

Hoof Print

Summer
2018

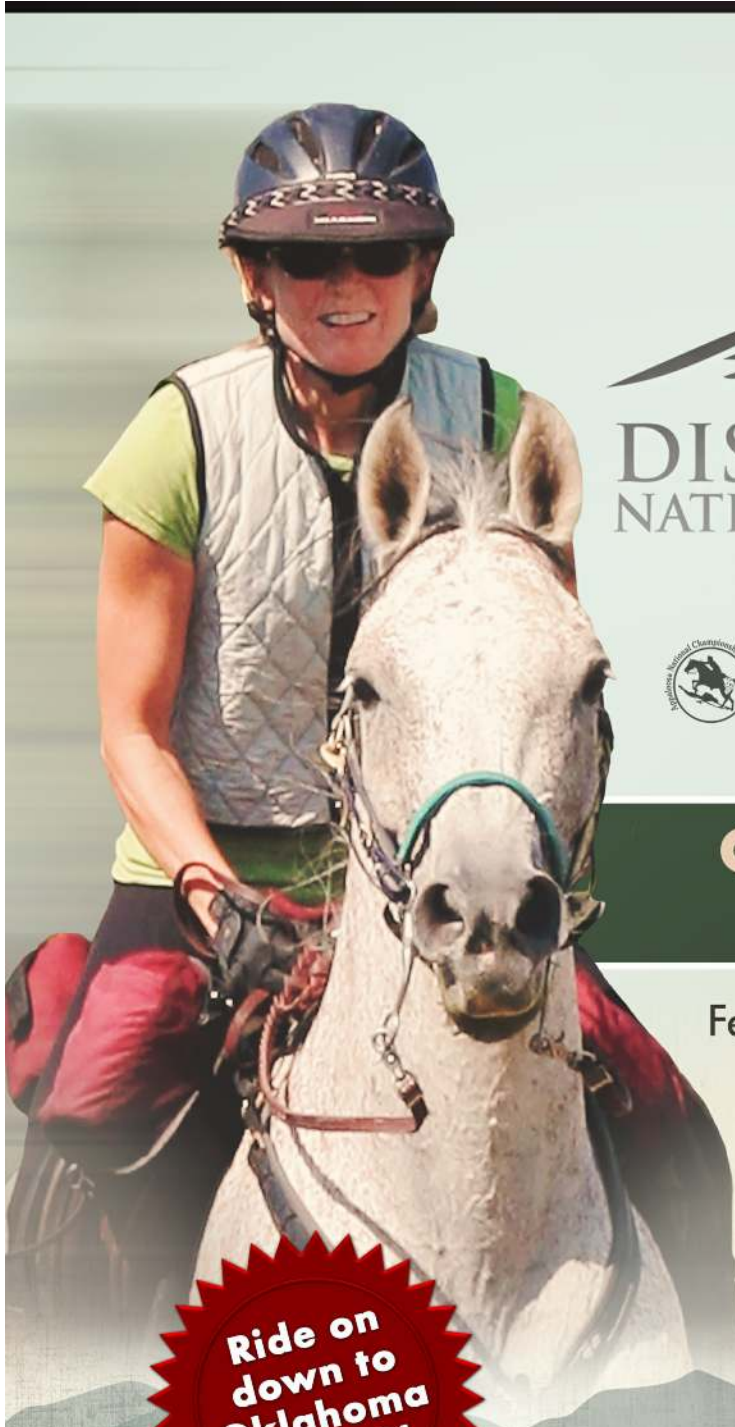


Using A GPS

Cross Training

Buddying





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Table of Contents

Summer 2018

Hoof Print is the official publication of the North American Trail Ride Conference (NATRC™) and is published quarterly. Each issue contains updated information from NATRC committees and board meetings and informative articles on trail riding and horse care. NATRC and *Hoof Print* are devoted to educating and informing the competitive trail rider. NATRC™ and the left facing, hill climbing horse and rider are trademarks of the North American Trail Ride Conference, Inc.

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NATRC PO Box 969
Beatrice, NE 68310

On The Cover:
Riders are reflected in the water as they participate in the Region 5 Benefit ride.

Photo by Reva Nail, used with permission

2	President's Message	17	Champions Among Us
4	You Want to Use a GPS at a Ride. How?	18	Rule Change Proposals
6	Update on the CRI	19	Honorary and Appreciation Nominations
8	Better Results Through Cross-Training	20	Quarterly Point Standings
10	Buddying and Following Too Close	22	Marketing Check-Up
13	"C" Ride Update	24	Ride Results
15	Musings About Trail Markings - Getting Off Trail and Stuff That Happens	32	Membership Form

"The mission/vision/philosophy of NATRC has stood us in good stead for well over 50 years now. Sticking with these guidelines has allowed us to become the best at what we do — educating and informing horsemen and horsewomen about how to care for and manage their horses over long distance trail competitions. This is what we do and *No One Does it Better.*"

—Kim Cowart

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President's Message



My hometown celebrates Memorial Day in a big way. The theme for this year's celebration is Hometown Heroes, and that made me think of all the heroes we have in NATRC. There is so much that goes on more or less behind the scenes and the people who make things happen are often overlooked or under recognized.

At the local level, there are those who put on and run the rides.

The ride chair finds the location for the event, files the necessary permits, and spends countless hours making sure there are enough volunteers to fill all the necessary positions at rides - judges, secretaries, P&R workers, water delivery, rules interpreter, cook, safety riders and more.

The ride secretary has so much paperwork to file and data to enter before and after the ride, not only with the national office but also with local, regional and state offices that the ride may be involved with. During the ride, they are responsible for getting riders checked in with maps, numbers, and schedules. They set up and keep track of the judge's scoring books and awards sheets and most also make

sure the judges are fed and the campground is running smoothly.

The trailmaster is out months before the ride, in all weather, figuring out what trails to use and what needs to be cleared. Measuring, timing, marking and finally drawing up the maps.

The P&R captains are there to make sure the P&R teams are trained and in place, to make sure the stops run smoothly and the horses are safe.

The judge's secretaries often write their fingers sore taking and transferring all the notes and comments from the ride judges. They are out before the riders and often still working long after the horses and riders are settled for the night.

On the regional level are the members of each region's board of directors. This group of volunteers travel many miles to attend meetings and spend countless hours on the phone and emails, working to make sure the region has the funds to keep operating and to ensure that the needs of the membership are met. Then there is the person responsible for putting each region's newsletter together, a job that takes hours and

hours to compile, edit and publish.

On the national level are the members of the national board of directors who fly or drive somewhere in the country three times a year to meet and discuss our future, decide policies and procedures, and generally run the business of NATRC.

The chairs of the many committees also spend long hours on the phone and emails or even in person making sure the responsibilities of their committees are covered.

And of course we have our Executive Director who rides herd on all of this, making sure we all do our jobs correctly and pushing us all to do our very best.

I salute all you heroes of NATRC!

Respectfully submitted,
Angie Meroshnekoff, President
North American
Trail Ride Conference

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Contact Sarah Rinne at
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Meet Our New Judges, Judge Applicants, Apprentices and Provisionals

Members: Your comments to the Judges Committee on the following applicants, apprentices or provisional judges are welcome.

Veterinary Judges

Applicant

Alina Vale, DVM (R2)
Vivian Gay McWilliams Quam, DVM (R5)
Ryan Hagan, DVM (R6)

Apprentice

Pat Regier, DVM (R6)
Verona Chaffin, DVM (R6)

Provisional

Susan Dent, DVM (R1)

Horsemanship Judges

Apprentice

Lori Allen (R5)
Brenda Messick (R6)

Provisional

Lin Ward (R3)
Esther Diaguila (R5)

Veterinary and Horsemanship Judges:

- Has your address or phone number changed? Please notify the NATRC office of any changes. Indicate home and office numbers.
- Apprenticing must be done with an **approved** judge who has agreed to judge and supervise an apprentice.

Ride Chairs:

- Secure your judges early. Remember, you must contact and secure your judges well in advance of your ride date!
- For a current Judges List, please visit the website or contact the National Office.
- If you have difficulty securing an NATRC judge, please contact the appropriate Judges Committee chair:

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440/635-8841, 440/477-3474
phess@lec.edu

Horsemanship
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North American Trail Ride Conference Mission Statement

The North American Trail Ride Conference (NATRC) promotes horsemanship and horse care as they apply to the sport of distance riding by offering a variety of challenging and educational experiences designed to strengthen horse and rider partnerships.

Code of Ethics

We, the NATRC National Board of Directors, Executive Director, judges, committee members, and employees are ambassadors of our sport whether at an organized event or informal gathering. There is an implied code of ethics to adhere to. This code of ethics dictates that we behave professionally, courteously and responsibly. This includes:

- Representing the sport in a professional manner
- Being respectful when giving an opinion
- Substantiating information before giving an opinion
- Being kind and courteous to others



YOU WANT TO USE A GPS AT A CTR. HOW?



By Bill Wingle, Region 3

You've decided it's time to start to use a GPS at an NATRC Competitive Trail Ride (CTR) but you don't know where to start. I'll cover some basics, give some tips, and offer a few recommendations.

What Does a GPS Do?

Most of us by now have used a GPS in our car to navigate somewhere. Using a "mapping" GPS on the trail isn't much different other than there is no voice telling you you've missed your turn and need to make a U-turn (there are ways to almost do this though). They do take a little practice though.

For use in NATRC, a GPS is a navigation tool. It records a path or track of where you have traveled. It helps you follow a track from A to B. If you get off trail, you can also use it to get back to the trail as it shows you where you've been. If properly started at the beginning of the ride, it also tells you how long you've been on the trail and how far you have gone.

I Have a GPS. Can I Leave my Map at Home?

No! A GPS is good at telling you where you are and, maps, particularly on smartphones, can be very good.

A GPS, though, can fail. Batteries die. Electronic devices are fragile and can fail and misbehave. Solar flares can cause them to get confused. The military sometimes jams the signals over large areas of the US West in training exercises.

A GPS can lie. It takes time (up to 5 minutes) for one to figure out where it is. If you turn one on and put it in your pocket, it will likely tell you how far you've traveled since you last turned it off, and **not** how far you've ridden today.

When using a GPS, it is always good to think about what is it telling you. Does it make sense? If in doubt, pull out your map.

What Should I Get?

For riding an NATRC ride, I recommend a "mapping" GPS. This can be a handheld, a watch or wrist model, or a smartphone. These can show tracks and maps (contour or satellite imagery). Non-mapping models will only show distance, speed, and current position (latitude and longitude (lat/lon)). They may have other features, but for navigation, they take a great deal more skill.

Basic mapping handhelds can be found starting at about \$150 (\$199 retail) on Amazon. I use a Garmin eTrex 20x, which is the base model that supports contour maps. This works well for NATRC use. More expensive models support heart rate monitors (eTrex 30x). Prices can climb over \$500 for models with even more features.

Watch and wrist models are in the \$200 - \$1000 range. Their screens are small, but they are attached to you.

Many riders already have smartphones and there are free to low-cost GPS apps. The software is often better than that found on a dedicated GPS, but battery life and durability are issues.

A basic GPS is only a receiver. While it can show you where you are located, it can't tell anyone else where you are. There are devices such as [Spot](#) that can transmit your position using satellite communications. Even if you are in areas where cellular service is non-existent, this device can be used to let friends and family track you, or allow you to signal or text for rescue in case of an emergency. Smartphones can do this as well, but require cellular data service. If you have any cellular service and need rescue, you can call 911, and use your basic GPS information to tell them your exact location.

Pros and Cons of Handheld and Wrist GPSes?

Handheld and wrist GPSes tend to be very durable. They are designed to be weatherproof. While probably not

the best idea, my handheld is attached to my horse. After years of bouncing down the trail, it still works fine.

Battery life is brand and model dependent. My Garmin eTrex model will generally last several weekends on a single pair of AA batteries. I had another brand GPS with more features but it would kill two AA lithium batteries (\$2 each) in 6 to 24 hours. I don't use this GPS anymore.

These devices are designed for off road use. The compasses are accurate, if calibrated, and used correctly. They come with other useful navigation tools. Some models support SPOT.

On the downside, the screens tend to be small and can be hard to read in bright (outside) light. It is an extra piece of expensive equipment. Maps are usually extra and can be expensive; a one-time charge, or a monthly or yearly fee.

Pros and Cons of Smartphone GPSes?

Most people already own a smartphone, and these almost always have a built-in GPS. If you have one, why not use it? It's already paid for. GPS apps are free or inexpensive (\$2 - \$30). With the right software, topographic and satellite maps can be pre-downloaded at home so they can be used in areas where there is no cell coverage, or where data rates would apply.

Compass software is also available, but even when calibrated, are only moderately accurate.

It is easy to share tracks with others.

You can also use an old phone that no longer has a cellular plan; the GPS still works, and if you break it, it's not your expensive new phone.

The downsides though are significant. Smartphones are fragile. Most do not like getting wet. Battery life is marginal to poor, though using it in airplane mode helps significantly. If you are in an area with poor to no cell coverage, if not in airplane mode, your phone can die in a few hours searching for a signal.

Key Features to Use On Trail

For NATRC, the key GPS features you will use are the total time, current speed, distance, a map, a track, and waypoints (Continued on [page 5](#))

(timing points). You might also use the compass and a heart rate monitor.

When riding an NATRC ride, 95% of the time I just use the GPS to show me time on the trail, distance traveled, and my current speed. The trails are marked, and I have a printed ride map showing turns. I usually only look at the GPS map when I need to confirm a turn, I want to confirm I am on trail, or I get confused. If I am marking trail, I may also use the map and a track to follow the proposed trail.

The track, if you can get one from management or another rider, is what will keep you from going off trail and getting lost. If it is accurate, and you use it correctly, you can stay within 10-20 feet of the trail, even if you are going cross-country where there is no real trail. Using a track does take some practice, but once you are comfortable using it, it is almost as easy to use as a GPS in a car.

What is a Track and How Do You Load One?

First of all, a track is simply a line on a map showing a path. On a GPS, a track is a just a connected series of closely spaced points which should help keep you within about 10' of the actual trail. To use a GPS track at an NATRC event someone, likely someone in ride management, will have had to create it in advance. They will have created a "GPX" file, which contains all the track information for each divisions' trails for each day. These may also include waypoints for each timing point.

How to load this onto your device depends on the type of device you are using. Many handheld, watch, and wrist style GPSes can be plugged into a laptop via a USB cable. The laptop recognizes the GPS as an external hard drive. Using appropriate software, or knowing where to copy the file, the GPX files can be copied to and displayed on the rider's device. There is an advantage of distributing tracks at the ride, but it takes time, and someone needs to bring a laptop and proper cables.

Transferring a GPX file onto a smartphone requires a data quality cellular connection or internet connected Wi-Fi. The process also varies by the software app used, and the sender and end user have to agree to what apps

are supported. A few recommendations are listed below.

In general, GPX files can be e-mailed, texted, or posted on Facebook. Assuming the rider has the proper app, clicking on the file or link will load the track onto the smartphone for use at the ride. For two specific iPhone and Android apps, I have posted some semi-detailed instructions [here](#).

Timing Out

As mentioned above, you can use a GPS to monitor time and distance on the trail. Learn how to reset your GPS so that when the timer says "you're out", you can easily zero its time and distance values. This means having the GPS turned on and waiting at least 5 minutes before you get to the timer.

I usually turn on my GPS when I tack my horse. This gives the GPS a chance to find itself. If you turn it on as you are timing out, the distance 1 mile down the trail will likely be reported as something close to the distance of your last ride where you last used your GPS.

Also have a fallback time piece. I note the minutes on my watch. I've had the GPS batteries die a couple of times on the ride, and I've had a GPS go haywire. Have a backup.

For Gamin eTrex GPS, I have time-out instructions [here](#).

Reported Mileage

GPS mileages usually won't match your ride map exactly. This can be because the trailmaster made mistakes, used a wheel, or just used a different GPS. Your GPS distance likely will be different than your riding partner's; a half mile difference over 20 miles is not surprising. Small variations are to be expected, but they usually creep in a little at a time through the day. Big variations can also jump in. Going under high power lines, particularly with an older GPS, can add miles.

Pay attention during the day. If you keep track of the discrepancy between the ride map and your GPS, you can use the GPS to accurately estimate distance and time to your next timing point or P&R.

Smartphone Software

There are many GPS apps available for smartphones. Two appear well suited for NATRC. Useful features are:

- The ability to show
- Total time of trail (setting zero at the start of the ride must be easy)
- Total distance ridden
- Current speed (average speed, and even a moving average isn't very useful)
- The ability to easily load GPX tracks made by someone else
- Good base maps (off-line support is ideal)
- Pre-loaded tracks should be a different color than the rider's breadcrumbs dropped during the ride. Breadcrumbs are points logged on the GPS showing you where you've been.

For the Apple iPhone, MotionX (\$2) appears to be a good option. For Android phones, US Topo Maps Pro (\$12) works well.

Unfortunately, there is no single app for both iPhone and Android that works well on both platforms. AllTrails is close; it has good quality maps and tracks are easy to share.

NATRC is also looking at EquiTracks. It tracks your training and can track a heart rate monitor. The iPhone version of EquiTracks gets solid reviews, but the Android version has significant issues.

Summary

Using a GPS takes some practice. You won't be an expert on your first ride. Don't let that intimidate you. The more you use them, the more comfortable you will become using them. Eventually the GPS will give you confidence when you know you are on the trail.



Update on the CRI

Jamie Dieterich, Ph.D.,
Education Committee

The horse's systems at rest need nutrients and oxygen. As the activity level increases, the need for nutrients and oxygen also increases. These nutrients and oxygen are carried by the blood, and as the demand increases, the heart pumps a little more volume at a faster rate to meet those demands. Thus the heart rate (HR) is a good measure of blood being delivered to the tissues.

Besides simple activity, other factors can increase the HR: the level of fitness or adaptation to the work; dehydration; pain; mental/emotional factors; or high ambient temperature or humidity. Monitoring the HR during a competition can tell the veterinary judge, as well as the rider, much about the horse's metabolic status and overall well-being.

Kerry Ridgeway, DVM, began using a Cardiac Recovery Index (CRI) at NATRC rides in the 1980's to help measure the horses' condition. The CRI procedure was based on using a paired heart rate, the first being taken when the horse was presented for examination, and the second being taken after a short trot-out. He compared data collected on horses in NATRC rides with the usual fatigue parameters and found that "OK" horses fell under a bell shaped curve, and the definitely fatigued horses routinely fell outside the curve.

The standard CRI protocol is to take the pulse, trot the horse out 125 feet and back, and at exactly 1 minute after the start of the trot, take the pulse again. The CRI has been used extensively in AERC endurance rides and has become a useful tool in other equine sports as well. The higher the initial count, and the larger the spread, the more significant the CRI. For example, a horse with counts of 44/48 bpm is vastly different metabolically from a horse with counts of 60/68 bpm.

A standard protocol and scoring guideline for use in NATRC rides have been problematic and inconsistent. Since 2014, we've looked at applica-

tions of the protocol and several scoring scenarios. We looked at data from several rides across the country in 2016. Last year, in 2017, the National Board of Directors approved a standard protocol and scoring system for conducting the CRI at NATRC rides.

The CRI will be conducted 15-30 minutes after the finish of the ride using 15-second counts. The median count, which takes into account both the initial and second count, will be used for scoring. Deductions will be taken at (-1) per 15-second count starting at 14; the second count will be used if the count goes down.

The protocol is on the NATRC website [here](#).

The scoring log form is also on the NATRC website [here](#).

Communication between the veterinary judge and the ride manager before the ride is crucial. The ride manager who knows the riders, volunteers and suitability of the area has the final say. An upbeat, educational explanation of the CRI by the veterinary judge during the ride briefing is also very important.

Use for all divisions is encouraged at this time, but scoring is optional. We recommend scoring the CRI for the Open and CP Divisions but using it as an educational tool for the Novice Division.

We would like to have data on pre-ride and post-ride CRI's. The CRI is a powerful tool, and we'd like to keep looking at the best ways to use it in NATRC rides.

Save these dates!!

March 8-9, 2019

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SCHEDULE

March 7 - NBOD Meeting
March 8 - Speakers; Vendors
March 9 - Speakers; Vendors;
Awards Banquet
March 10- R1 & R2 Awards
Breakfast



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Better Results Through

Cross Training

By Jec Aristotle Ballou

If your goal is to produce a willing and athletic equine partner, you will do well to commit to cross-training regularly. Formerly the domain of students with extra time, but now increasingly the advice of science-backed studies, varied exercise routines are almost always the key to progress and to a sound horse.

Not only does cross-training alleviate the potential boredom and repetitive motion injuries from everyday riding but it improves the body in ways that even exceptional riding within any singular discipline cannot. Research over the past decade has agreed: to strengthen and loosen the horse, you need to get outside your own discipline. Assuming that cross-training needs to be time-consuming or complex, many riders only add it to their schedules on a sporadic basis. Used correctly, cross-training strategies need to be neither complicated nor time intensive, but they DO need to be consistent to have benefit. Aim for a minimum of one day per week.

Before we cover my simple suggestions for cross-training your way to excellent results, let's examine what exactly happens when you tackle these training exercises outside your disciplines.

Most critically, varied training develops more efficient muscle function. When not cross-trained, the horse's two main muscle networks-- postural muscles and gymnastic/movement muscles-- merge roles, which produces tension and spasms, and gaits that are not fluid. Through more comprehensive training,

muscles can be strengthened in their correct roles—either to stabilize and support posture or to move limbs. Further, mixed exercises allow you to replace movement produced from central pattern generators with fuller and more expressive motion. In other words, it wakes up the nervous system to override movements generated by patterns or neuron habits.

Change up your Surfaces

One of the easiest ways to improve your horse's athleticism and fitness is to exercise him on various surfaces throughout the week. This not only fine-tunes his proprioception (the message system of his sensory and motor nerves) but leads to fuller recruitment of muscles and supporting soft tissue. Training in surfaces of different depths increases elasticity and tone of soft tissues as well as builds bone density by stimulating the layer of cartilage on the ends of bones that cushions stride impact. From a performance standpoint, this offers a comfortable reward: the horse moves with more suspension and more graceful gaits.

Injury and rehab data shows that horses worked consistently on the same surface every day are more susceptible to strains, especially those that exercise mostly in groomed all-weather arenas day after day. The nerve signals to limbs and stabilizing muscles become dull or "bored" from repetitive motion and fail to make the calibrations as when reading a different surface underfoot. This means lesser participation of the nervous system and movement muscles it controls; or in other words the horse is not getting as much from his workout as he could.

Muscles become stronger in proportion to the amount of stress put on them from work efforts. The same applies to bones. As a general rule, deeper footing stresses muscles, while harder surfaces stress bones. Having access to a variety of riding surfaces allows you to target both systems as needed. If you board at an arena with only access to an arena for exercise,



Performing a carrot stretch.

aim to find ways to add time on different surfaces. This can be as simple as:

- A brisk afternoon walk up and down a firm driveway
- Riding around for 20 minutes on a grassy lawn
- Warming up in a round pen or paddock with different type of footing than your arena

Most horses that supplement their arena riding with weekly trail rides receive the stimulation of different surfaces as a natural outcome of these excursions. If you do not trail ride though, it becomes especially critical that you get creative finding ways to log miles on a footing other than your arena.

Emphasize Calisthenics

Following the commitment to ride on different surfaces, a calisthenics routine is one of the best ways to improve your horse's ability to move well. Often over-looked as appearing too simple to create changes, calisthenics enable the horse to develop new neural pathways, which leads to different muscle habits. They help clear the body of restriction, restore full range of joint mobility, and stimulate the deep underlying postural muscles that stabilize the skeleton.

For the sake of efficiency, and to make it easier to stay committed, aim to choose just three to five maneuvers for your pre- or post-ride routine. These should take less than five minutes to execute. For *(Continued on page 9)*



Examples of various surfaces on which to work your horse.

Continued from page 8...

conditioning purposes, calisthenics are defined as gentle, controlled movements of the horse's body through a prescribed range of motion. A partial list of proven exercises includes:

- Backing up hills
- Pelvic tucks
- Carrot stretches
- Un-mounted turns on forehand
- Walking slowly over raised poles or bales
- Belly lifts
- Tail pulls

Add a Terrain or Cavalletti Day Weekly

The postural adjustments and stride changes that result from cavalletti and riding on uneven terrain lead to impressive results. These include strengthening abdominal muscles, straighter movement and balance, increased joint flexion, and coordination. A well-rounded training program includes one day per week of either cavalletti schooling or riding outside on uneven terrain.

If you have access to trails with rolling hills, use them! In fact, for the types of muscle recruitment needed for most disciplines, rolling hills give better results than riding up and down steep inclines. Many riders mistakenly believe they need access to steep hills to make any kind of strength difference, but this is not the case. One hour of walking and jogging on undulating terrain strengthens your horse's entire ring of muscles that creates movement, both the topline extensor muscles (going uphill) and the flexor chain of muscles (riding downhill).

For riders who live in flat areas with no hills, it becomes more important to include weekly cavalletti workouts. Bear in mind that cavalletti routines *can* and *should* be tackled in every gait. Many riders get stuck riding only trotting exercises. For the purposes of basic conditioning, cavalletti exercises need not be complicated. In fact, ones that enable a horse to maintain straightness and balance, rather than over-reaching or flinging himself at the poles, lead to better changes. Below are two of my favorites from my book Equine Fitness.

Snake over Poles

Place several ground poles of any length end-to-end forming a long straight line of poles. In an energetic walk, ride a tight serpentine back and forth over this line, being sure to change your horse's bend with each loop. This exercise strengthens hip flexors and stabilizers, the thoracic sling, and the adductor muscles required in lateral movements.



Executing the "Snake Over Poles" exercise.

Basic Box

Set up four ground poles (eight-foot length poles are ideal here) in a box with the poles touching at each corner. If you have the means to, raise the corners of the box by placing poles on a block or riser. Begin by walking a cloverleaf pattern of four leaves, with the center of the clover originating in the middle of the box. Focus on riding precise bending lines, steady rhythm over the poles and maintaining light rein contact. Now ride the same figure in the trot. This exercise creates symmetry and straightness by helping the horse use both sides of his body equally. It also develops the thoracic sling of muscles and promotes a rounding motion in the horse's spine.

Jec A. Ballou is the author of four books about equine training and conditioning which you can purchase on her web site at www.JecBallou.com She teaches clinics nationally and throughout Canada.

PARTNERS

The image displays a collection of logos for various horse-related organizations and associations, arranged in a grid. The logos include: Trail Meister (NATRC Official Trail Directory), Friends of Sound Horses, Inc. (FOSH), Kentucky Mountain Saddle Horse Association, North American Thoroughbred Society, Arabian Horse Association, Spotted Saddle Horse Society (Breeder's & Exhibitors), ADMS (Love Longears), Missouri Fox Trotting Horse Breed Association (MFTHBA), Tennessee Walking Horse Breeders' & Exhibitors' Association (TWH/BEA), American Indian Horse Registry (AIHR), Canadian Horse Association (CHA), Horsemens Roundup, Appaloosa Horse Club, and Paso Fino.



Final Reminder

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Buddying and Following Too Close

Jean Green, Horsemanship Judge, R4

Common comments on the scorecards in competitive trail rides, CTR's, include "buddying" and "crowding". It occurs to me that newcomers may not know how BIG this problem is.

First, buddying is when your horse doesn't want to leave his herd mates. It is natural behavior for all horses and requires serious behavior modification to correct. When your horse is removed from his herd and loaded in a trailer with a strange horse and then taken to a place where the only familiar horse is the one he hauled with, that horse is instantly his new herd. The problem will be there to some degree. If you are riding an independent gelding who is high in the pecking order at home, he will deal with separation well, especially if he is bonded to you. An alpha mare may protect the other horse and is fine as long as it's just the two of them, but she becomes nervous and nasty when other horses come close to "her herd". If your horse is on the low end of the social hierarchy, he may become frantic anytime he hasn't got his nose on the other horse's tail but doesn't want to pass. He may shy constantly and walk very slowly if you make him go in front of the other horse.

Now you may be thinking that you pleasure ride in groups all the time and haven't had this problem at all. Well, don't think you're out of the woods yet! Have you ever stopped your horse at the back of

the group and asked him to stand quietly while the rest of the horses go down a bank, across a creek, up the other bank and disappear into the woods? You'll probably have to do this on your first trail ride, (and the 2nd, 3rd, etc.). Throw in a group of strange people (judges and their secretaries) lounging around on the opposite bank, watching your every move, talking and writing **God Knows**

What on those little note pads! Now I'll give you two scenarios: First, what you want to happen: Smiling at the judges, you urge your horse quietly down the bank carefully picking the best path, while you stay perfectly centered, the picture of equitation. As you approach the creek, you stop your horse and offer him a drink. He politely puts his head down and takes a sip, then you walk him quietly through the water and up the opposite bank while you stay in balance, rising slightly out of the saddle as you go uphill, and walk placidly into the woods, humming a little ditty as you go merrily down the trail. (Don't you just love it?)

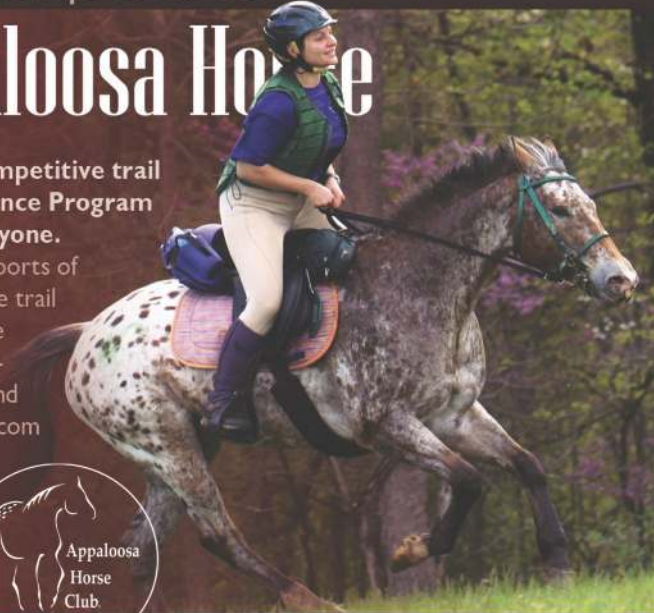

Now, what really happens: As the horse in front of you vanishes

into the woods, your horse lets out a loud whinny and half rears. You circle him to get control before you start down the hill. Once you get him headed down, it's all you can do to keep him from bolting. You circle again at the bottom and stop him at the water. Against your better judgement, you give him some rein to see if he will drink. He nervously shoves his head down toward the water only to bring it up sharply as he leaps across the creek. Having thrown you off balance, he takes the most direct route up the other bank, charging right through the little band of people, scattering them everywhere and scraping your knee on a tree trunk, pushing you off to one side so that all you can do is scramble to stay on long enough to get a little control with one rein and circle him again. After you get him stopped (or at least trotting/ cantering in place), all you can think of to say is, "Do you want me to go back and try it again?" The judge declines the offer and turns back to the secretary who starts writing **God Knows What** on that little note pad. At this point you don't really have time to worry about that, because your horse requires your full attention as he has started that little half rearing thing again. You fight your way on down the *(Continued on page 11)*

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Appaloosa Horse Club 208.882.5578 appaloosa.com

Continued from page 10...

trail. You may be saying a few things under your breath, but you are probably not humming a little ditty!

Now, that I've got your attention on the buddying problem and given you newcomers fair warning about what to expect, I'll get to the second part of the subject: following too closely. Just how close is too close? Well, that depends on the terrain and whether or not that group of strange people with the notepads are camped out nearby. For safety, on a flat trail at a walk, you should keep one horse length between you and the next horse all the time. Like in driving, the faster you are going, the more space you need. So make it two horse lengths at a trot and three or more at a canter. Sounds simple - now try to convince your horse! I bet he never took defensive driving!

Going downhill, uphill, through water, mud or any kind of obstacle, you should keep at least three horse lengths between horses for safety. (You might want to print this out and staple it up in your horse's stall - he'll have a good laugh over it).

Now for the real test: THE JUDGED OBSTACLE. Sometimes, you won't have to worry about spacing because there will be some fool standing in the trail right in front of your half rearing horse telling you when you can go.

Sometimes there will be a line of stopped horses in front of you, and you just stop behind the last horse and move up the line until you get to the front. At that point, your horse, who has been alternately sleeping and grazing while all those other horses were there, is suddenly going to see the horse in front of him leave, and im- (Continued on page 12)

Ride Managers!

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Judges' Secretaries

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Ride

Secretaries

Use the horse's official name and data on the score-card; check for data entry errors in RMS ride results.

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Photo by Jim Edmondson

Take Pride In Your Ride



Photo by Jim Edmondson

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If you already have an amazon.com account, all your account information automatically appears in *smile*. How easy is that?!

If you already have a charity set up on Amazon Smile, you can change it. Sign in on your desktop or mobile phone browser and simply select "Change your Charity" in "Your Account."

Continued from page 11...

mediately become a different animal. Now timing is everything. You've got to have him ready to proceed quietly as soon as the horse in front of you clears the obstacle. The judges want to have time to look at each rider individually, but they don't want to hold up the horses any longer than necessary, so you better be moving when the last horse gets clear. If you are lucky, and the judges allow it, the rider in front of you will stop in plain view and wait until you get through. You can certainly ask them to wait. You can turn your horse and face the other way, walk a small circle if there is space, or just make him stand there quietly because you said so (good luck). If you wait until someone says, "NEXT!", you have waited too long. If you start before the judge is finished commenting and writing **God Knows What** on that note pad, you didn't wait long enough. Either way, smile, and act like you love this horse, love this ride, and think this is the greatest judge that ever got a card. You're supposed to be having fun, and as soon as you get past this obstacle, you can start again.

My favorite scenario for THE JUDGED OBSTACLE is to come upon it when you are by yourself. You and your horse have completely forgotten about that last horse that passed you. You just had a nice controlled trot down a clear trail and have come down to a walk to relax. You're humming that little ditty and life is good. You don't have to stop; you just mosey right through the obstacle, exchange pleasantries with the judges and ride on down the trail. And that, newcomers, is why you may find it hard to find an experienced rider to ride with. It's not because we don't like your company, it's because we are riding a horse - and horses are herd animals that have herd instincts that make riding in a group a real pain sometimes. Learning to deal with that instinct is the hardest part of a CTR.



Quick Tips - What Judges Are Looking For...

Trail Equitation

- Light in the saddle
- Soft rein contact
- Ankles relaxed; heels slightly down
- Balanced side to side
- Post or soft sitting trot
- Light / quiet / low hands
- Subtle leg cues



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"C" Ride Update

Mary Hanson,
Management Chair

To attract riders, we need events. To hold events, we need riders. An important question NATRC's Board of Directors has addressed the past couple of years is "Where are the riders"?

Like many other horse organizations, NATRC has seen a drop in membership and participation. Being pro-active, the organization has conducted surveys and visited with past, current and potential riders. The results have revealed multiple reasons for not competing. Time and money were the major factors. It is hard for riders to work on a Friday, drive to an event, setup, check-in, and ride out early the next morning. Families are interested in competing, but when you multiply entry fees by more than one or two, it gets even more expensive. There were other reasons given related to conditioning, options for containing their horse overnight and leg protection.

The Proposed Rule Changes for 2019 include creating a Type "C" Entry Level all-in-1-day ride. Currently in the testing phase conducted as a clinic, the "C" Ride is not a formal term yet but could be a division level of competition in the future.

Proposed standards for a "C" ride would include 48 months mini-

mum age for horses, distance of 8-12 miles at a 3-4 mph pace, lower entry fees, same day check-in, allowed leg protection and no stabling evaluation. There would be one pulse and respiration check, obstacles, and a checkout. In the trial phase, experienced lay people may be used in addition to, or instead of, approved judges.

If approved as a competition, awards would be determined by the rider's and horse's combined scores. Each region could include "C" rides as part of their year-end awards.

There have been a number of rides completed so far this year. Raising the Bar CTR manager Alice Perryman stated, "It's like NATRC-light and gives people who feel like they aren't ready or able to complete even as far as a "B" ride the chance

to give it a try for a reasonable amount of money". Alice also said, "All our feedback was very positive. The participants felt like they could easily move up to a "B" ride the next time."

Liz Klamm, manager of the Exploring Sand Hills CTR, also included a "C" ride. Sarah Rinne and Lucy Hirsch, DVM, acted as the judges for the "C" riders offering advice and encouragement. Sarah had fun working with the competitors who really appreciated her immediate feedback. She stated, "The "C" ride held in conjunction with the Exploring Sand Hills ride in Kansas was a great success. We had a total of 20 riders with eight on Saturday despite the not so pleasant weather, and 12 on Sunday.

(Continued on [page 14](#))



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From the Sanction Chair, Patsy Conner.

Please remember to submit the ride information/entry form to the Sanction Chair for approval **before you publish or post on RMS or no later than 8 weeks before your ride.**



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Continued from [page 13](#)...

4-H Junior Rider Year End High Point Award: Just for Juniors

Are you a 4-H member? Know someone who is? Encourage your friends to do competitive trail rides. They and you can compete against each other to win NATRC's 4-H Junior Rider Year-End High Point Award.

To be eligible is simple. Just compete in any division, nominate yourself, and prove that you are a 4-H member! Here are the specifics.

- The award goes to the high point horse and high point rider **regardless** of the rider's division.
- Your self-nomination must occur before the end of the ride year, which is the second Sunday in November. (For 2018, that will be November 11th.)
- You must (1) be an NATRC member, (2) send an email to Sarah Rinne, natrc@natrc.org, stating that you are a 4-H member, and (3) have your 4-H leader also send Sarah an email verifying that you are a 4-H member.

Additionally, in a number of states (Colorado is one example), 4-H now recognizes competitive trail as an activity that qualifies as a 4-H member's project. How cool is that?! A form to use for documentation at the ride is available [here](#) or contact Sarah Rinne, natrc@natrc.org.

Questions?

Contact Cindy Keen,
cindytk@hotmail.com

Chair, Riders and Juniors Committee

"It was a low stress, fun and educational environment that participants could easily fit into their busy schedules. It also gave a more affordable option for a family equestrian activity on a restricted budget. The "C" Ride format can address the two major areas negatively impacting our sport's participation, time and money. Several of the Sand Hills "C" ride participants stated they have plans to ride another "C" ride, and

some would like to try a "B" or "A" ride in the future."

There are multiple "C" pilot rides scheduled in California, Colorado, Nebraska and some southern states. The [Board of Directors](#) would like feedback from what you observe or hear. It lets us improve and polish the next event. Please let potential riders know about these events and encourage them to join us.

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Ride Chairs & Secretaries

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Contact: natrc@natrc.org, 303-688-1677

The North American Trail Ride Conference is a 501(c)(3) non-profit organization. Your donation is tax deductible. To implement any of the donation suggestions, please be sure to work with your attorney or financial adviser.



Photo by Jim Edmondson

Musings About Trail Markings - Getting Off Trail and Stuff That Happens

By Andrea Rogers



directed arrow at one intersection. My initial reaction was, "I screwed up." However, as I discussed the situation with my "staff" (judges/rules interpreter/safety riders), it became clear to me that what had happened was not entirely my fault.

One of the first things I remember hearing at a NATRC ride was the saying, "Ride your own ride". To me that means you are responsible for the success (or failure) of your ride, not anyone else. As I spent more time competing and eventually stepping up to being the ride manager / trail master of a ride, I saw where that philosophy is stated in different ways in the Rule Book and other NATRC documents.

At my ride this year, there was an unfortunate occurrence where a good number of riders, but not all, got off trail due to a miss-

Our Rule Book states in Section 5:

H. Meetings

1. A riders' meeting must be held each evening or prior to the start of the day's ride to brief the riders on the course, trail markings, trail safety, available water, judging, etc. All riders will be responsible for information given.

That last sentence is key. "All riders will be responsible for information given". Have you ever gotten lost following the instructions on your GPS? Do you consult multiple sources for directions when going somewhere new? My point is that NATRC gives riders three

sources of information about the trail they will follow: 1) the map, 2) the ride briefing and 3) trail markings. All three should be consulted and no single one should be considered the ultimate authority.

You should also trust your own judgment and not just blindly follow those in front of you. "Ride your own ride".

The Rule Book (5.J.4b) also provides for time being added to a ride under "catastrophic circumstances" or "uncontrollable acts of God". I did not feel that either of these conditions applied. As riders asked if they would be getting time back I answered, "Do what is right for your horse." "Consider the fact that there are many other riders in the same situation" – meaning that they are still on a level playing field.

There is a lot to learn from this incident, for riders and for management. I have already made some decisions about changes for next year's markings, and I hope riders have thought about what they might do should they face something similar in the future.

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- Jamie Dieterich

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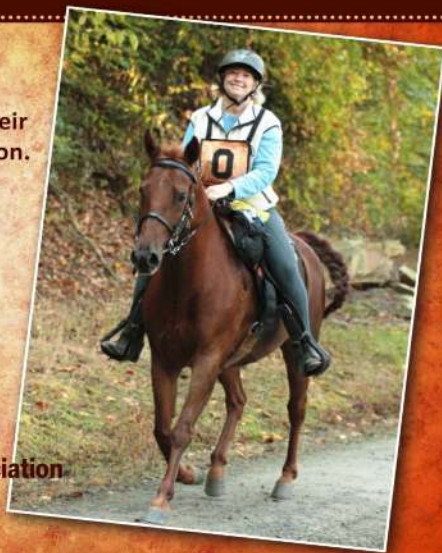
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"I don't believe in waiting for a horse to do the wrong thing and then punishing him after the fact. You can't just say 'No' to a horse. You have to redirect a negative behavior with a positive one - something that works for both of you. It's as though you're saying, 'Instead of doing that, we can do this...together.'"

—Buck Brannaman



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Student loans are available up to \$5,000 per person per year, at the discretion of the NATRC National Board of Directors, after proper application has been submitted.

Preference will be given to a full-time student who has been a member of NATRC or whose family has been an active member for at least three years. Consideration will also be given to a student or a student's family who has been an active member of NATRC for less than three years but more than six months.

A loan will be made based upon financial need, scholastic achievement, and character of the applicant as determined by the Student Loan/Scholarship Committee.

A loan is to be repaid in monthly installments with an annual interest rate of 3% charged on that loan, beginning not later than six months following graduation or when the recipient ceases to be a full-time student.

For an application, contact the NATRC Executive Director at natrc@natrc.org, or download [NATRC Student Loan Application](#).

Please complete the form in Word or as an interactive PDF and submit via email to the NATRC Executive Director at natrc@natrc.org.



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Champions Among Us

Region 6's Bill Hinkebein Honored by MFTHBA and Missouri House of Representatives

Bill Inducted into the Missouri Fox Trotter Hall of Fame

On Saturday, September 9, 2017, William (Bill) Hinkebein was inducted in the Missouri Fox Trotter Horse Breed Hall of Fame at the annual Fox Trotter Show and Celebration held in Ava, Missouri.

Bill's career in raising, breeding and training of his Fox Trotter horses started in 1964 after his mare, Stardust, became a registered Missouri Fox Trotter. From this beginning, he started raising his own Fox Trotters and has worked with his horses for over 50 years.

In 1986, he began his career in NATRC with his stallion, Hickory's Country Gold, the great grandson of Stardust. This horse and rider changed the views of many in NATRC. Previously, most felt that only Arabian horses could compete successfully in long distance riding. With his years of competition, Hickory's Country Gold proved that a well-trained Fox Trotter could succeed and become a big winner. He won every award possible at that time including the President's Cup and the Championship Challenge Ride.

In the thirty years of NATRC competition starting with Hickory's Country Gold, Bill rode his horses to win 21 National Championships. Of these 21, 10 championships were on 10 *different* horses, all registered Fox Trotters belonging to Bill. This is a first in NATRC history. He received the last of these in the 2016 show season along with two of



Bill's award ceremony at the show and celebration at the MFT headquarters in Ava, MO.

his granddaughters, Josie and Jessica Reeter who earned their very first National Championships.

Being inducted into the Fox Trotter Hall of Fame was an outstanding award but would not have been possible unless he had his registered Fox Trotters. These horses are easy to ride and to compete. Currently, Bill has over 14,000 miles of NATRC competition and at least 200,000 miles of riding and training in preparation for trail competition. Achieving this award means that the years of riding and working Fox Trotters and the 33 years of competitions have been a culmination of numerous successes over many wonderful trails spread all across the United States. It just couldn't have been any better and having a fine Fox Trotter to ride made it the best.

Bill Honored by Missouri House of Representatives

By Jeanne Hinkebein

On December 23, 2017, all of the Hinkebein family members celebrated their Christmas together. It was a special day in that Bill was recognized for over 37 years of teaching, for achieving special recognition from NATRC for having over 14,000 miles in competition and achieving 10 National Champions on 10 different horses, and for having been inducted into the Fox Trotter Horse Breed Association Hall of Fame.

Representative Rusty Black came to the Hinkebein home and, in front of the entire family, surprised Bill with the special recognition from the Ninety-ninth

General Assembly of the State of Missouri House of Representatives Resolution. It certainly made the Hinkebein Christmas very special and one that we will always remember. Thank you Representative Black for your kindness.



Representative Rusty Black presents Bill (with Jeanne by Bill's side) with the Missouri House Resolution plaque.

A Person with Heart The Story Behind R6's Diamond of the Year Award

Submitted by Mary McCoy

The Diamond of the Year award was started in 1990 by Frank and Nancy Diamond in order to honor the wonderful heart found in so many of our Region 6 competitive trail riders. Amazingly, the event that triggered it was a judged obstacle.

Imagine yourself late in the ride day - hot, tired, sore, and GRUMPY. The thoughtless, evil judge has set up a holdup dismount obstacle. You are waiting in line; did I mention you are GRUMPY? That is where Nancy and a group of her experienced and successful open rider friends were when they witnessed the following scene.

At the little gravel quarry at La Cygne Lake, point B, the judge wants the riders to dismount and lead their horse up the steep, rocky, slippery slope, go along the ledge at the top and back down the steep slippery crumbly slope. It was doable, if we weren't so hot, sore and GRUMPY, but quite challenging. Complain, whine . . .

The next rider is a novice, John Register. John has to struggle to walk. John has to struggle to read. I don't know if it was polio or Cerebral Palsy or something else, but this challenge for us GRUMPY riders was a VERY BIG challenge for John.

The judge told him that he did not have to try, but John, with a big smile said he WANTED to. He got down on all fours and crawled up the bank, and his good horse came along carefully. When he finally got to the top, he stood up and BEAMED! He had to sit on his rear and slide down like a little kid to get down again. When he was done, his smile lit the whole area and there was not a dry eye there. Nancy and the group who witnessed it were never able to do another judged obstacle without remembering the example of John Register and his simple, willing, brave and beautiful heart leading the way.

This is what the Diamond of the Year is all about. Heart. Leadership by example. Kindness, whether deliberate or incidental. Character. Service. This award is not something you can pursue, but comes, unbidden to those who have blessed someone else.

RULE CHANGE PROPOSALS CARRIED FORWARD - February 8, 2018

For complete text, please see the Spring 2018 Hoof Print or [click here](#).
 Wording will be finalized at the July 14, NBOD Meeting
 Please share your comments with your [NBOD Representatives](#)

- | | |
|---|---|
| <ol style="list-style-type: none"> 1. Addition of a Non-Competing Adult Supporting Membership 2. Delete Option for Senior and Junior Classes in the Novice Division in R1A 3. Any Day DO 4. Allow Greater Use of Existing Stabling Options 5. Add A Method to Forgive Time Penalties for Good Samaritan Acts 6. Point Distribution for Sweepstakes 7. Divide the Competitive Pleasure Division into Weight Classes | <ol style="list-style-type: none"> 8. Reduce Points Required for Juniors to Earn a National Championship in the CP Division 9. CP National Championship and High Point Equine Age Requirement 10. Remove Mandatory Requirement of Offering CP If Novice is Offered 11. Combine Division Classes Based on Ride Day Division Size 12. Type C Ride – Entry Level Division 13. Clarify How Points Are Calculated for National Championships for R1A |
|---|---|

Rule Change Standing Schedule	
NBOD Meeting	Activity
Prior to February	Accept submitted rule changes
February	<ul style="list-style-type: none"> • Decide changes to carry forward • Publish for comment - Hoof Print and website
July	<ul style="list-style-type: none"> • Finalize wording • Publish for comment - Hoof Print and website
November	Vote on changes
After November	Have Rule Book updated

Proposed Rule Changes

Only those proposed rule changes printed in this issue will be voted on at the November meeting of the BOD. New proposals or proposals that were

not carried forward for a vote (this year) should be sent to your national board representative who will send them to the chair of the rules

committee for consideration at the February meeting next year.



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Go to the website of the American Association of Equine Practitioners, www.aaep.org, click on "Get-A-DVM, and the search engine will help you connect with an equine practitioner. If you know the zip code, you can use that to search in a radius of 25 to 150 miles.

Hint: Do some homework if you're traveling. Look up some zip codes in advance. If you have them, you won't need them.

Honorary and Appreciation Nominations due Monday, October 22, 2018

Ruth Mesimer, Honorary and Appreciation Chair

October seems like a long time off, but that date will be here before you know it. Begin now thinking of whom to nominate and preparing write-ups for that nomination for the following awards.

- Jim Menefee NATRC Lifetime Achievement
- Workers Hall of Fame
- National Appreciation
- Regional Appreciation for National Recognition

Brain storm with your fellow region members and prepare write-ups for deserving folks in your region. The nominations and write-ups need to go through your region's BOD for approval. A person designated by the region's board forwards the approved nomination write-ups to the Honorary and Appreciation Chair. **PLEASE**, keep the word limit in mind on each nomination, and submit in Word format.

Your national board members receive all of the approved nominations and make their selection at the November 10, 2018 meeting. NATRC presents the awards at the following national convention.

Jim Menefee NATRC Lifetime Achievement Award - awarded one time only to an individual. Each region may nominate one NATRC member for the award. The national BOD selects one. The recipient gives a brief speech upon accepting the plaque at the national convention. This award honors Jim Menefee, a favorite judge who was especially encouraging to Novices and first-time competitors. **Nomination limited to 400 words.**

Workers Hall of Fame - one time only to an individual, pair or couple. Each region may nominate one member for the award. The BOD selects one or more at their

discretion. **Nomination limited to 400 words.**

National Appreciation Award - each region may nominate one member for this award. The BOD selects three. A recipient can be eligible only once every 3 years. **Nomination limited to 200 words.**

Regional Appreciation Award for National Recognition - each region may nominate up to three members for recognition. Nominees may be individuals, pairs, or groups such as ride sponsors or clubs. **Nomination limited to 200 words.**

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Quarterly Point Standings

Andrea Rogers, Annual Points/Data

The point standings below are subject to change with the year-end audit. Memberships for the year must be paid before November 1, or points will be forfeited. Not all rides that have been completed are included. Only rides for which paperwork has been received and processed by National are included.

"B" rides count as ½ (.5) of a ride.

Please email any questions to natrc@natrc.org and include "Points" as your subject.

Open as of 5/7/18

Heavyweight

HORSE	# OF RIDES	HORSE POINTS
By the Grace of God	6	76
Windstorm Clay	5	60
Goodnight's Masterpiece	4	46
Razmataz DBA	4	34
Wish Upon a Star	2	22
Memphis Squirrel	2	18
Dusty Dawn's Little Lady	2	18
Ace 6	1	10
Heirlixir	1	10
Alena Rae	2	10
L.L.Remington	1	10

Junior

HORSE	# OF RIDES	HORSE POINTS
Rajahada	2	6

Lightweight

HORSE	# OF RIDES	HORSE POINTS
Impressive Red Rebel	4	50
Moonshadow 2	4	44
Silver Valley Tate	3	36
Wildfire Storm	3	32
Danamyte	3	32
Giacomo	3	32
JC Bronsin's Blue Jay	3	28
Lucky Sunday	4	24
Nchantedprincevaliant	2	24
Halcon	2	22

Open as of 5/7/18

Heavyweight

RIDER	# OF RIDES	RIDER POINTS
Mitchell, Tommy	5	66
Whitehead, Victoria	6	60
Clayton, Gary	4	52
Bass, Carla Jo	4	36
Lewis, Ray	2	22
Hapgood, Kris	2	22
Mulligan, Jennifer	3	12
Perryman, Alice	1	10
Garlitz, Roger	1	8
Moore, William	2	8
Rogers, Andrea	2	8
Garnes, Barry	1	8
Hanson, Dwight	1	8

Junior

RIDER	# OF RIDES	RIDER POINTS
Ware, McKinsey	2	4

Lightweight

RIDER	# OF RIDES	RIDER POINTS
Rinne, Sarah	3	44
Galliher, Teresa	4	40
Riley, Paula	4	34
Muench, Fran	3	34
Diaguila, Esther	3	30
Broughton, Regina	4	28
Nauditt, Lisa	3	28
Queen, Kelly	2	22
Mettes, Cynthia	2	18
Miller, Dolly	3	18

Reminder About Year-End Awards and Breed Awards

1. To be eligible for year-end awards, NATRC membership dues must be paid by the second Sunday in November, the end of the Ride Year.
2. Many breed organizations sponsor year-end high point breed awards. Memberships in NATRC and the breed association are required, so be sure to keep your breed association membership current.
3. It is the responsibility of the owner of the horse to accurately report/verify the horse's breed to NATRC.
4. Questions about the horse and/or rider records should be directed to NATRC, natrc@natrc.org.

Quarterly Point Standings

Andrea Rogers, Annual Points/Data

The point standings below are subject to change with the year-end audit. Memberships for the year must be paid before November 1, or points will be forfeited. Not all rides that have been completed are included. Only rides for which paperwork has been received and processed by National are included.

"B" rides count as 1/2 (.5) of a ride.

Please email any questions to natrc@natrc.org and include "Points" as your subject.

Competitive Pleasure

as of 5/7/18

Competitive Pleasure

as of 5/7/18

Adult

HORSE	# OF RIDES	HORSE POINTS
Spirit of Spotted Alen	6	76
DLC Roxies Peponita	5	60
Dawson	5	42
Papa's Alabama Express	3.5	40
Lenox	3	38
Jose's Royal Gold	3.5	38
Cimmetry	3	36
Big Cat	4	36
Flash Black	4	36
Vino Que Syrah	2.5	31

Junior

HORSE	# OF RIDES	HORSE POINTS
Molly 9	2.5	15

Adult

RIDER	# OF RIDES	RIDER POINTS
Howard, Marsha	6	80
Keen, Cindy	5	54
Martin, Amy	3.5	44
Liebman, Cara	4	36
Rogers, Becky	2.5	35
Moore, Cassidy	5	34
Lucas, Patty	3.5	32
Chapman, Carolyn	3	30
Muench, Gayle	3	30
Prusak, Deanne	2	28

Junior

RIDER	# OF RIDES	RIDER POINTS
Steele, Hannah	2.5	15

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Trail Care Tip

In hot weather or when your horse is working hard, when crossing a creek, stream, river or stopping at a pond or lake to water, if the bottom is good, ride in far enough or deep enough to wet your horse's belly. This will bring cool water to the veins in the legs to help your horse cool and will keep working after you get back on the trail until the legs dry. While you are there, drop your sponge in the water and wet your horse's neck.

Marketing Check-up

By Bev Roberts

It has been 2 years since I last reported on marketing; 10 years since I first volunteered.

Over this 10-year period, NATRC has matured. We have defined who we uniquely are and what we do. We are the only national governing distance competitive trail riding organization that values and judges both horsemanship and wonderful trail horses. What we do is sanction rides, educate riders, promote distance competitive trail riding and trails.

Marketing is not something that one person does. It covers developing and maintaining a consistent image of NATRC and our sport of competitive trail riding to everyone within and without NATRC. It impacts every aspect of our operation and is an integral part of our business planning. Because of that, it involves a LOT of volunteers: the national board and officers, committee chairs and members, regional boards and officers, ride managers, and members.

In reading the list of activities over the last 10 years, keep in mind that it represents thousands of hours of work. Remember, the work was done by many with a little guidance, pushing, persuading, and general squeaky wheel noise from the marketing chair.

Activities over those 10 years include:

- ✔ updating our logo, emblem and brochure
- ✔ adding four 7' tall stand-alone display panels, for use at horse expos, booths, and conventions, to our marketing tools
- ✔ jumping into the 21st century with use of social media, including a Facebook page and group and our own YouTube channel, e-news and making our website more mobile friendly

- ✔ co-hosting our own radio program on the Horse Radio Network for several years
- ✔ instituting and running our Partner Program in which we exchange ads in magazines and exchange logos and links on websites; preparing all of our ads for our partners' publications
- ✔ experimenting with yearlong paid advertising in the Trail Blazer and The Trail Rider magazines
- ✔ partnering with the TrailMaster, Robert Eversole, making his website our official trail directory; recently contracting with him for paid advertising on his website and in his monthly online newsletters (as opposed to print advertising); and listing our rides on his events pages
- ✔ continuing memberships in the American Horse Council, Equine Land Conservation Resource, and joining the Back Country Horsemen of America (including advertising in their quarterly newsletter)
- ✔ expanding our media contacts list from some 10 national magazine contacts to over 100 national, international, regional print and online magazines, radio shows, breed organizations, partners, and other CTR organizations and maintaining that list
- ✔ offering free new memberships to anyone who has never been a member
- ✔ surveying members and analyzing the surveys to help determine the direction and pulse of NATRC
- ✔ taking advantage of the Goodsearch/Goodshop, Amazon Smile and Riding Warehouse payback programs wherein NATRC, a non-profit, receives a donated portion of sales with those companies to our members and friends who sign up
- ✔ developing a branding specification (so NATRC, no matter what officer, executive, committee member or member all

- look the same and have the same message to those outside of NATRC
- ✔ updating all forms, documents, manuals (over 110 of those items), websites, *Hoof Print*, banners, display panels, slide shows (history, RI, etc.) and social media to be consistent with the branding spec
- ✔ issuing an average of three press releases per year on the President's Cup winner, the annual convention and stories of interest that may have appeared in our regional or national newsletters
- ✔ writing an average of one article per year in support of requests for stories from national and regional magazines
- ✔ listing individual rides (by ride managers) on online events sites such as Allevvents, Wherever, Craigslist
- ✔ uploading photos (by members) of NATRC rides and riders on photo sites such as Webstagram, Pinterest, Pictagra, Instag, and Instabest
- ✔ identifying NATRC and our logo as trademarks and alerting others (at least two) that the use of NATRC is an infringement of our trademark

In the works:

- ✔ updating the Rider's Manual

Folks, all the foundation work is done in marketing. We have the images, forms, documents, tools and consistent look in place. We are excited that ride managers are taking ownership of their ride marketing, publicizing their rides on online events site and Facebook, doing their own press releases, and offering clinic rides this year.

Now it is time for a new person to take the tools and foundation to the next step, to experiment and guide everyone using fresh ideas and modern knowledge to apply everything we have to get our name and sport out there to more people!

Any volunteers? Please contact [Bev Roberts](#)..

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Quick Tips - What Judges Are Looking For...

Mounting

- Don't lead horse with reins around its neck
- Settle horse before mounting
- Adjust tack
- Maintain rein contact / horse control
- Square up horse
- Use terrain / natural mounting block
- Try not to pull horse off balance
- Don't dwell in stirrup
- Don't drag leg over rump
- Settle lightly into the saddle
- Settle before cueing horse to walk off

Insuring Older Officials and Volunteers

The Equisure Accident & Medical Coverage for Volunteers & Officials document states who is insured. It says,

"Volunteers and participants including: stewards, judges and the like while officiating at the event. Age 12 to 75 unless otherwise agreed by name and event."

What this means is that if you are a ride volunteer or official who is age 75 or older, the ride manager must give your name to Equisure before the ride so that you will be included in the coverage. This meets the "unless otherwise agreed" statement.

The newly updated NATRC six week Ride Progress Report now includes a place for ride managers to list those 75 and older and which also serves as a reminder for them to contact Equisure.

Region 1

Mt Diablo Spring Ride B1

May 5, 2018 Total Riders: 20
 Region 1 CA
 Chairperson: Pofcher, Ellen
 Vet Judge 1: Meschner, Carol
 Horsemanship Judge 1: Waugh, Karel
 Sweeps Open Horse: Desert Reinbeau /
 Meroshnekoff, Angie - 99
 Sweeps Nov Horse Pipi / Pilgrim, Maria - 92
 CP Combo: OM El Shakeeb Dream / Dillard, Joe

Open Heavyweight

1 / 2 Stealth Knight / Boicelli, Victoria
 2 / 1 Amiraborr / Boicelli, Gene

Open Junior

1 / 1 Spantik Maj / Niderost, Natalie

Open Lightweight

1 / 1 Desert Reinbeau / Meroshnekoff, Angie
 2 / 2 CR Sierra Sunrise / Stidolph, Donna

Novice Heavyweight

1 / 3 Pipi / Pilgrim, Maria
 2 / 1 Pusher's John Boy / Johnson II, Gary
 3 / 2 A Rebel's Image / Shupe, Heather

Novice Junior

1 / 1 Beauhemian / Redin, Lily

Novice Lightweight

1 / 1 Telesis Grand Finale / Gadd, Anne

Competitive Pleasure Adult

1 / 1 OM El Shakeeb Dream / Dillard, Joe
 2 / 2 OM El Sharav / Dillard, Ashley
 3 / 3 Ashqar Shaah / Murch, Nina
 4 / 4 NHR Bravo / Christiansen, Sheila
 5 / 5 Pop Star / Cannon, Linda
 6 / 6 Mogley / Lieberknecht, Kay
 a / a Arizing Moon / Gilbert, Trinette
 a / a Cledith's Driver / Skoog, Kris
 a / a Pistol Pete DF / Armer, Jean

Competitive Pleasure Junior

1 / 1 Desert Whiskey / Cichocki, Claire

Cowboy Camp Benefit A

May 19-20, 2018 Total Riders: 17
 Region 1 CA
 Chairperson: Armer, Jean
 Vet Judge 1: Burnham, Leroy
 Horsemanship Judge 1: Lindsey, Priscilla
 Sweeps Open Horse: Desert Reinbeau /
 Meroshnekoff, Angie - 96
 Sweeps Nov Horse: Nausicca Maj /
 Monlux, Anais - 89
 CP Combo: OM El Sharov / Dillard, Ashley

Open Heavyweight

1 / 1 Steep Canyon Ranger / Sullivan, Brenna
 2 / 2 Boogie Till Sunrise / Ross, Kim

Open Junior

1 / 1 Spantik Maj / Niderost, Natalie

Open Lightweight

1 / 1 Desert Reinbeau / Meroshnekoff, Angie

Novice Heavyweight

P / P A Rebel's Image / Shupe, Heather

Novice Junior

1 / 1 Nausicca Maj / Monlux, Anais

Competitive Pleasure Adult

1 / 2 OM El Sharav / Dillard, Ashley
 2 / 3 OM El Shakeeb Dream / Dillard, Joe
 3 / 6 Mogley / Lieberknecht, Kay
 4 / a Pop Star / Cannon, Linda
 5 / 1 Hot Midnight / Taniguchi, Trisha
 6 / 5 NHR Bravo / Christiansen, Sheila
 a / 4 Cledith's Driver / Skoog, Kris
 a / a Kat Man D / Pimentel, Michelle
 P / P Dundee's Playboy Bunny / Berwick, Robyn
 P / P Kodie / Pimentel, Joe

Competitive Pleasure Junior

1 / 1 Desert Whiskey / Cichocki, Claire

Cowboy Camp Benefit B1

May 19, 2018 Total Riders Entered: 5
 Region 1 CA
 Chairperson: Armer, Jean
 Vet Judge 1: Burnham, Leroy
 Horsemanship Judge 1: Lindsey, Priscilla
 Sweeps Nov Horse Rocket / Fansler, Aubrey - 99

Novice Heavyweight

1 / 1 Pipi / Pilgrim, Maria
 2 / 2 Belesema Magic Moment /
 Naugle, Kimberly

Novice Junior

1 / 3 Rocket / Fansler, Aubrey
 2 / 2 Lucky Eddie / Donahoo, Cami
 3 / 1 Mistress Jezebel / Xerogeanes, Lia

*Correction does
 much, but
 encouragement
 does more.*

—Johann Wolfgang
 von Goethe

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Region 2

Share the Trails B

May 19, 2018 Total Riders:13
 Region 2 CA
 Chairperson: Insko, Margie
 Vet Judge 1: Peralez, Mike
 Horsemanship Judge 1: Walls, Lory
 Sweeps Nov Horse: Iris Dream SA /
 Burns, Melanie - 92
 CP Combo: Patient Laddie / Malone, Mary Jo

Novice Heavyweight

1 / 1 Lite Night / Steenman, Helen
 2 / 3 Milagro Ghost Dancer / Clark, Curtis
 3 / 2 Gals and Guys / Johnson, Cari
 a / a Willow 8 / Burns, Randy

Novice Lightweight

1 / 1 Iris Dream S A / Burns, Melanie
 2 / 6 HMA Shahtahr / Fleet, Jennifer
 3 / 5 Jamie 2 / Kane, Mindy
 4 / 2 Rio de Meade / Pavia, Audrey

5 / 4 Captain Jack / Pache, Cortney
 6 / 3 Samantha / Devouassoux, Sheri
 a / a Ford Mustang II / Forbes, Krista

Competitive Pleasure Adult

1 / 1 Patient Laddie / Malone, Mary Jo
 2 / 2 Smokey Sedona / Kafka, Karen

Region 3

NAN Ranch A

April 21-22, 2018 Total Riders: 20
 Region 3 NM
 Chairperson: deCapiteau, Cindy
 Vet Judge 1: Weil, Jerry
 Horsemanship Judge 1: Sims, Jerry
 Sweeps Open Horse: Sugar Daddie /
 Smith, Terri - 96
 Sweeps Nov Horse Hershey 5 /
 Adair, Amelia - 99
 CP Combo Khaleesi / Feazell, Juleen

Open Heavyweight

1 / 2 BJ Studmuffin J / Bingham, Kerry
 2 / 4 Magic Star Maker / Cockriel, Shannon

3 / 1 Dee Bar / Westmoreland, Cheri
 4 / 3 Mariah 3 / Wingle, Bill
 P / P HR on Fire / Sexton, Anne

Open Lightweight

1 / 2 Sugar Daddie / Smith, Terri
 2 / 1 Eduardo el Negro Knight / Wingle, Diane
 3 / 3 BR Elusive Flame / Jarrett, Cheryl

Novice Heavyweight

1 / 2 Sapphire / Frei, Crystal
 2 / 1 Nova Vida / Roper, Cindy
 3 / 5 Fresh Trax / Hall, Robert
 4 / 4 Pistolero / Wiltshire, Diane
 5 / 6 Dukes Radical Bo / Harris, Tia
 6 / 3 Prints Jay / Matthews, April

Novice Lightweight

1 / 1 Hershey 5 / Adair, Amelia
 2 / 2 SCF Elatraz / Mueller, Nancy
 3 / 3 Ford Mustang II / Forbes, Krista

Competitive Pleasure Adult

1 / 1 Khaleesi / Feazell, Juleen
 2 / 3 Smokey Sedona / Kafka, Karen
 3 / 2 Curiosa CR / O'Brien, Wava

NAN Ranch B

April 21, 2018 Total Riders: 2
 Region 3 NM
 Chairperson: deCapiteau, Cindy
 Vet Judge 1: Weil, Jerry
 Horsemanship Judge 1: Sims, Jerry
 Sweeps Nov Horse Norman 2 / King, Joan - 95

Novice Heavyweight

0 / 0 Delarrow / Vencill, Joe

Novice Lightweight

1 / 1 Norman 2 / King, Joan

Navajo Lake A

Date: May 12-13, 2018 Total Riders: 20
 Region 3 NM
 Chairperson: Bingham, Kenneth
 Vet Judge 1: Gunckel, Kay
 Horsemanship Judge 1: Rinne, Sarah
 Sweeps Open Horse Eduardo el Negro Knight /
 Wingle, Diane - 96
 Sweeps Nov Horse Pistolero /
 Wiltshire, Diane - 95
 CP Combo Khaleesi / Feazell, Juleen

Open Heavyweight

1 / 2 BJ Studmuffin J / Bingham, Kerry
 2 / 3 Gen's Rockin Shadow / Ward, Jim
 3 / 1 Mariah 3 / Wingle, Bill

Open Lightweight

1 / 1 Eduardo el Negro Knight / Wingle, Diane
 2 / 2 Rushcreek Darline / Clark, Hannah
 3 / 4 BR Elusive Flame / Jarrett, Cheryl
 4 / 3 Turner's Wild Card / Ward, Lin

Novice Heavyweight

1 / 2 Pistolero / Wiltshire, Diane
 2 / 1 Moonshine Blues / Schoenecker, Kevin
 3 / 3 Dukes Radical Bo / Harris, Tia

Novice Junior

1 / 1 Dino 2 / Wilson, Caydance
 P / P Dixie 9 / Stanifer, Molly

Novice Lightweight

1 / 1 Zeppelin / Hager, Scarlett

Competitive Pleasure Adult

1 / 4 Levi 2 / Morgan, Dayna
 2 / 2 Khaleesi / Feazell, Juleen
 3 / 1 Copper's Comet / Cumberworth, Cathy

4 / 6 Bo 8 / Guthrie, Jan
 5 / 5 4K Black Powder / Arnett, Leona

6 / 3 Curiosa CR / O'Brien, Wava
 P / P A Goodtime Cowboy Casanova /
 Daney, Devon

Navajo Lake B

Date: May 12, 2018 Total Riders: 5
 Region 3 NM
 Chairperson: Bingham, Kenneth
 Vet Judge 1: Gunckel, Kay
 Horsemanship Judge 1: Rinne, Sarah
 Sweeps Open Horse Sugar Daddie /
 Smith, Terri - 96
 Sweeps Nov Horse Corona Sunflower /
 Ryan, Erin - 94

Open Lightweight

1 / 1 Sugar Daddie / Smith, Terri
 2 / 2 Ra Zil Abask / Ryan, Amanda
 3 / 3 Treasor / Ryan, Daniel

Novice Lightweight

1 / 2 Corona Sunflower / Ryan, Erin
 2 / 1 MacaRoaniReina / Junkermann, Jordan



Region 3, continued

General Albert P Clark Memorial A

May 26-27, 2018 Total Riders: 34
 Region 3 CO

Chairperson: Galchutt, Pam
 Vet Judge 1: Gunckel, Kay

Horsemanship Judge 1: Ward, Lin
 Sweeps Open Horse Silver Valley Tate / Rinne, Sarah - 99

Sweeps Nov Horse Sahara Summer / Conley, Gillian - 95

CP Combo: Young Gun Last / Dandy, Donna

Open Heavyweight

1 / 1 Awesomes Fire N Ice / Wolgram, Ken
 2 / 3 Razmataz DBA / Bass, Carla Jo
 3 / 2 BJ Studmuffin J / Bingham, Kerry
 4 / 4 Mariah 3 / Wingle, Bill
 5 / 5 Khasta Beaujalais DT / Bishop, Stephen

Open Lightweight

1 / 1 Silver Valley Tate / Rinne, Sarah
 2 / 4 Halcon / Queen, Kelly
 3 / 2 Eduardo el Negrito Knight / Wingle, Diane
 4 / 3 Rushcreek Darline / Clark, Hannah
 5 / 5 Pride's Miss Sam's Son / Brooker, Natalie
 6 / 6 Wildfire Storm / Miller, Dolly
 P / P Sugar Daddie / Smith, Terri

Novice Heavyweight

1 / 1 MacAlister / Martin, Cathy
 P / P Wildfire 2 / Wagner, Courtney
 P / P Fjalla / Schnoes, Tonya

Novice Junior

1 / 1 Stormy 11 / Baker, Madison

Novice Lightweight

1 / 4 Sahara Summer / Conley, Gillian
 2 / a Felix 2 / Martin, Allie
 3 / 3 Senteney's Spirit / LaValley, Kristie
 4 / 1 Okie Proud / Beyerle, Tammy
 5 / 6 Kiara / Ehrich, Louise
 6 / 2 Alaata Sol / Strandquist, Jill
 a / 5 Suzie / Fleischer, Donna
 P / P Shaytana / Wickoren, Cheryl

Competitive Pleasure Adult

1 / 1 Young Gun Last / Dandy, Donna
 2 / 4 My Serena / Rubenstein, Angie
 3 / 2 Phantom's Masquerade / Lane, Roxann
 4 / 5 Dakota Cole / Olson, Calleen
 5 / a Buffnugget G. / Halterman, Susan
 6 / 3 Rockin Sylver Splash / Bonham, Kat
 a / a Regala de la Estrellas / Marquardt, Diana
 a / a Thunder 11 / Lewis, Donna
 a / 6 Peanut 2 / Baker, Matt
 P / P Rushcreek Classic / Fetterhoff, Amy

General Albert P Clark Memorial B

May 26, 2018 Total Riders: 10
 Region 3 CO

Chairperson: Galchutt, Pam
 Vet Judge 1: Gunckel, Kay

Horsemanship Judge 1: Ward, Lin
 Sweeps Nov Horse: Cheyenne 15 / Nix, Maya - 96

CP Combo: Levi 2 / Morgan, Dana

Open Lightweight

P / P BR Elusive Flame / Jarrett, Cheryl

Novice Heavyweight

1 / 1 Casey 8 / Palmer, Michele
 2 / 2 Fjalla / Wagner, Courtney

Novice Junior

1 / 1 Cheyenne 15 / Nix, Maya

Novice Lightweight

1 / 1 Spotya Sum Cash / Araki, Nancie
 2 / 2 Chism / Pino, Micheline
 3 / 3 Rushcreek Daisy / Matthews, Lindsay

Competitive Pleasure Adult

1 / 1 Levi 2 / Morgan, Dayna
 2 / 3 Hollywood Dreamgirl / Albert, LeighAnn
 3 / 2 Dori / Colazio, SarahGennie



Trail Care Tip

Under most circumstances, after a long uphill climb, you need not stop to let your horse recover. Just walk. Your horse will recover while walking. Go a quarter to half a mile at a walk before trotting.

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Region 4

Raising the Bar A

Date: March 17-18, 2018 Total Riders: 20
 Region 4 TX

Chairperson: Perryman, Alice
 Vet Judge 1: Morris, Natalie
 Horsemanship Judge 1: Rogers, Becky
 Sweeps Open Horse: Silver Valley Tate / Rinne, Sarah - 95
 Sweeps Nov Horse Ricky 3 / Swindle, Levona - 92.5
 CP Combo: Regal ET / Muench, Gayle

Open Heavyweight

1 / 1 Razmataz DBA / Bass, Carla Jo

Open Lightweight

1 / 1 Silver Valley Tate / Rinne, Sarah
 2 / 3 Nchantedprincevaliant / Mettes, Cynthia
 3 / 2 Moonshadow 2 / Galliher, Teresa
 4 / 4 Focus Jessie / Smith, Helen
 P / P Moon Shadow's Black Gold / Sommer, Alanna

Novice Heavyweight

1 / 1 Playboys Black Jubilee / McCord, Lacey
 P / P KMA Ali Gator / Spell, David

Novice Lightweight

1 / 1 Ricky 3 / Swindle, Levona
 2 / 2 Rock Creeks Wild Pepper / Jones, Holly
 3 / 3 Colt McGuire / Griffin, Terri
 4 / 4 WC Xpresso Xceptshahn / Weinstein, Arden

Competitive Pleasure Adult

1 / 3 Flash Black / Liebman, Cara
 2 / 2 Regal ET / Muench, Gayle
 3 / 4 Cimmetry / Collins, Mary
 4 / 1 WH Picos Cozmic / Brodersen, Shirley
 5 / 5 Jose's Royal Gold / Martin, Amy
 6 / a EW Zarabella / Swiss, Elaine
 a / 6 Big Cat / Leatherwood, Cynthia

Competitive Pleasure Junior

1 / 1 Molly 9 / Steele, Hannah

Raising the Bar B

Date: March 17, 2018 Total Riders: 2
 Region 4 TX

Chairperson: Perryman, Alice
 Vet Judge 1: Morris, Natalie
 Horsemanship Judge 1: Rogers, Becky
 Sweeps Nov Horse: Cheyenne Fancy CTA / Flint, Kimberlee / 86.5
 CP Combo: Gorgeus Dixie / Steinke, Maggie

Novice Lightweight

1 / 1 Cheyenne Fancy CTA / Flint, Kimberlee

Competitive Pleasure Adult

1 / 1 Gorgeous Dixie / Steinke, Maggie

Pole Canyon A

Date: April 7-8, 2018 Total Riders: 24
 Region 4 TX

Chairperson: Green, Jean
 Vet Judge 1: Weil, Jerry
 Horsemanship Judge 1: Conner, Patsy
 Sweeps Open Horse: Wildfire Storm / Miller, Dolly - 100
 Sweeps Nov Horse: Colt McGuire / Griffin, Terri - 92.5
 CP Combo Jose's Royal Gold / Martin, Amy

Open Heavyweight

1 / 3 L.L.Remington / Marston, Marilyn
 2 / 1 Razmataz DBA / Bass, Carla Jo
 3 / 2 Wish Upon a Star / Hapgood, Kris

Open Lightweight

1 / 4 Wildfire Storm / Miller, Dolly
 2 / 2 EZ Rocket WH / Stucky, Marla
 3 / 5 Halcon / Queen, Kelly
 4 / 3 Giacomo / Muench, Fran
 5 / 1 Silver Valley Tate / Rinne, Sarah
 6 / 6 Moonshadow 2 / Galliher, Teresa
 a / a VA Caradelle / Reynolds, Margaret
 P / P Moon Shadow's Black Gold / Sommer, Alanna

Novice Heavyweight

1 / 2 KMA Ali Gator / Spell, David
 2 / 1 Balagon / Perryman, Michael

Novice Lightweight

1 / 1 Colt McGuire / Griffin, Terri

Competitive Pleasure Adult

1 / 5 Ellie 2 / Tharp, Vicki
 2 / 1 Jose's Royal Gold / Martin, Amy
 3 / 4 WH Picos Cozmic / Brodersen, Shirley
 4 / 2 Vino Que Syrah / Rogers, Becky
 5 / a Big Cat / Leatherwood, Cynthia
 6 / 6 Regal ET / Muench, Gayle
 a / a Vandamere III / Perryman, Alice
 a / 3 Durango 4 / Parys, Shari
 a / a Flash Black / Liebman, Cara
 P / P Frosty's Blue Sabbath RSW / Hughes, Jill

Pine Grove Giddy-Up A

Date: April 28-29, 2018 Total Riders: 27
 Region 4 AR

Chairperson: Murphy, Kimberly
 Vet Judge 1: Bridges, Michael
 Horsemanship Judge 1: Cowart, Kim
 Sweeps Open Horse: Wildfire Storm / Miller, Dolly - 99
 Sweeps Nov Horse: Ricky 3 / Swindle, Levona - 99
 CP Combo: Jose's Royal Gold / Martin, Amy

Open Heavyweight

1 / 1 Razmataz DBA / Bass, Carla Jo
 2 / 2 Tezuby / Jewell, Jonni

Open Lightweight

1 / 3 Wildfire Storm / Miller, Dolly
 2 / 4 Halcon / Queen, Kelly
 3 / 2 Giacomo / Muench, Fran
 4 / 1 Silver Valley Tate / Rinne, Sarah

5 / 5 Focus Jessie / Smith, Helen
 a / a Moonshadow 2 / Galliher, Teresa

Novice Heavyweight

1 / 2 Balagon / Perryman, Michael
 P / P Miss Kitty 3 / Musgrave, Teresa

Novice Lightweight

1 / 1 Ricky 3 / Swindle, Levona
 2 / 2 Rock Creeks Wild Pepper / Jones, Holly
 3 / 3 WC Xpresso Xceptshahn / Weinstein, Arden
 4 / 4 Duke 8 / Bryant, Colbie
 P / P Colt McGuire / Griffin, Terri

Competitive Pleasure Adult

1 / 1 Jose's Royal Gold / Martin, Amy
 2 / 3 Vino Que Syrah / Rogers, Becky
 3 / 6 Regal ET / Muench, Gayle
 4 / a EW Zarabella / Swiss, Elaine
 5 / 2 TA Kaiser / Prusak, Deanne
 6 / a Vandamere III / Perryman, Alice

a / a Jigger O' Canadian / Edwards, Paula
 a / 5 KTM Midnight Star / Hanson, Mary
 a / 4 Tribute to America / Roberts, Beverly
 P / P WH Picos Cozmic / Brodersen, Shirley

Competitive Pleasure Junior

1 / 1 Molly 9 / Steele, Hannah

Pine Grove Giddy-Up B

Date: April 28, 2018 Total Riders: 4
 Region 4 AR

Chairperson: Murphy, Kimberly
 Vet Judge 1: Bridges, Michael
 Horsemanship Judge 1: Cowart, Kim
 CP Combo Paddy / Hollar, Kate

Competitive Pleasure Adult

1 / 3 Paddy / Hollar, Kate
 2 / 4 Kairro / Lear, Janelle
 3 / 1 Miss Oakie Dry / Eastwold, Cindi
 4 / 2 Sammie Delite / Muth, Sue

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Region 5

Spring at Broxton Bridge A

Date: March 10-11, 2018 Total Riders: 25
Region 5 SC
Chairperson: Hamner, Ginger; Riley, Paula
Vet Judge 1: Morris, Natalie
Horsemanship Judge 1: Cowart, Kim
Sweeps Open Horse: By the Grace of God /
Whitehead, Victoria - 98
Sweeps Nov Horse: Poco Rio CL /
Stanley, Janna - 96
CP Combo: DLC Roxies Peponita /
Howard, Marsha

Open Heavyweight

1 / 2 By the Grace of God / Whitehead, Victoria
2 / 3 Alena Rae / Rogers, Andrea
3 / 1 Windstorm Clay / Mitchell, Tommy
P / P Santana 3 / Mulligan, Jennifer

Open Lightweight

1 / 1 Danamye / Diaguila, Esther
2 / 2 Lucky Sunday / Broughton, Regina

Novice Heavyweight

1 / 1 Taylor Swift / Cox, Rebekah
DO/DO Super Rose Sugar / Edinger, Pam
DO/DO Col K Per / Priebe, Pat

Novice Junior

1 / 1 Poco Rio CL / Stanley, Janna
2 / 2 Skeeter James / Lord, Olivia
3 / 4 Bonnie Hijaker / Edelstein, Kinsley
4 / 3 Echo 6 / Smith, Sadie
P / P Storm Danger / Smith, Kallie

Novice Lightweight

1 / 1 Chilli / Price, Beth

Competitive Pleasure Adult

1 / a Dawson / Moore, Cassidy
2 / 2 DLC Roxies Peponita / Howard, Marsha
3 / 4 Spirit of Spotted Alen / Keen, Cindy
4 / 6 Papa's Alabama Express / Lucas, Patty
5 / 3 Beau 11 / Ganes, Sherry
6 / 5 Cinnamon Toasty / Petelle, Patricia
a / a Rev / Snow, Jan
a / a Masked Caper / Hatcher, Hannah
a / a Brandy Wyne / Ault, Carol
a / 1 Appalachian Spring / Moss, Linda

Spring at Broxton Bridge B

March 10, 2018 Total Riders: 5
Region 5 SC
Chairperson: Hamner, Ginger; Riley, Paula
Vet Judge 1: Morris, Natalie
Horsemanship Judge 1: Cowart, Kim
Sweeps Nov Horse Johnny Reno /
Wolf, Teresa - 95.5
CP Combo: Sampson 1 / Alonso, Heather

Open Heavyweight

DO/DO Rio 8 / Jones, Jana

Novice Heavyweight

1 / 1 Johnny Reno / Wolf, Teresa

Novice Junior

1 / 1 Koda Two Eyes / Patisaul, Sierra

Competitive Pleasure Adult

1 / 2 DHF Perfection's Special One /
Hartness, Marilyn
2 / 1 Sampson 1 / Alonso, Heather

Region 5 Benefit Ride A

Date: March 24-25, 2018 Total Riders: 36
Region 5 GA
Chairperson: Keen, Cindy
Vet Judge 1: Bridges, Michael
Horsemanship Judge 1: Diaguila, Esther
Sweeps Open Horse: Windstorm Clay /
Mitchell, Tommy - 98
Sweeps Nov Horse: Jake 26 /
Sullivan, Jami - 100
CP Combo: Sampson 1 / Alonso, Heather

Open Heavyweight

1 / 1 Windstorm Clay / Mitchell, Tommy
2 / 3 By the Grace of God / Whitehead, Victoria
3 / 2 Goodnight's Masterpiece / Clayton, Gary
P / P Norman / Moore, William
P / P Alena Rae / Rogers, Andrea

Open Junior

P / P RaJahada / Ware, McKinsey

Open Lightweight

1 / 2 Impressive Red Rebel / Riley, Paula
2 / 3 JC Bronsin's Blue Jay / Nauditt, Lisa
3 / 1 Lucky Sunday / Broughton, Regina
P / P Lo Duca C / Findley, Martha

Novice Heavyweight

1 / 1 Taylor Swift / Cox, Rebekah
2 / 2 Romeo O Romeo / Haglund, Pam
P / P Pepper 9 / Apple, Edward
P / P Saber 2 / VanEysbergen, Elsa

Novice Junior

1 / 2 Skeeter James / Lord, Olivia
2 / 1 Poco Rio CL / Stanley, Janna
3 / 3 Bonnie Hijaker / Ray, Laney

Novice Lightweight

1 / 1 Jake 26 / Sullivan, Jami
2 / 4 Pandora / Hooper, Kelsey
3 / 6 Hallie 2 / Dlinn, Cynthia
4 / 5 Jessie 3 / Tingler, Wayne
5 / 2 Tigerwood Tony / Harris, Kimberly
6 / 3 Ava / Teser, Linda
P / P Immy / Martin, Shannon
P / P Comanche 2 / Pero, Caroline

Competitive Pleasure Adult

1 / a Mariah's Secret / Riley, Leigh
2 / 2 Spirit of Spotted Alen / Moulis, Jameson
3 / a Lenox / Senecal, Anita
4 / 1 Sampson 1 / Alonso, Heather
5 / 5 Mandella Bey / Chapman, Carolyn
6 / 3 DLC Roxies Peponita / Howard, Marsha
a / 4 TN Valley Hotrod / Murray, Andrew
a / a Brandy Wyne / Ault, Carol
a / 6 Dawson / Moore, Cassidy
a / a Masked Caper / Hatcher, Hannah
P / P Santana 3 / Mulligan, Jennifer

Region 5 Benefit B

Date: March 24, 2018 Total Riders: 19
Region 5 GA
Chairperson: Keen, Cindy
Vet Judge 1: Bridges, Michael
Horsemanship Judge 1: Diaguila, Esther
Sweeps Nov Horse: Scooter 4 /
Haley, Glynnis - 99
CP Combo: Bentley 2 / Pegram, Sandy

Novice Heavyweight

1 / 3 Smokey 10 / Anderson, Angela
2 / 1 Mountain Dew 2 / Hanes, Teresa
3 / 2 Roany / Fields, Bobby

Novice Junior

1 / 3 Gemini 2 / Francklin, Kira
2 / 2 Koda Two Eyes / Patisaul, Sierra
3 / 1 O.H. Perfect Storm / Patterson, Blake

Novice Lightweight

1 / 3 Scooter 4 / Haley, Glynnis
2 / 1 Motive VIII / Gunzburger, Lindsay
3 / 4 Streak Affire TTF / Moss, Jane
4 / 5 Paloma's Starr Picasso / Gregg, Kimi
5 / 2 Mr. Moses / Bergquist, Noel
6 / 6 Shadow 9 / Hamner, Ginger

Competitive Pleasure Adult

1 / 6 Appalachian Spring / Moss, Linda
2 / 1 Bentley 2 / Pegram, Sandy
3 / 5 Papa's Alabama Express / Lucas, Patty
4 / 2 Matt Dillon / Mills, Carolyn
5 / a DHF Perfection's Special One /
Hartness, Marilyn
6 / 4 Mick Jagger / Rogers, Cynthia
a / 3 Smart Johnny / Tolbert, Wayne

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Region 5, continued

Spring in Dixie A

Date: April 7-8, 2018 Total Riders: 24
 Region 5 AL
 Chairperson: Lucas, Patty
 Vet Judge 1: Morris, Natalie
 Horsemanship Judge 1: Diaguila, Esther
 Sweeps Open Horse: Impressive Red Rebel / Riley, Paula - 97.5
 Sweeps Nov Horse: Poco Rio CL / Stanley, Janna - 97.5
 CP Combo: DLC Roxies Peponita / Howard, Marsha

Open Heavyweight

1 / 3 By the Grace of God / Whitehead, Victoria
 2 / 5 Memphis Squirrel / Mulligan, Jennifer
 3 / 1 Windstorm Clay/ Mitchell, Tommy
 4 / 4 KS Bluestem Soldierette / Hanson, Dwight
 5 / 2 Goodnight's Masterpiece / Clayton, Gary

Open Lightweight

1 / 1 Impressive Red Rebel / Riley, Paula

Novice Heavyweight

1 / 1 Saber 2 / VanEysbergen, Elsa
 2 / 2 Whiskey River / Ryfa, Heather
 P / P Johns American Dream / Gosda, Renee
 P / P Pepper 9 / Apple, Edward
 P / P Tulo / Maddox, Gina

Carolina Derby A

Date: April 21-22, 2018 Total Riders: 19
 Region 5 SC
 Chairperson: Rogers, Andrea
 Vet Judge 1: Bridges, Michael
 Horsemanship Judge 1: Jeffcoat, Cheri
 Sweeps Open Horse: By the Grace of God / Whitehead, Victoria - 98
 Sweeps Nov Horse: Rhea Sunshine / Cobb, Jacquie - 93
 CP Combo: DLC Roxies Peponita / Howard, Marsha

Open Heavyweight

1 / 2 By the Grace of God / Whitehead, Victoria
 2 / 1 Windstorm Clay / Mitchell, Tommy
 3 / 3 Memphis Squirrel / Mulligan, Jennifer

Open Lightweight

1 / 1 Danamye / Diaguila, Esther
 2 / 2 Lucky Sunday / Broughton, Regina
 3 / 3 JC Bronsin's Blue Jay / Nauditt, Lisa
 P / P Traveler's Gray King / Findley, Martha

Novice Heavyweight

1 / 1 Rhea Sunshine / Cobb, Jacquie

Novice Lightweight

1 / 1 Jake 26 / Sullivan, Jami

Competitive Pleasure Adult

1 / a Lenox / Senecal, Anita
 2 / 1 DLC Roxies Peponita / Howard, Marsha
 3 / 6 Papa's Alabama Express / Lucas, Patty
 4 / 4 Spirit of Spotted Alen / Keen, Cindy
 5 / 3 Cinnamon Toasty / Petelle, Patricia
 6 / 2 Dawson / Moore, Cassidy
 a / 5 Brandy Wyne / Ault, Carol

Novice Junior

1 / 1 Poco Rio CL / Stanley, Janna
 2 / 2 Skeeter James / Lord, Olivia
 3 / 4 Storm Danger / Smith, Kallie
 4 / 3 Echo 6 / Smith, Sadie

Novice Lightweight

1 / 1 Comanche 2 / Pero, Caroline

Competitive Pleasure Adult

1 / 5 Spirit of Spotted Alen / Keen, Cindy
 2 / 3 DLC Roxies Peponita / Howard, Marsha
 3 / 2 Smart Johnny / Tolbert, Wayne
 4 / 4 Lenox / Senecal, Anita
 5 / 1 Mandella Bey / Chapman, Carolyn
 6 / 6 Cinnamon Toasty / Petelle, Patricia
 P / P Gabriel 3 / Piezon, Sherry
 P / P KTM Midnight Star / Hanson, Mary

Spring in Dixie B

Date: April 7, 2018 Total Riders: 12
 Region 5 AL
 Chairperson: Lucas, Patty
 Vet Judge 1: Morris, Natalie
 Horsemanship Judge 1: Diaguila, Esther
 Sweeps Open Horse: Catalina Comet / Moulis, Jameson - 97.5
 Sweeps Nov Horse: Shadow 9 / Hamner, Ginger - 99.5
 CP Combo: Shades / Mills, Carolyn

P / P Roo 2 / Games, Sherry
 P / P Smart Johnny / Tolbert, Wayne
 P / P PH Twin Blue / Long, Amy

Carolina Derby B

Date: April 21, 2018 Total Riders: 3
 Region 5 SC
 Chairperson: Rogers, Andrea
 Vet Judge 1: Bridges, Michael
 Horsemanship Judge 1: Jeffcoat, Cheri

Open Heavyweight

1 / 1 Masked Caper / Hatcher, Hannah

Open Lightweight

1 / 1 Catalina Comet / Moulis, Jameson

Novice Heavyweight

1 / 3 Overstride's Bud Souvenir / Odom, Brittany
 2 / 2 Smokey 10 / Anderson, Angela
 3 / 1 Roany / Fields, Bobby
 P / P Wyatt 4 / Royer, Natalie

Novice Junior

1 / 1 Koda Two Eyes / Patisaul, Sierra
 2 / 2 Bonnie Hijaker / Cook, Olivia

Novice Lightweight

1 / 2 Shadow 9 / Hamner, Ginger
 2 / 1 Paloma's Starr Picasso / Gregg, Kimi

Competitive Pleasure Adult

1 / 2 Bentley 2 / Pegram, Sandy
 2 / 1 Shades / Mills, Carolyn
 P / P Roo 2 / Games, Sherry
 P / P Ace 6 / Games, Barry

Sweeps Nov Horse: Paloma's Starr Picasso / Gregg, Kimi

Novice Junior

1 / 1 Spotted Alen's Finale / Lawrence, Anna

Novice Lightweight

1 / 1 Paloma's Starr Picasso / Gregg, Kimi
 2 / 2 Freedom Dancing with Rose / Knecht, Elena

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Region 6

Exploring Sand Hills A

Date: April 21-22, 2018 Total Riders: 25
 Region 6 KS

Chairperson: Klamm, Liz

Vet Judge 1: Ostrowski, Stephanie

Horsemanship Judge 1: Ward, Lin

Sweeps Open Horse Wish Upon a Star /
 Hapgood, Kris - 100

Sweeps Nov Horse: Kaluha / McNiff, Sandra - 96

CP Combo: RW Braveheart / Ginn, Mary

Open Heavyweight

1 / 1 Wish Upon a Star / Hapgood, Kris

Open Lightweight

1 / 1 Halcon / Queen, Kelly
 2 / 2 Focus Jessie / Smith, Helen
 3 / 3 RA Calla Lily / Manor, GraceAnn

Novice Heavyweight

1 / 1 Kaluha / McNiff, Sandra
 2 / 2 Skye's not the limit / Eve, Rachael
 3 / 5 Fiddler 2 / Gautier, Vickie
 4 / 3 Sailor Shooting Star / McCullough, Chrissi
 5 / 4 Prima Fortune / Pinkall, Charlotte
 P / P Taking Over My Heart / Plummer, Michelle
 z / King's Black Magic R.E. / Kippenberger, Kris

Novice Junior

1 / 1 Paraphrase / Eve, Kaylee

Novice Lightweight

1 / 1 Nakita Rose / Shively, Joyce
 2 / 3 Dagger 2 / Brown, Denise
 3 / 2 CM Bay Malik / Plumer, Joni
 P / P Journey 5 / Coover, Traci

Competitive Pleasure Adult

1 / 4 RW Braveheart / Ginn, Mary
 2 / 1 Tribute to America / Roberts, Beverly
 3 / 2 Fives Bert Harlan / Bouska, Alan
 4 / 3 D.M.'S Eye of The Tiger / Altwegg, Noreen
 5 / 6 Peaches 3 / Koontz, Susan
 6 / 5 Express's Ghost D / McCullough, Sharon
 a / a Moe B Quick / West, Sharon
 a / a Roho Honoy Mocha WH / Zeliff, John
 a / a KS Franks Banjet / Chaffin, Verona

EKAHA Hill & Dale A

Date: June 2-3, 2018 Total Riders: 23
 Region 6 KS

Chairperson: Kendall, J. R.

Vet Judge 1: Gull, Tamara

Horsemanship Judge 1: Green, Jean

Sweeps Open Horse: VA Varadelle /
 Reynolds, Margaret - 92.5

Sweeps Nov Horse: Badger Strikes Out /
 Rinne, Carisa 88

CP Combo: Tribute to America /
 Roberts, Beverly

Open Heavyweight

1 / 2 L.L.Remington / Marston, Marilyn

2 / 3 Roho Honoy Mocha WH / Zeliff, John
 3 / 1 Wish Upon a Star / Hapgood, Kris

Open Lightweight

1 / 4 VA Caradelle / Reynolds, Margaret
 2 / 2 Silver Valley Tate / Rinne, Sarah
 3 / 3 Cito Mocha Raton / Cleveland, Trish
 4 / 1 EZ Rocket WH / Stucky, Marla

Novice Heavyweight

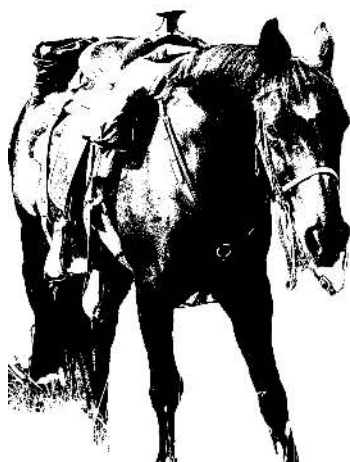
1 / 1 Badger Strikes Out / Rinne, Carisa
 2 / 2 Fiddler 2 / Gautier, Vickie
 3 / 3 Teddy 4 / Struwe, Leeza
 P / P Kaluha / McNiff, Sandra

Novice Lightweight

1 / 2 CM Bay Malik / Plumer, Joni
 2 / 1 Elena De Vez / Licata, Mary
 3 / 3 CGR Ladygodiva / Schmalzried, Kristen

Competitive Pleasure Adult

1 / 1 Tribute to America / Roberts, Beverly
 2 / 5 Rushcreek Frontier / Smith, Helen
 3 / 6 D.M.'S Eye of The Tiger / Altwegg, Noreen
 4 / a Fives Bert Harlan / Bouska, Alan
 5 / 3 Rushcreek Allie / Messick, Brenda
 6 / 4 Joone Bugg / Hester, Janis
 a / 2 RW Braveheart / Ginn, Mary
 a / a Ladybug 2 / Bergez, Brit
 P / P Edgewood Amanda / Rush, Barbara



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ASSOCIATE ...	___ \$50	n/a	Equine groups or businesses only (no vote)		

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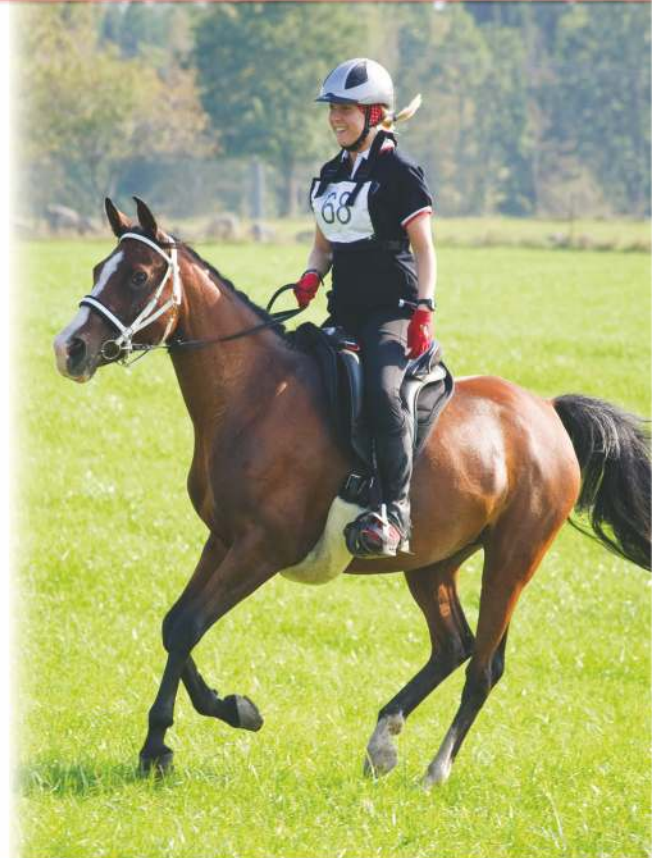
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