors' meeting in Denver, your elected representatives spent the informal session on Friday evening discussing the challenges NATRC faces in improving its product, which is, of course, improving its sanctioned competitions.

Since 2006 ride attendance has fallen more than 40%, from a high of 2659 that year to just 1497 in 2011. And while ride attendance has actually increased in 2012, most ride managers are struggling to break even with their events due to a national average number of competitors of only 36 this year,

down from an average of 41 in 2009.

During the thought-provoking session, the directors reviewed all of the reasons non-NATRC distance riders or ex-NATRC competitors have expressed about NATRC over the years. The most oft repeated reasons were "too many rules" and "too restrictive and expensive for management."

As the Board explored these reasons, it became clear that NATRC is frequently defined not by its Rule Book, but by its traditions and long-time practices. "That's the way we do things in NATRC" is heard more often than "that's against the rules".

Soon the Board was brainstorming ways we could be more flexible for competitors and for management. For example, why not offer back-to-

back one day "B" rides? Or why not offer a one-day "B" ride on Friday and a two-day "A" ride on Saturday and Sunday? Or five days of various options? Sometimes the wait in line for check-out after the ride seems to go on forever; how could we speed up the check-out process? Could we be more flexible in how we judge stabling on "B" rides held all on one day? Or for local riders?

Flexible thinking is a state of mind. The Board captured many ideas on how we could be more flexible and therefore more attractive for NATRC riders and ride managers. We'll be discussing these ideas in the upcoming months and how flexible thinking fits into the big picture of our sport.

Please help us and bring your ideas to your National and regional Board members. Let's all exercise flexible thinking!

New Sport Horse Awards

ASHA's Saddlebred Sport Horse Award Program

- Pure and Part Saddlebreds eligible
- NATRC, AERC, and ACTHA rides earn points
- Awards and cash prizes



To learn more, contact the American Saddlebred Horse Association at www.saddlebred.com or Lisa Sideman at SaddLLP@gmail.com

New, Special Award

Bev Roberts National Horsemanship Champion

The Bev Roberts National Horsemanship Champion award program was approved by the Board of Directors in July 2012 with recognition beginning in 2013. Riders who have won national championships on five or more different equines are qualified. Specifics of the award are:

BEV ROBERTS NATIONAL HORSEMANSHIP CHAMPION (5 Different National Champion Equines): In the Open Division, a rider shall be declared a Bev Roberts National Horsemanship Champion upon achieving five (5) National Championships with five (5) different equines.

- The year the fifth national championship is earned will be labeled as the award year.
- Upon earning a fifth national championship with a fifth equine, the rider will be named and given an award at that ride season's National Convention.
- More than one rider may receive this award in any year.
- There will be years when no award is given.
- The award will be given in increments of five; i.e. another five national championships on another five different equines.
- A recipient who receives the award twice is thus recognized as having achieved 10 national championships on 10 different equines. A three time recipient is recognized as having achieved 15 national championships on 15 different equines; likewise four times is 20 national championships; five times = 25 and so on.
- A rider may only be credited with an equine's National Championship if the rider rode the equine in *all* rides leading to the National Championship.
- Beginning in 2013, all previous riders from NATRC's National Championship inception in 1978 who have qualified for this award, and subsequent winners, will be named and recognized in various NATRC media in the same manner as all other national awards (Rule Book, website, magazine articles, and so forth).
- No physical awards will be given to retroactive winners.

According to our records, the following riders are currently qualified for this award.

Bev Roberts
Bill Hinkebein
Nancy Diamond
Terry Roberts Smith

If you think you are qualified and have been overlooked, please contact Laurie DiNatale
natrc@natrc.org
303-688-1677



www.indianhorse.com
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National Board of Directors Meeting Summary

Denver, CO, Nov. 10, 2012

CALL TO ORDER by Gary Clayton, 8 a.m., November 10, 2012.

ROLL CALL. Dieterich, Ferris, Walls, DeMattei, Wolgram, Peters, Kim Winterrowd (for Gould), Swiss, Cowart, Clayton, Lindsey and Weil present. Laurie DiNatale, Executive Administrator, and Patsy Conner, Sanction Chair and Judges Committee Co-Chair, present.

MINUTES. July 14, 2012. Call for corrections. **Swiss moved to accept minutes, Lindsey seconded. Motion approved.**

PRESIDENT'S REPORT. Clayton thanked the BOD for their service and stated that it has been a pleasure to serve with them.

EXECUTIVE ADMINISTRATOR'S REPORT. DiNatale sent report. A storage unit has been rented for some of the NATRC materials.

SECRETARY/TREASURER'S REPORT. Swiss reviewed her report. We are doing well financially for overall economic conditions. Our revenue is up. Expenses are down. Report approved.

ELECTION RESULTS. Region 1-Angie Meroshnekoff-Director. Region 2-Beni DeMattei-Director. Region 3-Jerry Sims-Director. Region 4-Kim Winterrowd-Director. **Motion by Peters, seconded by Swiss, to appoint Larry Gould as Alternate for Region 4 (term ending 2013), and Sarah Rinne as Region 6 Director (term ending 2013). Motion approved.**

BYLAWS & RULES. Lory Walls (Wayne Hyatt). SEE RULES REPORT.

POLICIES AND PROCEDURES. Dieterich.

1. Changing the Jim Menefee Honorary Lifetime Membership to the Jim Menefee NATRC Lifetime Achievement Award. **Motion by Swiss, seconded by Walls, to change the Jim Menefee Honorary Lifetime Membership to the Jim Menefee NATRC Lifetime Achievement Award. Motion approved.** Dieterich-will need a rewording of criteria.
2. Ride Manager/Ride Chairman/Ride Chair/Ride Chairperson. Best term to use? Dieterich felt that Ride Chair would be most consistent. Some didn't like "Chair" but instead preferred "Manager". **Motion by Lindsey, seconded by Swiss, to change "Ride Chairman" to "Ride Chair". Motion approved.**
3. The need for an annual meeting is not documented. Consensus that an annual meeting is valuable as a general meeting of the membership.
4. Electronic meetings. California Corporate Code allows for electronic meetings. Dieterich feels that Electronic meetings are valuable and may be able to be used for one of the BOD meetings each year. Peters suggested that each region conduct electronic meetings to learn the system.

PROTEST. Cowart. No current Protests.

PLANNED GIVING. Cowart feels that it is best not to introduce the Planned Giving program in the same year as a large raffle, and it will take more time to structure the program properly. Swiss felt that we need to set objectives for the money raised. Cowart feels that a fundraising campaign is necessary so that we can focus on areas that we haven't been able to cover without using our general operating accounts. The committee is contemplating what form of recognition will be offered to donors. Clayton asked for a consensus from the BOD on whether Cowart and Swiss should proceed with Planned Giving and Estate Planning programs. Consensus, yes.

RIDE SANCTION. Patsy Conner distributed and reviewed report. Conner needs to know when the Regional Ride Coordinators change. She relies on those coordinators in the sanctioning process. Conner stated that all ride managers need to be aware of requirements for liability forms. She will ask Jean Green to work with Bev Roberts to do an Enews and an article in HP to remind all ride managers that they need to have all riders and workers sign both a liability waiver and the sheet that is specific to their state. Ride managers also need to be reminded to put the name of ride and date on the liability waivers.

CLINIC SANCTION. Linda Clayton. Report filed. Peters feels that clinics are very important to bring in new riders to the sport.

MANAGEMENT. Jean Green. Report filed. Jean Green's report pointed out that confusion has arisen about how to calculate the "average pace" of a ride to meet requirements specified in the Rule Book. Part of the problem comes from the sample calculation on the Sanction Guidelines where the pace is based on minimum riding time. If the pace based on minimum time is 4 MPH, the *average pace* (for mid time) might be less than the 4 – 6 MPH requirement in the Rule Book.

BOD Meeting Minutes, *Continued*

Similarly, on the Ride Progress Report, if the calculated pace is based on basic/minimum time as shown in the Sanction Guidelines, the pace is actually the maximum pace, not the average pace. The information in the Management Manual uses different wording that adds to the confusion. Dieterich explained "basic/minimum riding time" versus "elapsed time". Basic/ minimum riding time is time on the trail without adding in P&R's or lunch. Elapsed time is the basic riding time, plus P&R's and lunch. If we use the term "average/mid riding time" (mid-time excluding P&R's and lunch; the time an average horse takes to cover/time the trail) instead of "basic/ minimum riding time" - the calculated pace would be "average pace" and hopefully cause less confusion. When minimum time is 6 hours or more, including P&R's, you must have a lunch stop.

RULES INTERPRETER. Liz Scott sent a spreadsheet of RI reports received and comments. Swiss felt that RI reports are extremely important. Dieterich brought up a philosophical question regarding whether a rider should receive time back for acts of good sportsmanship. Some felt that rewarding sportsmanship is an important aspect of our sport. Others felt that since we have no rules in place to allow the credit of time for good sportsmanship, we should not do it. Consensus that there are times when, because of a major horsemanship decision while helping another rider or horse, a rider should receive time credit at the discretion of the ride chair.

INSURANCE. DiNatale. No rate increases for 2013.

SAFETY. Swiss for Gould. Recruiting Safety Riders is extremely difficult. It is hard to find qualified Safety Riders. Better to have an ATV or bicycle than an unqualified safety rider. Need to explore all options on Safety Riders.

MARKETING/PUBLICITY. Bev Roberts. Report sent. Roberts has been working on website to make it easier to navigate.

RAFFLE. Swiss. 2012 raffle will be a choice of an Eli Miller saddle, a Cabela's gift certificate or a Tractor Supply 60' round pen. Winning ticket will be drawn at the 2013 National Convention. The 2013 Raffle will be six Ranch Vacations, one Ranch Vacation in each of the six regions. Each ranch offers something different based on their facilities. There will be six drawings. 1st one gets choice of ranch they want, 2nd gets the next choice and so on.

JUNIORS. Peters. It seems best to recruit juniors for rides either right after school is out for summer or right before school starts in the fall. Swiss-Region 4 will present a clinic for juniors at their Regional Convention.

FOUNDATION. Foundation will meet in February at the National Convention.

DRUG TESTING. Jerry Weil, DVM. Seven rides have been tested with no positives reported.

VETERINARY DRUG COMMITTEE. Michael Peralez, DVM. No report.

TRAIL ADVOCACY & GRANTS. Report filed by Erin Glassman.

BUSINESS MODELS AND MEASUREMENTS. Swiss.

1. Asked BOD to review the goals sheet. Consensus to allow two \$100 clinic insurance reimbursements per region for 2013.
2. Considering the volunteer resources, the direction of HoofPrint was discussed.
3. Wolgram brought up membership incentives. She suggested that we offer a drawing for two free ride entries to all members renewing by April 1st. **Motion by Wolgram, seconded by Lindsey, to offer a drawing for two free ride entries to one ride or one free entry to two rides, to all members renewing by April 1, 2013. The two free entries could be used at the ride, or rides, of their choice, until April 1, 2014. Meals and camping fees would not be included. The entries would be transferrable. Motion approved.**
4. Storage unit rent. Discussion on DiNatale's automatic salary increase of 3%. DiNatale has declined that increase since 2009. **Motion by Swiss, seconded by Weil, to increase the rent by the amount that would equal a salary increase of 3%. Motion approved. Motion by Swiss, seconded by Lindsey, to continue to maintain the storage unit for 2013. Motion approved.**

SPONSORSHIPS. Swiss will keep sponsorships at \$10,000 for the 2013 budget.

EDUCATION. Jamie Dieterich has been working on updating the website for new riders. The old "Intro to Competitive Trail Riding" could be placed on the website. Dieterich is working on revising the Riders Manual with updated text and color photos. The Riders Manual could be available on the website either as a free download or at a cost. Perhaps certain materials, like the Riders Manual, could be available free to members on the members-only section, but at a cost in the areas accessible to all.

BOD Meeting Minutes, *Continued*

MEMBERSHIP. Betty Wolgram. Report submitted.

JUDGES. M. Peralez/P. Conner.

Dieterich reviewed Apprentice and Provisional Vet Judges. Natalie Goldberger, DVM has completed her Apprenticeship. **Motion by Dieterich, seconded by Peters, to approve Natalie Goldberger, DVM as an NATRC Vet Judge. Motion approved.** Carrie Porter, DVM is Provisional. Valerie Bixler, DVM is an Apprentice. Sharon Dehart, DVM is an Apprentice.

Horsemanship Judges. Conner reviewed report. Jerry Sims has completed his Apprenticeship. **Motion by Lindsey, seconded by Cowart, to approve Jerry Sims as an NATRC Horsemanship Judge. Motion approved.** Becky Rogers will be advance to Provisional. Conner asked the BOD to respond to Erin Glassman's letter to the BOD with Conner and Peralez copied on the letter. Gary Clayton will respond to Erin on the matter.

HALL OF FAME. Jackie Coleman. No report.

STUDENT LOAN/SCHOLARSHIPS. DeMattei. No applications received for loans or scholarships. Presently there is approximately \$750 available.

BREED & ORGANIZATION LIAISONS.

A.H.A. Bob Insko. No report. Swiss attended AHA National ride at Biltmore.

BREED LIAISON. Lindsey has contacted all of the Breed partners to ask for renewals on ad exchanges. Will expand on number of organizations we hope to have exchanges with. She would like to see a *Hoof Print* Breed issue, which would showcase all of the breeds that compete in our sport.

HONORARY & APPRECIATION. Ruth Mesimer sent report with the names of people or groups to be recognized at a Regional level at the National Convention. Nominees for the Jim Menefee Lifetime Achievement Award are Jean Green and Shirley Sobol. By written ballot Jean Green was chosen as the recipient of the 2012 Jim Menefee Lifetime Achievement Award.

ANNUAL POINTS/NATRC DATA/ NATIONAL RECOGNITION. Gloria Becker/Cheri Jeffcoat/Laurie DiNatale. No report.

WEBINAR. Ferris. No report.

CONVENTION 2013. Region 3. Location will be the Hilton Doubletree Denver. February 21-23. BOD meeting on the 21st. Room rates of \$92 which includes breakfast.

CONVENTION 2014. Region 4. Location has been set in Tulsa, OK. Lee Ann Dreadfulwater will Chair. AERC may join us.

REGIONAL REPORTS.

- R1. Dieterich. One ride returned and one new ride. Eight rides for 2013. Two ride managers doing two rides. Region has junior rebate program. Region pays Vet Judges dues for the year following one that they judge in. Theme for the Regional convention is "The Whole Horse".
- R2. Walls. Region encourages potlucks on Friday night of the rides to get riders together. CA is having huge land use fee increases. DeMattei-AZ will have a series of three rides, which will be called the "AZ Triple Crown". High Point Horse from all three rides will be awarded a cooler and an entry to one of the rides the following year.
- R3. Peters. Region is adding a Marketing Kit on their website. This includes a PowerPoint presentation and templates for business cards. Region is further developing the mentor program. Region will participate in the Rocky Mountain Horse Expo.
- R4. Swiss. The Regional Convention, February 9, 2013, will focus on volunteers with theme, "The Heart of NATRC". All photos shown at the convention will be of volunteers. Possible 13 rides for 2013. Region gives new managers insurance grants.



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BOD Meeting Minutes, *Continued*

- R5. Clayton. Lost four rides for 2013, but gained three. Biltmore, Uwharrie and Spanish Trail will have new management. There will be two Heart of Dixie rides. Eleven rides expected in 2013. Regional Convention will be in early March with awards budget doubled. Region will approve up to \$500 for traveling expenses for Apprentice Judges. Two, possibly three clinics for 2013.
- R6. Lindsey. One new ride on the NE/SD border. Hoping for a SD ride in the future. Region has a mentor program. Region is looking at a punch card for riders riding a certain number of rides and earning a free or discounted ride. This was the third year of the 100% Club. Regional Convention will be in early March.

Shared BOD amount \$274.92.

Old Business: RMS Status. Linda Clayton reported that Peter Yovich of Region 4 is now the administrator of the system.

Spotted Saddle Horse Breeders & Exhibitors Assoc. Outreach Incentive Program



Free Registration With Membership
Start Earning Points for Year End Awards

For More Information Contact

SSHBEA

PO Box 1046

Shelbyville, TN 37162

931-684-7496

WWW.SSHBEA.ORG

New Business:

1. General Meetings at National Convention. Previously discussed.
2. One of the Friday night's informal discussions was how we might make the rides a more streamlined process for both managers and riders. There are probably ways to make the ride more enjoyable and more efficient, for both riders and managers, without compromising our original philosophies. We need to think of different ways to do some things, to make them more efficient. Swiss encouraged BOD to think about "Flexible Thinking" before February meeting.
3. Elections. Elaine Swiss elected as Treasurer by acclamation. Lory Walls elected as Vice-President by acclamation. Kim Cowart elected as President by acclamation.

Next meeting to be held February 21, 2013. Aurora-Denver Doubletree Hotel, 13696 East Iliff Place, Aurora, CO 80014

Minutes on file at National Office.

GoodSearch and GoodShop

NATRC can receive one penny for each internet search using GoodSearch as the search engine. You wouldn't think that could add up to much, but it does. And you can shop using GoodShop, which includes all the big retailers, with up to 30% going to NATRC. Turn your search and shopping into dollars. If you aren't already, please consider going to www.GoodSearch.com and setting North American Trail Ride Conference-NATRC (Sedalia, CO) as your preferred charity.

Thanks!

Laurie

NORTH AMERICAN TRAIL RIDE CONFERENCE



YEAR-END AWARD SPONSORSHIP

NATRC invites you to consider sponsoring a year-end award. Make this your yearly tax-deductible donation to NATRC. We appreciate any individual sponsorship or that of a club or business. Your sponsorships ensure the continued high quality of our awards. All sponsorships will be acknowledged in *Hoof Print*.

You may sponsor entire awards, portions of awards, or a certain horse's or rider's award. We try to accommodate requests for specific sponsorships. Please indicate both a first and second choice. Date of receipt will receive priority. The awards will be presented at our National Convention. See www.natrc.org for registration information.

.....
PRESIDENTS CUP: ___ SILVER BUCKLE: \$150 ___ BLANKET: \$130 ___ RIBBON: \$10

FIRST TIME NATIONAL CHAMPION HORSE: ___ BLANKET: \$130 ___ RIBBON: \$10 Horse Name _____

REPEAT NATIONAL CHAMPION HORSE & RIDER TEAM: ___ CHEVRON: \$15 Horse Name _____

BEV TIBBITTS GRAND CHAMPION AWARD: ___ SILVER BUCKLE: \$150 ___ RIBBON: \$10

OVERALL HIGH POINT OPEN HORSE AWARDS: Total Needed - Three Sets: Heavyweight, Lightweight, Junior

___ SET of EMBROIDERED RUMP RUG (First Place) and SIX RIBBONS (First through sixth place): \$80/set

___ EMBROIDERED RUMP RUG (First Place): \$20/ea ___ RIBBON (First through sixth place): \$10/ea

Horse Name _____ Region _____

OVERALL HIGH POINT OPEN HORSEMANSHIP AWARDS: Total Needed - Three Sets: Heavyweight, Lightweight, Junior

___ SET of EMBROIDERED RUMP RUG (First Place) and SIX RIBBONS (First through sixth place): \$80/set

___ EMBROIDERED RUMP RUG (First Place): \$20/ea ___ RIBBON (First through sixth place): \$10/ea

Rider Name _____ Region _____

OVERALL HIGH AVERAGE COMPETITIVE PLEASURE HORSE AWARDS: Total Needed: One Set

___ SET of EMBROIDERED RUMP RUG (First Place) and SIX RIBBONS (First through sixth place): \$80/set

___ EMBROIDERED RUMP RUG (First Place): \$20 ___ RIBBON (First through sixth place): \$10/ea

Horse Name _____ Region _____

OVERALL HIGH AVERAGE COMPETITIVE PLEASURE HORSEMANSHIP AWARDS: Total Needed: One Set

___ SET of EMBROIDERED RUMP RUG (First Place) and SIX RIBBONS (First through sixth place): \$80/set

___ EMBROIDERED RUMP RUG (First Place): \$20 ___ RIBBON (First through sixth place): \$10/ea

Rider Name _____ Region _____

REGION HORSE & RIDER TEAM AWARDS: Total Needed - 42: Seven Sets per region for six regions.

___ SET of RIBBONS (First through sixth place): \$60/set Region No. ___ R1 ___ R2 ___ R3 ___ R4 ___ R5 ___ R6

Division _____ Class _____

___ SINGLE RIBBON: \$10 Horse & Rider's Names: _____ Region _____

Division: _____ Class: _____

.....
SPONSOR NAME AND ADDRESS: _____

Phone number _____ and email address _____

Make check payable to NATRC. Amount Enclosed: _____ Mail To: NATRC SPONSORSHIP, PO Box 224, Sedalia, CO 80135

THANK YOU FOR YOUR SUPPORT. WE APPRECIATE IT!

NORTH AMERICAN TRAIL RIDE CONFERENCE

Budget vs. Actuals: September 30, 2012 P&L			Profit & Loss		
	Actual	Budget		Jan - Sep, 2012	Jan - Sep, 2011
Income			Income		
40000 Memberships	28,867.02	28,000.00	40000 Memberships	28,867.02	27,133.56
40010 Platinum Membership Upgrade	2,160.24	2,000.00	40010 Platinum Membership Upgrade	2,160.24	2,107.13
41000 Rides	15,997.06	17,300.00	41000 Rides	15,997.06	11,245.05
41500 Clinics	0.00	0.00	42000 Product Sales	243.34	620.88
42000 Product Sales	243.34	725.00	43000 Sponsorships	6,662.68	7,352.90
43000 Sponsorships	6,662.68	7,000.00	43500 Raffles	5,469.06	2,275.07
43500 Raffles	5,469.06	5,000.00	44000 Hoofprint Ads/Subscriptions	458.28	1,042.28
44000 Hoofprint Ads/Subscriptions	458.28	660.00	45000 Convention and Awards	6,708.41	3,418.00
45000 Convention and Awards	6,708.41	3,000.00	46000 Trail Advocacy	0.00	1,000.00
46000 Trail Advocacy	0.00	1,000.00	47000 Donations	1,453.40	1,900.60
47000 Donations	1,453.40	1,050.00	47500 Scholarship Donations	0.00	100.00
48000 Other Income	32.58	0.00	48000 Other Income	32.58	74.31
49000 Interest Income	1,645.88	1,810.00	49000 Interest Income	1,645.88	2,081.06
Total Income	\$69,697.95	\$67,545.00	Total Income	\$69,697.95	\$60,350.84
Gross Profit	\$69,697.95	\$67,545.00	Gross Profit	\$69,697.95	\$60,350.84
Expenses			Expenses		
*Uncategorized Expenses	0.00	0.00	*Uncategorized Expenses	0.00	
50000 Member Dues to Regions	8,840.00	8,565.00	50000 Member Dues to Regions	8,840.00	9,912.49
50500 Platinum Membership Upgrades	2,603.00	3,100.00	50500 Platinum Membership Upgrades	2,603.00	3,192.00
51000 Ride Costs	2,851.89	2,695.00	51000 Ride Costs	2,851.89	2,238.42
52000 Clinic Expenses	200.00	400.00	52000 Clinic Expenses	200.00	200.00
53000 Product Costs	338.44	1,500.00	53000 Product Costs	338.44	
54000 Marketing	1,237.56	1,560.00	54000 Marketing	1,237.56	1,278.98
54300 Raffle	1,272.30	1,100.00	54300 Raffle	1,272.30	1,070.53
54500 Hoofprint	5,897.91	8,250.00	54500 Hoofprint	5,897.91	10,531.18
55000 Convention and Award Expenses	5,806.13	6,032.00	55000 Convention and Award Expenses	5,806.13	5,612.97
56000 Trail Advocacy Expenses	0.00	500.00	56000 Trail Advocacy Expenses	0.00	500.00
56500 Staff Expenses	30,058.37	29,797.00	56500 Staff Expenses	30,058.37	26,594.06
57000 Administrative	8,415.33	8,331.00	57000 Administrative	8,415.33	8,017.57
59000 Other Expense	20.00	45.00	59000 Other Expense	20.00	55.00
Total Expenses	\$67,540.93	\$71,875.00	66900 Reconciliation Discrepancies	0.00	770.81
Net Operating Income	\$2,157.02	(\$4,330.00)	Total Expenses	\$67,540.93	\$69,974.01
Net Income	\$2,157.02	(\$4,330.00)	Net Operating Income	\$2,157.02	(\$9,623.17)
			Net Income	\$2,157.02	(\$9,623.17)

Make Your Reservations!

NATRC National Convention
Feb. 21-23, 2013
Aurora, Colorado (near Denver)
See registration form on page 33

NORTH AMERICAN TRAIL RIDE CONFERENCE

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MEMBERSHIP FORM - RENEW, JOIN OR PURCHASE ITEMS ONLINE AT WWW.NATRC.ORG

Memberships run from January 1-December 31. We offer eight membership plans: four Regular; two Lifetime and two Platinum. The Platinum plans receive all the benefits of the Regular plans plus personal excess liability coverage with a \$1,000,000 policy limit.

CHECK PLAN DESIRED

REGULAR MEMBERSHIP: All memberships include: electronic national newsletter-*Hoof Print*, your region's newsletter, E-News subscription, eligibility for annual national and regional high score awards and championships, horse and rider mileage awards, reduced ride entry fees, sponsor discounts, and automatic membership in your region.

- FAMILY**..... \$90 /yr Household of 1 or 2 adults & children under the age of 18 as of Jan 1 (2 votes)
- SINGLE** \$60 /yr Single adult member (1 vote)
- ASSOCIATE**... \$50 /yr Equine-related groups or businesses only (no vote)
- JUNIOR**..... \$40 /yr Single Junior member under age 18 (no vote)

LIFETIME MEMBERSHIP: One time membership payment.

- FAMILY**..... \$10,000 Household of 1 or 2 adults & children under the age of 18 as of Jan 1 (2 votes)
- SINGLE** \$ 5,000 Single adult member (1 vote)

PLATINUM MEMBERSHIP: Platinum members receive insurance benefits through Association Resource Group-ARG. Platinum members receive personal excess liability coverage with a \$1,000,000 policy limit. Coverage is for claims brought against members of NATRC (Platinum) arising from the use and /or ownership of a horse and for horse-related accidents involving third party bodily injury or property damage. Coverage will apply when engaged in any horse related activity, and coverage is in excess of any existing valid and collectible insurance. There is no deductible. Professional Liability is not included. Business exposures are excluded.

- FAMILY**..... \$130 /yr Household of 1 or 2 adults & children under the age of 18 as of Jan 1 (2 votes)
- SINGLE** \$ 80 /yr Single adult member (1 vote)

ANNUAL LIFETIME MEMBER PLATINUM UPGRADE: _____ \$20 Single _____ \$40 Family

NATRC Specialties (Optional)

- Patch (inc. w/new membership). \$5.00
- 10" Round NATRC Emblem Sticker.. \$5.00
- 4" Round NATRC Emblem Sticker.. \$3.00

A 2013 Rule Book is free with your membership. To save NATRC \$\$\$, the Rule Book can be downloaded from www.natrc.org or a hard copy can be requested by checking here _____

\$ TOTAL ENCLOSED _____ (Colorado residents please add 2.9% on Specialty Items)

Hoof Print will be delivered electronically. To receive a print copy, please add \$15 and check here:

Please list first and last names, especially those with different last names, of all competing family members.

Name(s) _____
Jr(s) Birthdates _____
 Street _____ City _____
 State, Zip _____ Phone (_____) _____
 Email _____

(WE REALLY NEED YOUR EMAIL FOR DELIVERY OF HOOFPRIINT. IT WILL NOT GO OUTSIDE OF NATRC. THANKS!)

New member? Will you share how you found out about NATRC? _____

***** Mail completed form and check to : NATRC, PO Box 224, Sedalia, CO 80135 *****

Rule Changes for 2013 From the Nov. 10, 2013 NBOD meeting

Changes in bold

1. Section 2A.5.f. (page 2-2) reads:

f. To maintain sanctioned ride status:

- (1) A ride must be listed in Hoof Print with the correct date at least once.
- (2) Entry forms must be pre-approved by Sanction Chairman before mailing to members

Change to read:

- (1) A ride must be listed **on the NATRC official web site (with the correct ride date) at least 60 days prior to the ride.**

Purpose: To correct an error in the Rule Book. The Hoof Print is no longer published often enough for ride managers to abide by the present wording.

Approved for 2013

2. Section 5 I.4. (page 5-3) reads:

4. Riders must remain in the saddle when the horse is in forward motion over the course but may dismount and rest themselves and the horse anytime, provided they do not advance. At any location designated by the trailmaster as hazardous, riders may be instructed to dismount and proceed on foot for a specified distance.

Change to read:

4. Riders must remain in the saddle when the horse is in forward motion over the course but may dismount and rest themselves and the horse anytime, provided they do not advance. At any location designated by the trailmaster, **ride manager, or judges** as hazardous, riders may be instructed to dismount and proceed on foot for a specified distance.

Purpose: To correct the Rule Book since this is often presently done on rides.

Approved for 2013

3. Section 10 B.2.a. (page 10-1) reads:

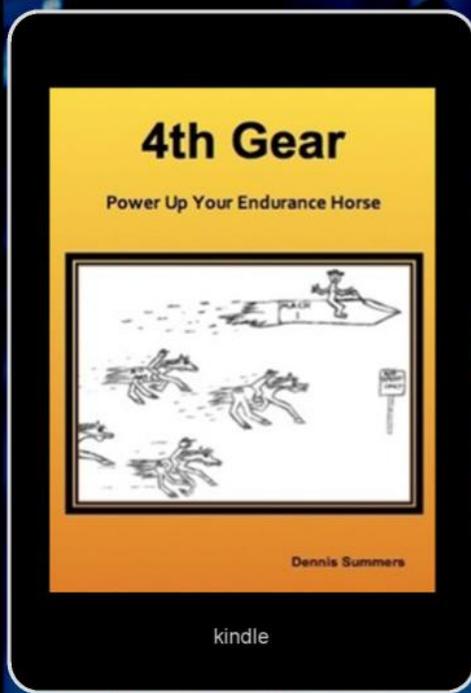
- a. National Championship – In Open Division in heavyweight, lightweight and junior classes a horse shall be declared a National Champion when both of the following requirements are met within any three- year period in which rides are held.

Change to read:

- a. National Championship – In Open Division in heavyweight, lightweight and junior classes a horse shall be declared a National Champion when both of the following requirements are met within any **consecutive** three-year period in which rides are held.

Purpose: To clarify the three-year period must be consecutive. Note- this is only for Region 1A (Alaska)

Approved for 2013



The image shows the cover of an ebook titled "4th Gear: Power Up Your Endurance Horse" by Dennis Summers. The cover is yellow and orange with a central illustration of a horse and rider. The text on the cover includes the title "4th Gear", the subtitle "Power Up Your Endurance Horse", and the author's name "Dennis Summers". The word "kindle" is visible at the bottom of the cover.

4th Gear
includes information
on selecting, training
and conditioning your
distance horse.

Learn about the
Ebook and the author
on Facebook and
4thgearendurance.com.

Ebook available
at amazon.com and
lulu.com, for \$10.
Cheap!

Rule Changes for 2013, *continued*

4. Section 5 B.4. (page 5-1) reads:

4. Stabling Options **Not Allowed** during competition as primary containment:
 - a. Hobbling of any kind
 - b. Portable pens/corrals
 - c. Staking out in any manner

Changed to read:

4. Stabling Options **Not Allowed** during competition as primary containment:
 - a. Hobbling of any kind
 - b. Portable panels that are not securely anchored to a trailer or a tree**
 - c. Electric fencing**
- d. Staking out in any manner.

Purpose: to provide the use of certain types of portable corrals/panels.

Approved for 2013

6. Section 6. B.1. (page 6-1) reads:

1. Condition 40%: The evaluation of condition shall include, but not be limited to, the following: fatigue, P&R recovery, attitude and willingness, muscle soreness, mucous membrane, azoturia, thumps, hydration and capillary refill, bowel sounds, colic, respiration character, sweat and salivation, coordination, eating and drinking, etc.

Change to read:

1. Condition 40%: The evaluation of condition shall include, but not be limited to, the following: fatigue, P&R recovery, **CRI (cardiac recovery index)**, attitude and willingness, muscle soreness, mucous membrane, **myoglobinuria**, thumps, hydration and capillary refill, bowel sounds, colic, respiration character, sweat and salivation, coordination, eating and drinking, etc.

Purpose: to include the ability to use CRI (cardiac recovery index) in the evaluation of condition and correct terminology (myoglobinuria instead of azoturia).

Not Approved for 2013: Rationale: the word "**shall**" could be interrupted as requiring the use of CRI for the evaluation of condition. The intent was to allow, but not require. There needs to be a re-work of this section for clarity.

ARIZONA'S TRIPLE CROWN

YES! Arizona is holding **THREE** rides in 2013!



Bumble Bee Ride
Bumble Bee
March 15-17, 2013
serene-equine@hotmail.com

M&M Ride
McDowell Mtn Park
February 15-17, 2013
laughing-mule@earthlink.net

STAR Ride
San Tan Mountain
Regional Park
January 4-6, 2013
kafka.karen@gmail.com

SPREAD THE WORD
JOIN THE FUN
WIN THE CROWN!



Drug Testing

Jerry D. Weil
Chairman Drug Testing Committee

The drug testing committee tested seven rides in 2012 and a total of seventy horses. I am very happy to report that no illegal substances were found. It is a credit to our sport that we have so many responsible and honest members. Keep up the good work. The committee will spot test regions in 2013 and future years as a security check to insure our sport remains fair, and the playing field remains level.



**NATRC 2013 NATIONAL CONVENTION
FEBRUARY 21-23, 2013**



“THE BIG PICTURE”

**Convention Registration Form
(please, one form per registrant)**

Note: items are subject to change—please check Natrc3.org for the most current information

Name: _____ email: _____
 Address: _____
 City: _____ State: _____ Zip: _____
 Phone(home): _____ Phone(other): _____

Check out the Early Bird Special! Includes all speakers and Awards Banquet
 Reservations must be postmarked by **2/1/2013**

Remember your Family Discount
 Includes all speakers and Awards Banquet
 All registrations must be sent together

Cancellation Fee \$25.00
 For Reservations cancelled by 2/1/2013
NO SHOWS/NO REFUNDS!

Hotel Reservations
 (make directly with the hotel, use link below)

Two guests per room



Hilton DoubleTree (Aurora)
 Denver, Colorado
 303-337-2800

Hotel Link:
<http://doubletree.hilton.com/en/dt/groups/personalized/D/DENITDT-NAT-20130219/index.html>

**Reservations must be made by
 Friday, February 1, 2013.**

Make check payable to: NATRC Region 3, send to:
 NATRC National Convention c/o Chuck Smith
 PO Box 687, Flora Vista, NM 87425 505-215-2625

Convention Package includes all speakers and Saturday Awards Banquet
 (Does not include Friday Night Region 3 Awards Banquet)

	Pre-Register	@ Door	Total
Early Bird Special (Postmarked by 2/1/2013)	\$120	NA	_____
Convention Package	\$135	\$155	_____
Family Discount (For each add'l family member)	\$ 95	\$115	_____
NBOD Meeting-Thursday	Free	Free	_____
Speakers – Friday Only	\$ 45	\$ 55	_____
Speakers – Saturday Only	\$ 45	\$ 55	_____
Speakers – Fri & Sat	\$ 90	\$110	_____
National Awards Banquet	\$ 45	\$ 55	_____
GRILLED PORK CHOP (Sautéed Apples and Onion Compote)			# _____
STUFFED CHICKEN BREAST (Three Cheese, Spinach Blend with Green Pepper Coulis)			# _____
VEGETARIAN ENTRÉE (Three different choices on Veggie plate)			# _____
<i>Each Entrée will come with:</i>			
--Salad (Mixed Greens Salad with Grape Tomatoes, Cucumber and Carrot Strings Served with Choice of Ranch Dressing or Balsamic Vinaigrette)			
--Autumn Harvest Rice Blend			
--Dessert - Triple Chocolate Mousse			
Short Sleeve Shirt	__S__M__L__XL	\$ 14	_____
Long Sleeve Shirt	__S__M__L__XL	\$ 18	_____
Sweat Shirt	__S__M__L__XL	\$ 24	_____
<i>Shirts may also be ordered if you cannot attend Convention, but must be ordered and paid for by January 15, 2013.</i>			
Region 3 Banquet – Friday	\$ 45	\$ 55	_____
TOTAL			_____

Denver, CO, the “Mile-High City,” welcomes you to the
NATRC 2013 Convention!



“THE BIG PICTURE”
FEBRUARY 21-23, 2013

Please join us for interesting and informative speakers, including:

Terry Swanson, DVM
Littleton Equine Medical Center

Michael Gotchey, DVM
Steamboat Springs Veterinary Hospital

Dr. Michael Zyzda
Colorado Podiatry Consultants

NATRC Rider Panel Q&A

Danny Chappero
Equestrian Yoga Specialist

Bill Stebbi
Executive Director, Colorado Horse Council

Bill Wingle
Region 3 member, GPS Specialist
(bring your GPS or team up
for a fun presentation)

And Shop:
Vendors

(reserve a booth or recommend a vendor, contact Sharon Roper-Dashner, sjroper9345@aol.com)

Used Tack Consignment Sale

(consignments needed, contact Pam Galchutt, pamegal@juno.com)

Silent Auction

(donations needed, contact Linell Miller-Inman, lmiller.inman@gmail.com)

Stay at the beautiful DoubleTree Hilton, Denver-Aurora, Colorado. Register at
<http://doubletree.hilton.com/en/dt/groups/personalized/D/DENITDT-NAT-20130219/index.jhtml>

Reservations must be made by Friday, February 1, 2013.

Remembering Al Moss 1/16/1927-9/25/2012

By Julie Welby Moss (Al's daughter)

In the early 1960s, Al Moss became interested in competitive trail riding and joined NATRC, competing in California, Arizona, and Colorado. It was a family affair; his daughters, Julie and Cindy, both competed as Juniors, as did their mom and step-mom, Nancy Moss.



Cowboy Al Moss

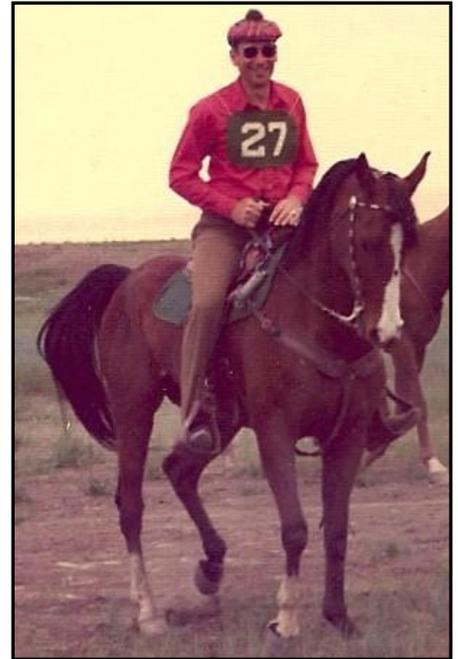
Al then began managing rides in the Santa Barbara & Santa Ynez area of California. After putting on several spring rides in Santa Ynez, he obtained permission from landowners to put on a fall ride in the Santa Ynez mountains which included the Tip Top Ranch. The ranch was owned by Ramond Cornelius at that time, later to

become owned by then Governor Ronald Reagan.

Al's career in competitive trail riding lasted quite a few years. He managed the very first Sage Hill ride over 40 years ago which is still being held today. Al competed in over seventy events, served on the board of the North American Trail Ride Conference for several years, and as president for two years.

In 1965 Al was instrumental in forming a horse club in Santa Barbara, the Equestrian Trails Inc., ETI, which later became Los Padres Trail Riders. In the 1960's and 1970's Al enjoyed riding and camping in the back country.

He will be sorely missed especially for his wonderful sense of humor by everyone who had the pleasure of riding with or knowing Al.



Competitor Al Moss

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We appreciate and applaud our sponsors. Their support helps us succeed. By purchasing products and services from these companies, you are supporting the sport you love!



North American Trail Ride Conference PO Box 224 Sedalia CO 80135
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MADRID, IOWA
PERMIT NO.7

Make Your Reservations!
See Registration Form on Page 33

NATRC 2013 NATIONAL CONVENTION

Aurora (Denver), Colorado

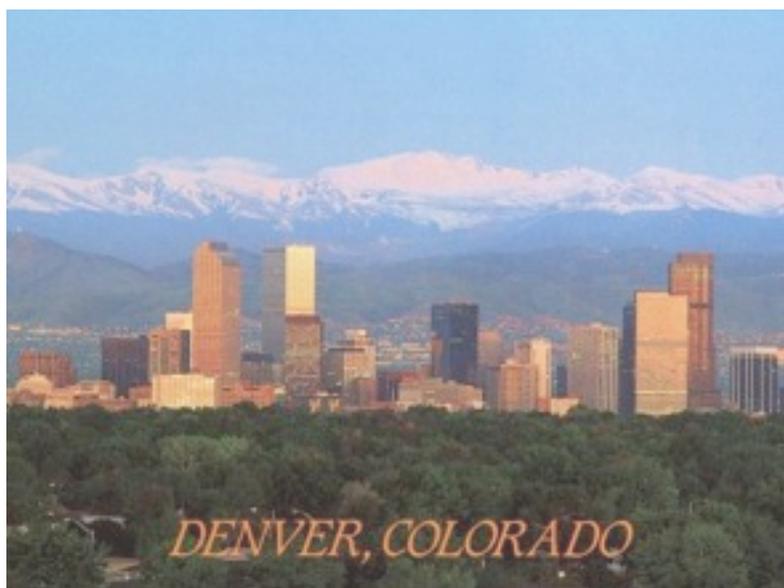
Feb. 21 - 23, 2013

Theme: The Big Picture

Thursday, Feb. 21
Friday, Feb. 22
Saturday, Feb. 23
Saturday, Feb. 23

National Board Meeting
Speakers/Vendors
Speakers/Vendors
National Awards Banquet

Hilton Doubletree Hotel in Aurora, CO (a Denver suburb)



**Complimentary shuttle to/from
DIA Airport and complimentary
shuttle to the light rail (1 mile
away) that can whisk you to
all the attractions in beautiful
downtown Denver.**

Tips on Tack Adjustment



The two photos to the left demonstrate an incorrect fit of rope halter; it is fitted too low on the horse's nose and the noseband is too large to work effectively for good control. If the horse lowers its head to graze, it could easily step on the knot of the noseband.



The two photos to the left show a correctly fitted halter.



This knot is being tied incorrectly. If the knot is tied above the eyelet it can jam if the horse sets back on the tie or lead line. A correctly tied knot can be loosened by working the top of the eyelet back and forth.



This photo shows the proper placement on the nose.

Photos by Priscilla Lindsey